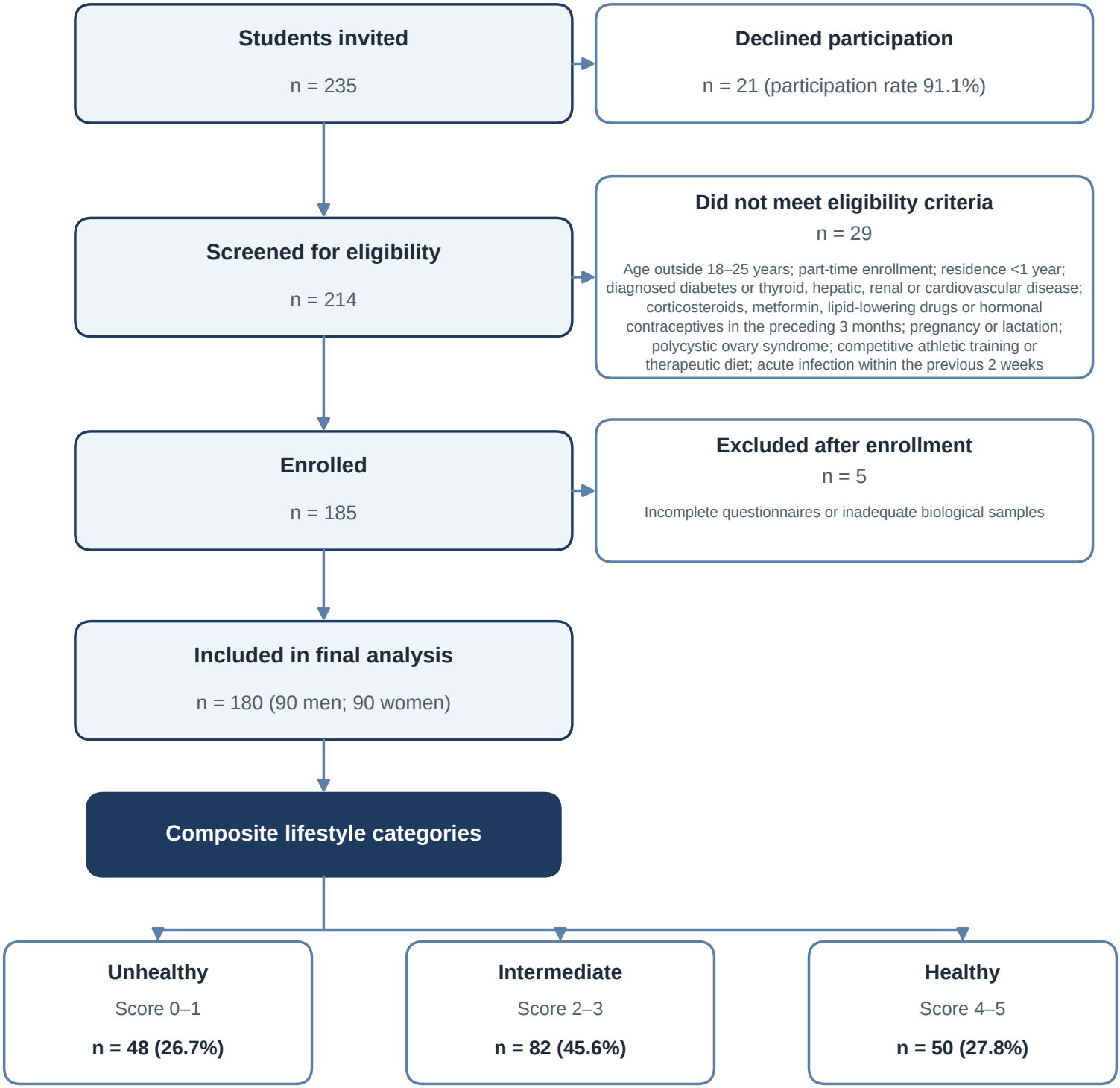


Supplementary Figure S1. Flow of participants through the study (University of Samarra, Iraq; November 2025–March 2026).

Participation rate: 214/235 = 91.1%. Eligibility criteria are listed as predefined in the protocol; reasons were not tabulated individually.

Lifestyle-category percentages sum to 100.1% because of rounding.