

*Instruction Manual for Users of the Health  
Promotion App*



Ver 1.1

**Family Health & Nutrition Communication Unit**

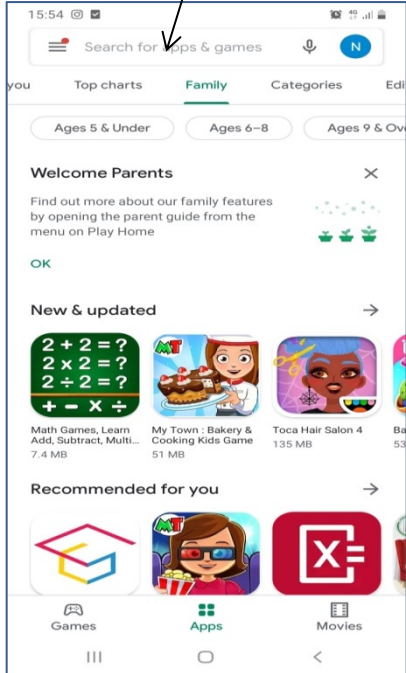
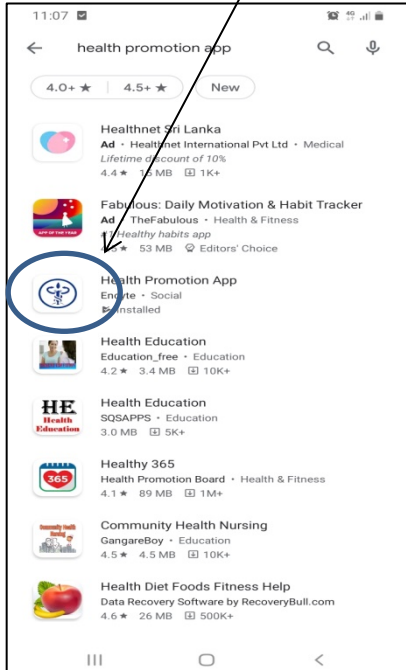

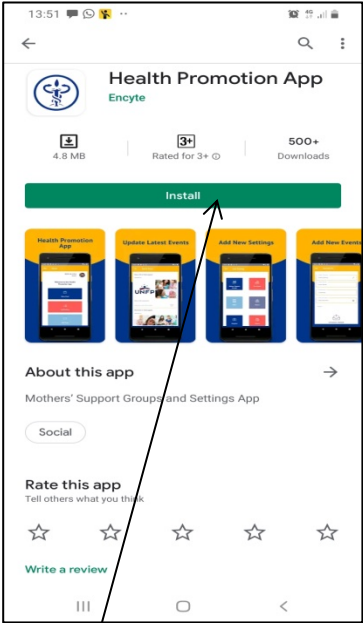
**Health Promotion Bureau**

## Table of Contents

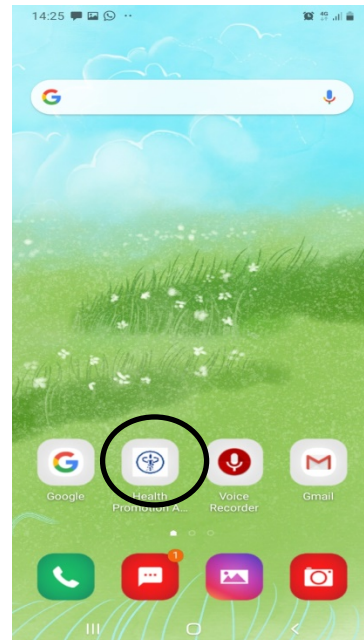
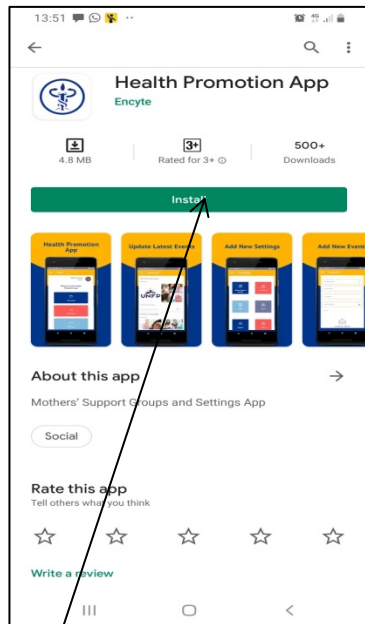
A. How to download and install the Health Promotion App	3
B. How to open the app	5
C. How to register yourself as a User	6
D. How to register a Mothers' Support Group	8
E. How to add an event conducted by the Mothers' Support Group	11
F. How to look at the latest events	13

# Instruction Manual for Users of the Health Promotion App

## A: How to download and install the Health Promotion App

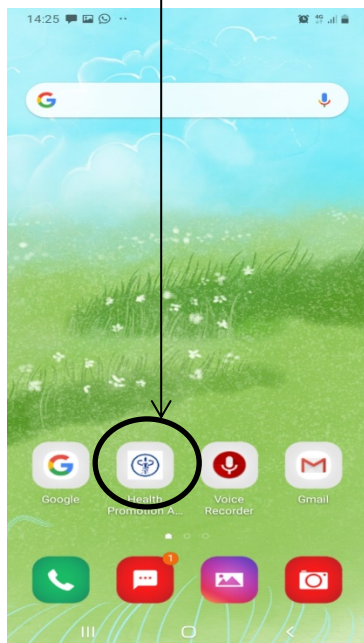
Method 1	Method 2
<p>1. Go to <b>Google Play Store</b></p> <p>2. Type '<b>Health Promotion App</b>' on the search bar</p>  <p>3. Select the following icon</p> 	<p>1. Scan the given QR code</p>  <p>2. Click on the URL</p> <p>3. You will be taken to the screen below</p>  <p>4. '<b>Install</b>' the app.</p> <p>5. Once installation is complete, the icon will appear in the home screen of the smart phone similar to below</p>

4. You will be taken to the screen below



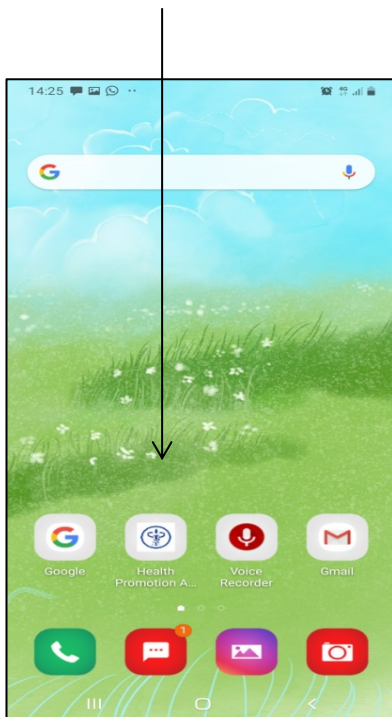
5. 'Install' the app.

6. Once installation is complete, the icon will appear in the home screen of the smart phone similar to below

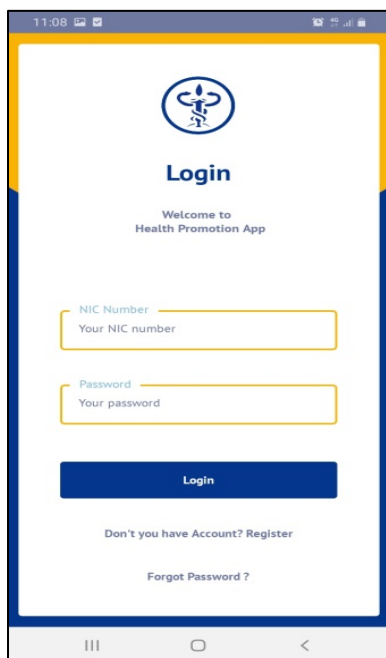


## B: How to open the app

1. Click on the **Health Promotion App** in the home screen.

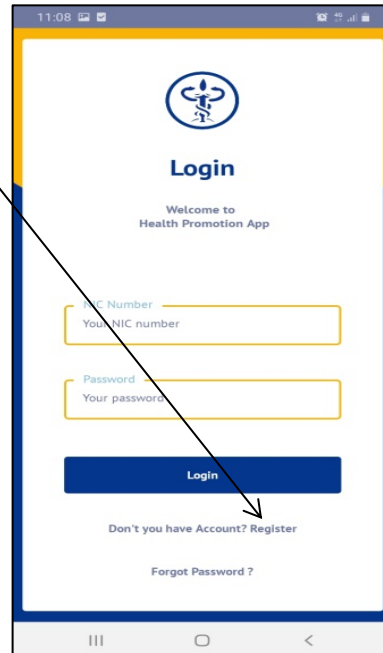


2. The following screen will appear

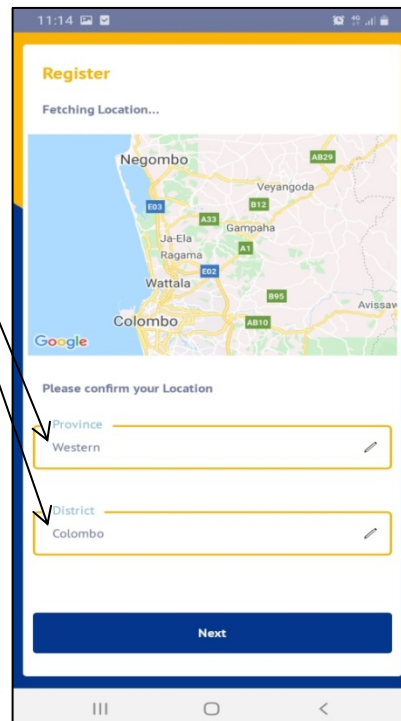


## C: How to register yourself as a User

1. Open the Health Promotion App
2. Click on **Register** to register yourself as a User



3. Confirm your location in the given screen and select 'Next'



4. Enter the relevant information to the following screen and press **'Sign up'**

14:03

### Register

General Information

Mobile Number  
Your mobile number

NIC Number  
Your NIC number

Gender  
Male

MOH Area  
Your MOH area

GN division  
Your GN division


Password  
Your password

Confirm Password  
Confirm password

Sign Up

5. Await till you are approved by the System Administrator or District Health Education Officer. This may take up to 1 week.
6. Log in using your **NIC number** and **Password**

11:08



### Login

Welcome to  
Health Promotion App

NIC Number  
Your NIC number

Password  
Your password

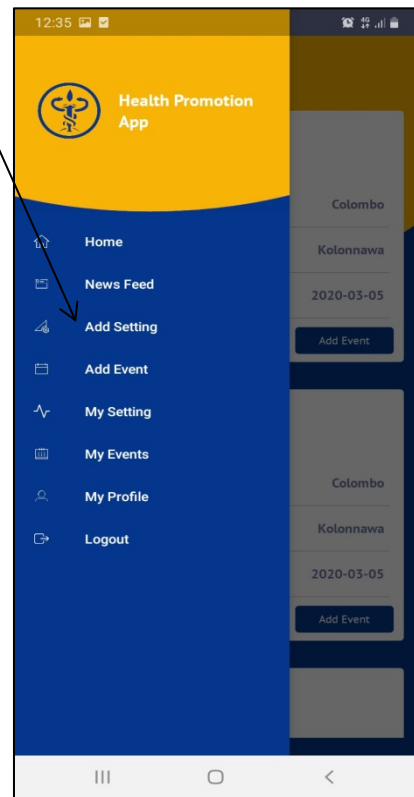
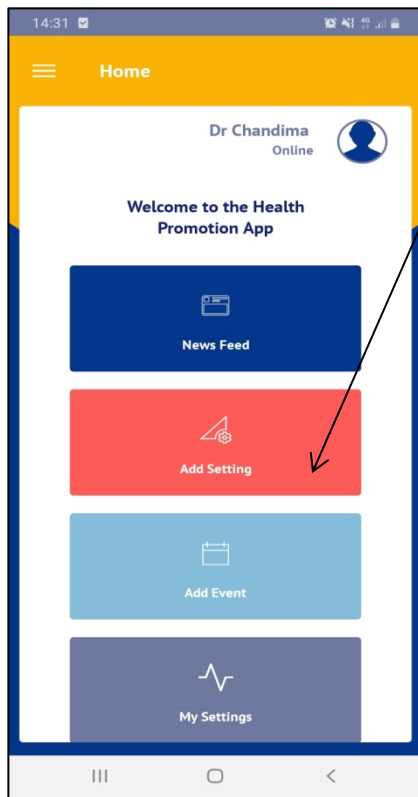
Login

Don't you have Account? Register

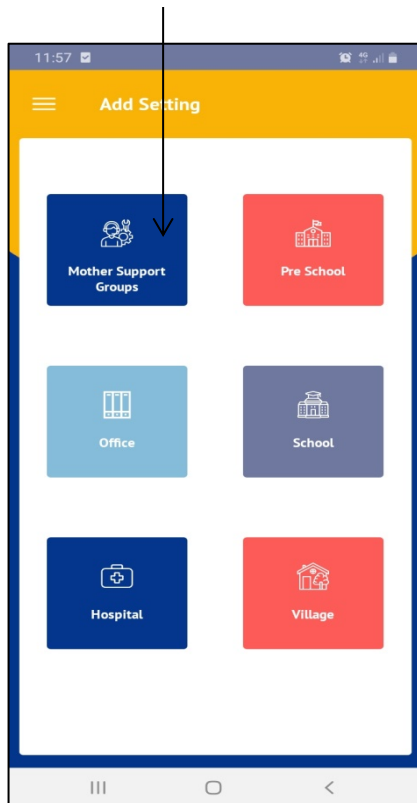
Forgot Password ?

## D: How to register a Mothers' Support Group

1. In the **Home screen/ Main menu** select '**Add Setting**'

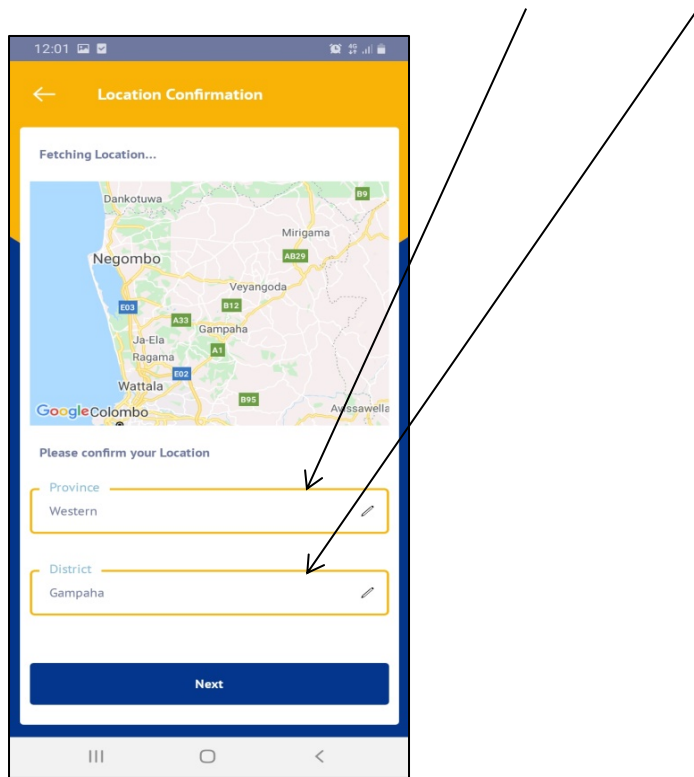


2. Select '**Mothers' Support Group**'.

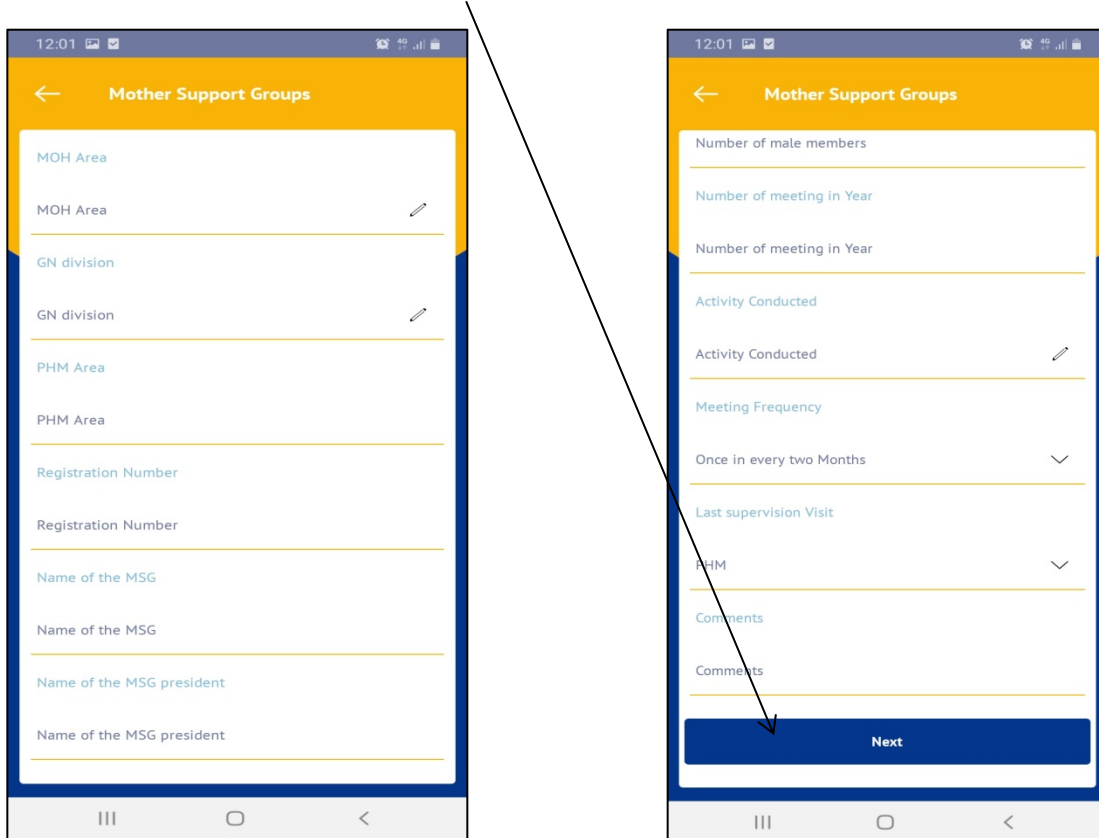




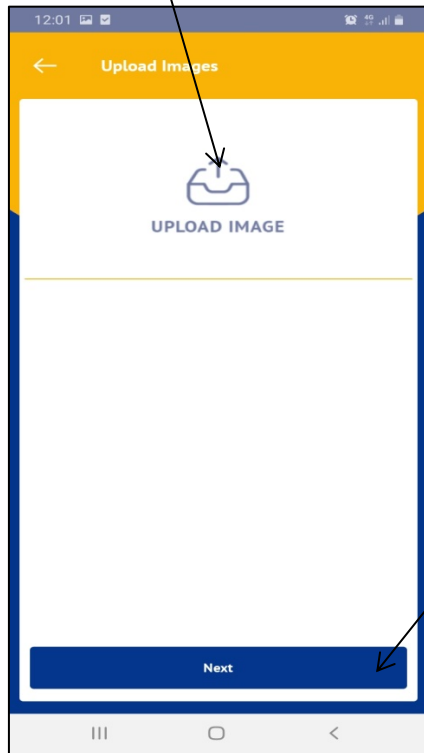
3. In the location confirmation screen select the **Province** and **District** and press **Next**



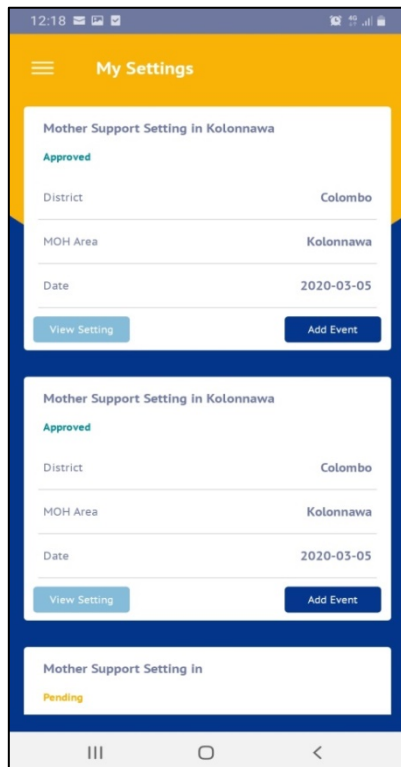
4. Fill in the relevant data and press 'Next'



5. Select **'Upload image'** to upload logo/picture selected from your gallery and press **'Next'** to complete.

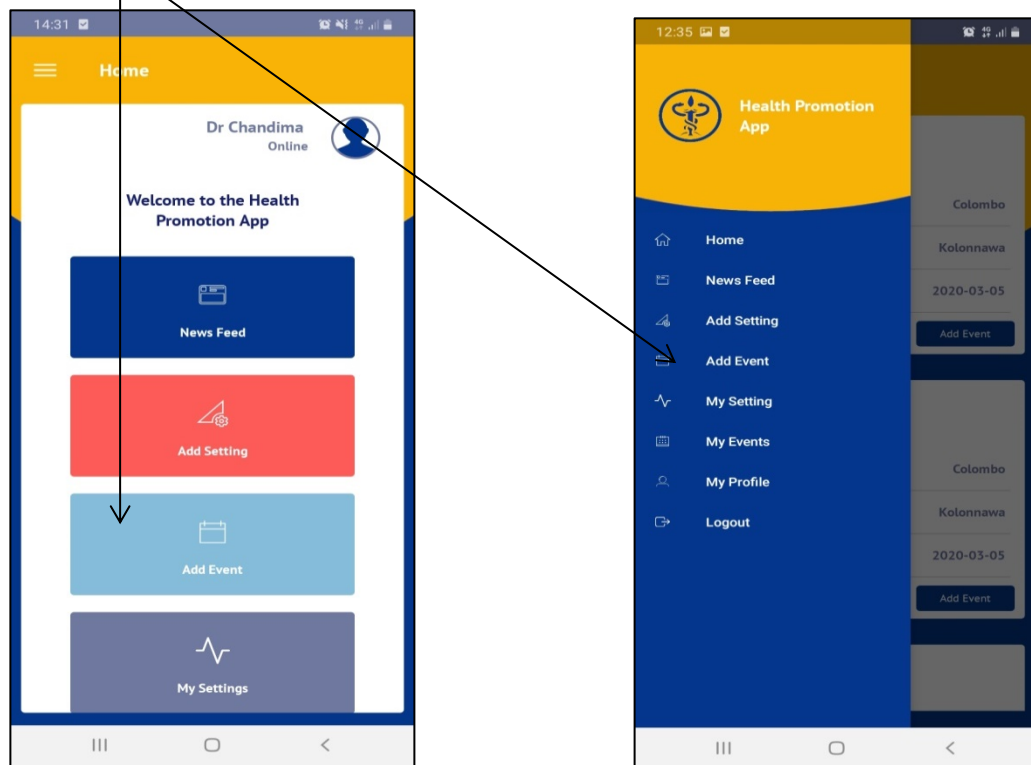


6. To confirm that you have successfully added the Mothers' Support Group, go to **Home screen / Main menu** and select **'My Settings'** and the setting will appear as in the following screen.

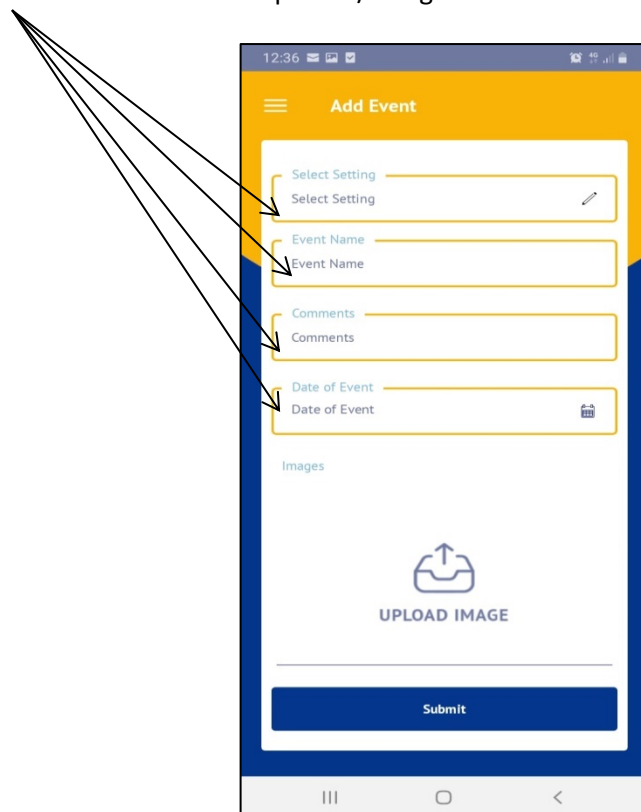


## E: How to add an event conducted by the Mothers' Support Group

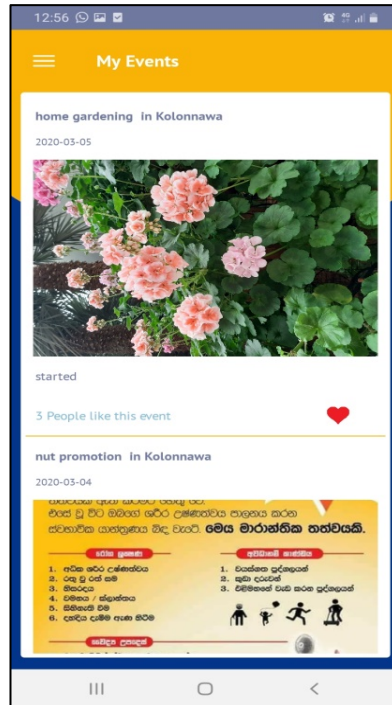
Select 'Add event' in the Home screen/ Main menu



1. Fill in the relevant information and photos/ images if available and **submit**.

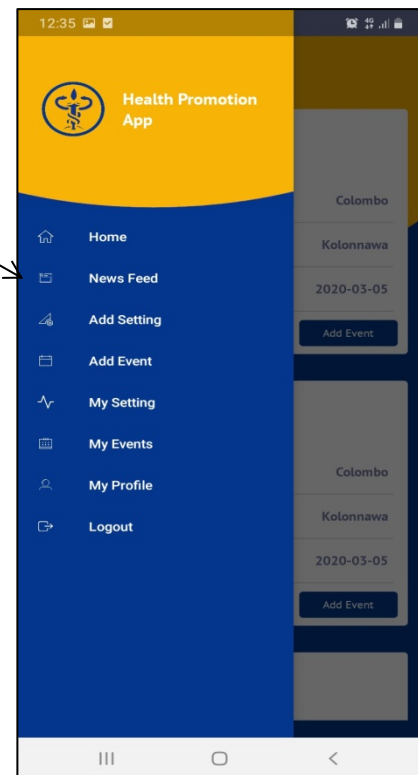
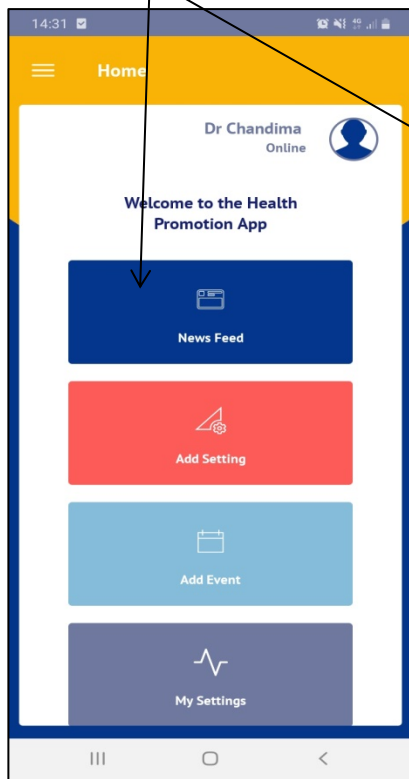


2. To confirm that you have successfully added the event, go to **Home screen/ Main menu** and select **'My Events'** and the event will appear as in the following screen.

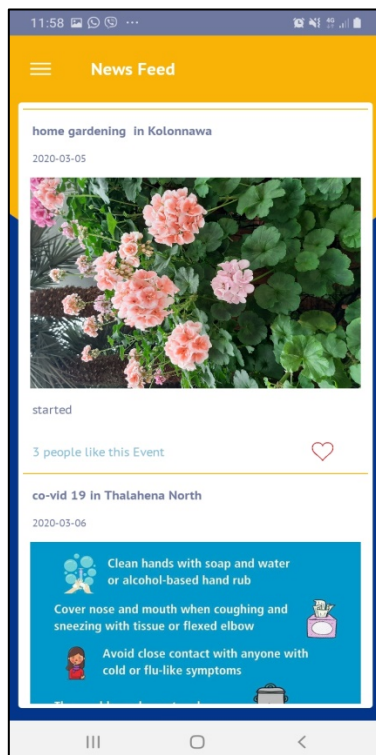


## F: How to look at the latest events

1. Select 'News Feed' in the Home screen/ Main menu



2. Most recent events will appear as follows





**Family Health & Nutrition Communication Unit**

**Health Promotion Bureau**