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Research Statement

Dr. Frank J. Penedo is the Leader of Cancer Control and Survivorship Research Program and Director of the Cancer Survivorship Institute of the Robert H. Lurie Comprehensive Cancer Center. He also directs the Biopsychosocial Mechanisms and Health Outcomes (BMHO) Program within the Department of Medical Social Sciences. The Program is supported by several NIH funded studies that address the underlying psychosocial, sociocultural and biobehavioral mechanisms of chronic diseases processes and health outcomes. The BMHO Program advances knowledge in four broad themes of inquiry: Behavioral and Psychosocial Processes in Health Outcomes, Sociocultural Determinants of Health, Biobehavioral Mechanisms & Chronic Disease Management Interventions. The platform for this work involves prospective observational studies in cancer survivorship that address multiple pathways (social, biological, psychosocial) in cancer outcomes; community-based patient navigation in Hispanic breast, colorectal and prostate cancer survivors; population-based Hispanic cohort studies with comprehensive assessment of biopsychosocial and cultural mechanisms in the context of primary and secondary prevention of CVD, and cancer prevention; technology based intervention studies in cancer survivorship. Most studies involve a biobehavioral component with emphasis on endocrine regulation, inflammatory & angiogenic pathways, immunocompetence, and gene x environment interactions. Our work emphasizes several methods including ecosocial and biobehavioral approaches; CBT and stress management interventions; technology implementation; translational and team science; and advanced statistical methods.

Research Interest Keywords

Behavioral Medicine, Cancer Survivorship, Cardiovascular Diseases, Immune Regulation, Inflammation, Patient reported outcomes, Psychological issues of patients dealing with medical illness, Quality of Life

Education

1999 PhD, Clinical Psychology, U of Miami

Awards and Honors

2010 Fellow, Academy of Behavioral Medicine Research

2008 Fellow, Society of Behavioral Medicine

86 Publications

86 Publications from Scopus

2015 Andrew Schrepf; Premal H. Thaker; Michael J. Goodheart; David Bender; George M. Slavich; Laila Dahmouh; Frank Penedo; Koen DeGeest; Luis Mendez; David M. Lubaroff; et al.
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2013 - Member, APT Committee