

**Manoj Sharma, MBBS, MCHES, Ph.D.**  
**Professor, Behavioral & Environmental Health**  
**School of Public Health**  
**Jackson State University**  
**Jackson, MS 39213**  
[manoj.sharma@jsums.edu](mailto:manoj.sharma@jsums.edu) (E-mail)

---

**Table of Contents**

Education .....	2
Certifications, Licensures, Registrations .....	2
Full-time teaching experience at educational institutions.....	2
Part-time teaching experience at educational institutions .....	6
Public health experience at non-teaching institutions .....	7
Publications .....	11
A. Books .....	11
B. Articles in peer-reviewed journals .....	12
C. Post publication open, peer-reviewed journals .....	23
D. Editorials .....	24
E. Editor-edited articles .....	25
F. Book reviews in peer-reviewed journals .....	28
G. Chapters and sections .....	31
H. Published/Online, peer-reviewed abstracts .....	32
I. Audiovisual media .....	46
J. Professional reports & documents .....	46
K. Letters to the editor .....	49
List of graduate students mentored and their accomplishments (in parentheses) .....	50
A. Masters (M.S.) theses supervised .....	50
B. Master of Public Health (MPH) capstones/theses supervised .....	52
Doctoral dissertations (Ph.D. & Dr. PH) supervised .....	52
C. Post-doctoral fellows supervised .....	56
Editor & reviewer related work .....	56
Presentations .....	58
Funded grants/ contracts .....	66
Research in media & news .....	73
Awards and Honors .....	76
Professional memberships .....	78

## **EDUCATION:**

- **Doctor of Philosophy (Preventive Medicine/Public Health)**, School of Public Health, College of Medicine (now College of Public Health), *The Ohio State University*, OH. 1997. (CEPH accredited doctoral degree in public health).
- **Master of Science (Community Health)**, *Minnesota State University*, Mankato, MN. 1994.
- **Postgraduate Certificate in Health & Family Welfare Management**, *National Institute of Health & Family Welfare (NIHFW)*, New Delhi, India. 1992. (1<sup>st</sup> rank and gold medal).
- **Postgraduate Diploma in Training & Development**, *Indian Society for Training & Development (ISTD)*, New Delhi, India. 1991. (1<sup>st</sup> rank and gold medal).
- **Bachelor of Medicine & Bachelor of Surgery**, *University of Delhi*, Delhi, India. 1987. (Similar to Doctor of Medicine -- M.D. -- degree offered in the US Medical Schools -- Eligible for United States Medical Graduate Licensure & Registration).

## **CERTIFICATIONS, LICENSURES, & REGISTRATIONS:**

- Licensed and registered to practice medicine and surgery anywhere in India, Registered with *Medical Council of India (MCI)*, New Delhi, India (1986 onward).
- Master Certified Health Education Specialist (MCHES), certified by *National Commission for Health Education Credentialing, Inc. (NCHEC)*, Whitehall, PA (1999-2011 CHES, April 2011 onward MCHES).
- Certified *Kundalini Yoga* Meditation Master, certified by *Universal Peace Foundation (UPF)*, Erode, India (1999 onward).
- Certified *Peer Reviewer* for online courses, *Quality Matters*, (2012-2014).
- Certified in online teaching, *Central Michigan University*, 2015.
- Certified in online teaching, *Jackson State University*, 2016.

## **FULL-TIME TEACHING EXPERIENCE AT EDUCATIONAL INSTITUTIONS:**

8/14- pres. **Tenured Professor**, Behavioral & Environmental Health, School of Public Health Initiative, **Jackson State University**, MS 39213.

Responsible for teaching graduate courses in CEPH accredited MPH and Dr.PH programs for Behavioral & Environmental Health track. Active participation in community, professional and university service. Current research interests include development & evaluation of behavioral theory-based health education and health promotion interventions, community-based participatory research, integrative and complementary systems of health, childhood obesity, and stress-coping.

Currently **teaching** from the following graduate courses:

PHS 500 Introduction to Public Health Disciplines  
PHS 519 Health Program & Evaluation  
PHS 531 Health Behavior, Promotion and Education  
PHS 532 Community and Patient Health Education  
PHS 535 Behavioral Change Program Strategies  
PHS 565 Health Care in Developing Countries  
PHBS 711 Advanced Theories & Scientific Principles for Health Promotion and Education  
PHBS 712 Behavioral & Psychosocial Epidemiology  
PHBS 715 Research Seminar in Health Promotion

Salient university-related committee and administrative work:

- School of Health Sciences Tenure & Promotion Committee, *Jackson State University*, 2014-15.
- School of Health Sciences Strategic Planning Committee, *Jackson State University*, 2014-15.
- Search Committee for Founding Dean, School of Public Health, *Jackson State University*, 2014-15.
- College Representative, Study Abroad Program, *Jackson State University*, 2014-15.
- Coach, Academy of University Scholars, *Jackson State University*, 2014-15; 16-17.
- Committee on Initiation of School of Public Health, *Jackson State University*, Summer 2015.
- School of Public Health Initiative Tenure & Promotion Committee, *Jackson State University*, 2015-16; 2016-17.
- Executive Assistant to the Dean, School of Public Health Initiative, *Jackson State University*, 2016 (short time). Position ceased with change of Dean. [Selected tasks completed: Participated in preparation of United Negro College Fund (UNCF) Career Pathways Grant; Drafted a doctoral program assessment survey; Prepared an internal grant on suicide prevention and awareness on depression to collect pilot data; Served on Editorial Board of University Journal, *The Researcher*]
- Chair, Search Committee, Faculty in Behavioral & Environmental Health, School of Public Health Initiative, Jackson State University, 2015-16.
- Chair, Search Committee, Chair of Behavioral & Environmental Health, School of Public Health Initiative, Jackson State University, 2015-16.
- Search Committee, Faculty in Health Care Administration, School of Public Health Initiative, Jackson State University, 2015-16.
- Curriculum Committee, School of Public Health, Jackson State University, 2015-17.
- Search Committee, Chief Science Officer, Jackson Heart Study, 2016.
- Chair, Doctoral Dissertation Committees, School of Public Health Initiative, Jackson State University, 2015 onward. [Graduated 3 students]
- Chair, Search Committee, Faculty in Behavioral & Environmental Health, School of Public Health Initiative, Jackson State University, 2016.
- Promotion & Tenure Committee, School of Public Health Initiative, Jackson State University, 2016-17.
- Chair, Search Committee, Faculty in Behavioral & Environmental Health, School of Public Health, Jackson State University, 2017.
- Member, Self-study for CEPH accreditation writing committee, School of Public Health, Jackson State University, Summer 2017.

9/08- 8/14 **Tenured Professor**, Health Promotion & Education (HPE), College of Education, Criminal Justice, & Human Services; Secondary Appointment, Department of Environmental Health, College of Medicine, **University of Cincinnati**, OH 45221-0068.

Responsible for teaching undergraduate (BS) and graduate courses (M.S., M.P.H., Ph.D.) in Health Promotion and Education. Actively participated in community, professional and university service. Research efforts included development & evaluation of behavioral theory-based health education and health promotion interventions, community-based participatory research, complementary and alternative systems of health, childhood obesity, and stress-coping.

Taught following undergraduate and graduate courses:

18-HPE-101	Introduction to Health Promotion
18-HPE-1003	Introduction to Global Health
18-HFL-2003	Issues in Global Sport (Online course)

18-HPE-2071	Applied Statistics in Human Services – I
18-HPE-2072	Applied Statistics in Human Services – II
18-HPE-335	Health Care Delivery
18-HPE- 4010	Epidemiology of Human Disease
18-HPE-548	Health and Human Behavior
18-HPE-551	Drugs and Society
18-HPE-6022	Environmental Health
18-HPE-601/6026	Stress Reduction
18-HPE-673	Workshop in Health Education
18-HPE-701/7011	Principles & Foundations of Health Promotion and Education
18-HPE-781/7040	Social & Behavioral Change in Public Health
18-HPE-788	Pre Research Seminar
18-HPE-880/9015	Reading and Analyzing Health Education Research
18-HPE-883/7013	Measurement & Evaluation in Health Education
18-HPE-9012	Philosophy & Ethics of Health Education
18-HPE-992/3/4	Advanced Doctoral Seminar

Salient university-related committee and administrative work included:

- University Committee on Human Relations, *University of Cincinnati*, 2011-14.
- University Faculty Panel on Assessment of Doctoral Programs, *University of Cincinnati*, 2011.
- University Committee on Library, *University of Cincinnati*, 2004-06, 2006-08, 2009-11.
- University Faculty Service Award Committee, *University of Cincinnati*, 2005-06.
- University Steering Committee on Integrated Core Learning (ICL), *University of Cincinnati*, 2005-06.
- University Subcommittee on Experiential Education of Integrated Core Learning (ICL) Unit of UC|21, *University of Cincinnati*, 2005-06.
- Department of Environmental Health, Faculty Search Committee *University of Cincinnati*, 2013-14
- College of Education, Criminal Justice, & Human Services, Graduate Education Council (GEC), *University of Cincinnati*, 2011.
- College of Education, Criminal Justice, & Human Services, Reappointment, Promotion and Tenure Committee, *University of Cincinnati*, 2008-09; 2009-10.
- College of Education, Criminal Justice, & Human Services, Research and Development Professional Practice Board, *University of Cincinnati*, 2006-08.
- College of Education, Criminal Justice, & Human Services, Hearing Committee, *University of Cincinnati*, 2005-06.
- College of Education, Criminal Justice, & Human Services Faculty Senate, *University of Cincinnati*, 2004-06.
- Faculty Search Committee, Health Promotion & Education Program, *University of Cincinnati*, 2006-07; 2007-08; 2008-09.
- Chair, Doctoral Dissertation and Masters Theses Committees, Health Promotion & Education Program, *University of Cincinnati*, 2004 onward. [Graduated 14 students]
- Master of Public Health Curriculum & Accreditation Committee, *University of Cincinnati*, 2007-08; 2008-09; 2009-10; 2010-11; 2011-12. (from inception to accreditation)
- Master of Public Health Evaluation Committee, *University of Cincinnati*, 2013-14.

9/04- 8/08. **Tenured Associate Professor**, Health Promotion & Education (HPE), College of Education, Criminal Justice, & Human Services, **University of Cincinnati**, OH 45221-0068.  
Responsibilities same as above.

8/01-8/04. **Tenured Associate Professor**, Community Health Education, School of Health, Physical Education, and Recreation (HPER), College of Education, **University of Nebraska at Omaha**, NE 68182-0216. Graduate Faculty Fellow of the University of Nebraska system (that included serving on doctoral dissertations) and courtesy appointments at The University of Nebraska Medical Center (UNMC) & University of Nebraska at Lincoln (UNL). Taught undergraduate and graduate courses including supervision of internships/service learning experiences, theses, dissertations, and academic advisement. Active participation in community, professional and university service. Member of the Graduate Program Committee (MS, MA, MPH).

Taught following undergraduate and graduate courses:

- Foundations of Health Education (HED 1500)
- Drug Awareness (HED 2070)
- Stress Management (HED 2850)
- Safety Education (HED 3310)
- Community Health (HED 4130/HED 8136)
- Prevention and Control of Diseases (HED 4040/HED 8046)
- Health Education: Planning and Organization (HED 4960)
- Special Topics in Health Education (HED 8080)
- Research Methods in HPER (HED 8030)
- Interventions in Health Education (HED 8270)
- Health Promotion Program Planning (HED 8400)
- Health Behavior (HED 8600)
- Instrumentation & Evaluation in Health Education (HED 8750)
- Health Aspects of Stress Management (HED 8850)

Salient university-related committee and administrative work included:

- University Committee on Library and Learning Resources, *UNOmaha*, 2001-2004.
- University Committee on Academic Fees, *UNOmaha*, 1998-2001.
- College of Education Academic Standards and Policy Committee, *UNOmaha*, 1997-2000; 2002-04.
- College of Education Content-Pedagogy Committee, *UNOmaha*, 2000-02.
- College of Education Technology Sub Committee, *UNOmaha*, 2000-01.
- Master of Public Health Graduate Program Committee, *UNOmaha* & UNMC, 2001-04. (from inception to accreditation)
- Master of Public Health Ethics Committee, *UNOmaha* & UNMC, 2001-03.
- Faculty co-sponsor, *Alpha Omega Chapter, Eta Sigma Gamma* -- Health Education Honorary, 1998-2004.
- Supervisor, Health Education Laboratory, School of Health, Physical Education, and Recreation (HPER), 1998-2004.
- Chair, Masters Theses, Health Education Program, 1997 onward [Graduated 6 students].
- School of Health, Physical Education, and Recreation (HPER), Graduate Program Committee (GPC), *UNOmaha*, 1998-2001.

8/97-7/01 **Assistant Professor**, Community Health Education, School of Health, Physical Education, and Recreation (HPER), College of Education, **University of Nebraska at Omaha**, NE 68182-0216.  
Responsibilities same as above.

## **PART-TIME TEACHING EXPERIENCE AT EDUCATIONAL INSTITUTIONS:**

- 11/13;5/15 **Visiting Faculty**, Department of Nutrition and Food Hygiene, School of Public Health and Management, **Chongqing Medical University**, China. Guest lectured undergraduate and graduate students on “Health Education & Health Promotion in the United States” & “Case Series of my Research Studies.” Met researchers and planned collaborative studies. Continuing future collaboration has been established.
- 9/00-1/12 **University Research Reviewer (Present) & Faculty Mentor (Past)**, Doctor of Philosophy Program in Health Services and Public Health, **Walden University**, Minneapolis, MN 55401.
- 12/14-pres. Evaluating doctoral dissertations (present). In the past mentored doctoral students in public health research, presented national colloquia and seminars in research methodology for doctoral students, and chaired and served on committees of doctoral dissertations. In the past taught online courses. Taught and developed the following online courses:
- Context of Health Care Delivery (HTLH 1005)
  - Introduction to Research Methods and Analysis (HLTH 2105)
  - Behavioral and Cultural Issues in Health Care (HLTH 2110)
  - Social, Behavioral, and Cultural Factors in Public Health (PUBH 6105/PUBH 6115/PUBH 8115)
  - Health Care Organization, Policy, and Administration (PUBH 6130)
  - Principles of Community Health (PUBH 6420/PUBH 8420)
  - Health Education and Community Advocacy (PUBH 6460/PUBH 8460)
  - Promoting Population Health (PUBH 8010)
  - Administration & Leadership of Public Health Programs (PUBH 8015)
  - Organizing Community Action for Health (PUBH 8200)
- 8/99-6/11 **Adjunct Graduate Faculty**, College of Extended Learning, **Central Michigan University**, Mount Pleasant, MI 48859. Taught one or two graduate weekend courses or independent studies a year from the following courses:
- Introduction to Health Service Organizations and Systems (HSC 507)
  - Health Services Administration (HSC 520)
  - Program Proposal & Development (HSC 538)
  - Health Planning (HSC 545)
  - Managed care: Origins, Organizations and Operations (HSC 581)
  - Health Service Organizations: Origins, Systems and Applications (HSC 607)
  - Community & Public Health (HSC 617)
  - Program Evaluation in Health Fields (HSC 700)
- 11/01-6/04. **Visiting Faculty**, Off-Campus Academic Programs, College of Applied Sciences and Arts, **Southern Illinois University at Carbondale**, Carbondale, IL 62901. Taught weekend independent studies from the following at Eglin AFB, FL:
- Introduction to Health Care Management Research (HCM 301)
  - Readings in Health Care Management (HCM 349)
  - Analysis of the Issues in the Health Care Industry (HCM 401)
  - Management Problems in the Health Care Industry (HCM 450)
  - Occupational Internship (HCM 422)

- 6/94-6/95 **Graduate Research & Teaching Associate**, Health Education Department, School of Health, Physical Education, & Recreation, **The Ohio State University**, Columbus, OH 43210.  
Responsible for teaching undergraduate health education courses (Health & Behavior, First Aid & CPR). Associated with research on health behavior theories, stress-coping, breast-feeding promotion, and evaluation of community-based health education programs.
- 9/92-6/94 **Graduate Research & Teaching Assistant**, Health Science Department, **Minnesota State University**, Mankato, MN 56002-8400.  
Responsible for teaching undergraduate health education course: "Healthy Living." Associated with team teaching classes in Patient Education, Health Counseling, Stress Management, and Health Administration. Associated with research on cholesterol reduction, stress-management, community-based health education programs, and rural health. Prepared research grants, obtained external funding, and published the results for studying the cholesterol reducing action of *Lactobacillus acidophilus* among hypercholesterolemics. Co-authored a book on stress management.
- 9/92-12/93 **Guest Lecturer**, Department of Health & Human Services Administration, **Saint Mary's College of Minnesota**, Rochester & Minneapolis, MN 55404.  
Responsible for "team-teaching" a graduate course in *Population Demographics* (HS 621) for three semesters to Master of Arts (Health & Human Services Administration) students.

**PUBLIC HEALTH EXPERIENCE AT NON-TEACHING INSTITUTIONS:**

- 07/16-pres **Board Member**, Community Advisory Board for Clinical and Population Health Research, **The University of Mississippi Medical Center**, Jackson, MS  
Serving on this Community Board to provide feedback, advice, and guidance regarding the ethical, legal, policy and social issues that may arise during research studies.
- 02/15-pres **Board Member**, Preventive Block Grant Advisory Board, **Mississippi Department of Health**, Jackson, MS  
Serving on this Community Board to provide guidance to the activities funded under the Preventive Block Grants in Mississippi.
- 05/05-pres. **Evaluator**, Research and Evaluation Enhancement Program (REEP), **The Ohio Commission for Minority Health**, Columbus, OH 43215-6108  
Served as a member of an *Evaluation Work Panel* to develop an evaluation model that is being used for cross-project evaluation of minority health initiatives in Ohio. Serving as member of the Evaluation Steering Committee and participating in studies/projects based on community-based participatory research model for evaluation of local offices of minority health (LOMHs), demonstration grants in diabetes prevention and infant mortality reduction.
- 08/15-pres. **Roster Candidate, Fulbright Specialist Program**, World Learning Fulbright Specialist Team, Washington, DC 20005.  
Selected after peer review for being placed on a Roster for matching with overseas requests for public health specialists. Five year term.

- 05/15-pres. **Learning Community Advisor/Instructor**, Daniel Hale Williams Scholars Program, **Jackson Heart Study Graduate Training and Education Center**, Jackson, MS 39213.  
Working with research scholars to provide training and guidance on manuscripts, conference presentations, research projects using Jackson Heart Study data and presenting on behavioral and psychosocial epidemiology.
- 06/02 - pres. **Peer Reviewer, Centers for Disease Control & Prevention (CDC)**, Atlanta, GA 30341-3724.  
Serving as a peer-reviewer and evaluator for grants and proposals submitted by *Prevention Research Centers* (PRC) and other RFPs for possible funding by Centers for Disease Control and Prevention (CDC).
- 10/98-9/15. **Consultant, Associazione Italiana Amici di Raoul Follereau (AIFO)**, Italy.  
Advisement on *Freirian praxis* and participatory methods for adoption by Community-based Rehabilitation (CBR) projects in developing countries; participatory evaluation of CBR projects; principal investigator for an inter-country study on CBR workers profiling. Conducted country evaluation of CBR in Vietnam in 1999 and country evaluation of CBR in Mongolia in 2000.
- 1/12-12/14. **Board Director**, Division Board for Certification of Health Education Specialists (DBCHEs), **National Commission for Health Education Credentialing (NCHEC)**, Whitehall, PA 18052-5642.  
Served on the certification board of this national credentialing agency for health educators. Responsibilities included reviewing and evaluating examination processes, developing and administering policies with regard to CHES and MCHES exams, assuring testing meets standards, writing items for CHES and MCHES exams, and advancing health education practice.
- 12/04-05/06 **Consultant**, Physical Activity & Nutrition Curriculum Committee, **Discover Health**, Cincinnati, OH 45209.  
Served as a consultant in development and pilot testing of a physical activity and nutrition curriculum for Kindergarten through 8<sup>th</sup> grades called "*Adventures in Movement*" being implemented in schools in and around Cincinnati.
- 10/99-6/04 **Consultant, Charles Drew Health Center, Inc.**, Omaha, NE 68111.  
Provided assistance with development of operational framework, process assessment, impact assessment, and social marketing for *Omaha Healthy Start* -- a project aimed at reducing infant mortality rates among minorities in Omaha and improving Maternal and Child Health services. Also provided assistance with strategic planning and evaluation of outreach efforts in smoking prevention and cessation to minority communities in Omaha particularly the Asian American community.
- 5/99-6/04 **Consultant, American Lung Association -- Nebraska**, Omaha, NE 68152.  
Co-authored & helped secure grants close to \$100,000 during the five years. Evaluated the *Omaha Asthma Alliance* coalition.
- 5/99-6/04 **Consultant, Nebraska Health and Human Services System (NHHSS)**, Lincoln, NE 68509.



Designed, provided, and evaluated training programs based on *Stages of Change* for physicians and volunteers for facilitating smoking cessation in Omaha. Edited the *Nebraska's Plan to Strengthen and Transform Public Health in our State* prepared under a grant from Robert Wood Johnson Foundation (RWJF). Co-authored a competitive grant to Centers for Disease Control and Prevention (CDC) for NHHSS. Also worked with Nebraska arthritis program and community-driven needs assessment on cancer prevention.

10/98-6/04 **Chair, Nutrition Advisory Board, American Cancer Society, Omaha, NE.**  
Committee work for nutrition advisory board of the organization in 1998-99; 1999-04 chair of this committee. Helped secure grants worth over \$50,000. Designed and conducted cancer-related needs assessments for minority groups.

01/02-03/03 **Evaluator, Project Frontier Youth Initiative, Ainsworth, NE 69210.**  
Conducted process evaluation of activities and summative evaluation of the Project *Frontier Youth Initiative (FYI)*. It was a nine-county-wide, prevention-based, consortium driven, school-nursing project based in Northern Nebraska aimed at conducting health check clinics in schools, setting up information systems, participating in risk behavior assessments, mental health check-ups, and professional development of school nurses. The project was funded federally by Health Resources and Services Administration Office of Rural Health Policy.

8/99-5/03. **Consultant, Indian Chicano Health Center, Omaha, NE 68107.**  
Helped write and secure grants close to \$50,000 during 1999-2000. Provided assistance in evaluation for a coalition on lead prevention in Omaha.

07/01-06/04 **Trainer, Human Resources, Metropolitan Community College, Omaha, NE 68103-0777**  
Conducted between four to six workshops a year on several aspects of stress management such as anger management, time management, communication and stress, anxiety reduction etc. for faculty and staff of Metropolitan Community College.

01/03-04/03 **Trainer, Human Resources, Pamida, Plattsmouth, NE 68048.**  
Conducted a series of workshops on different aspects of stress management including cognitive stress management, yoga for stress management, and healthy nutrition for stress management for employees of Pamida in Nebraska. Each workshop was attended by over 50 participants.

9/99-6/04. **Yoga Instructor, Lakeside Wellness Center (Alegent Health), Omaha, NE 68130.**  
Conducted weekly classes on *Kundalini Energy Yoga (KEY)*. During this five year period trained over 2,000 participants in the techniques of low-physical impact postures, breathing procedures, relaxation, and meditation.

11/00-9/02 **Director, International Health Council, American School Health Association, Kent, OH 44240.**  
Provided assistance with leadership in functioning of this council during a two-year elected term. Spearheaded a partnership with the Ministry of Health, United Arab Emirates (UAE) during the tenure. Other responsibilities included assistance with strategic planning regarding the activities of the council, implementing special projects, initiating and developing international collaborations, and submitting mid-year and annual reports.

- 6/95-8/97 **Health Promotion Supervisor**, Health Promotion Program, Assessment & Health Information Cluster, **The City of Columbus Health Department**, Columbus, OH 43210.  
Responsible for planning, developing, administering, and evaluating behavioral and socio-environmental health promotion interventions with focus on cardiovascular disease prevention in the city of Columbus (OH). Developed curricular modules and other educational materials for enhancing physical activity, prevention of smoking, augmenting healthy dietary behaviors, and developing stress-coping skills among school children based on *Social Cognitive Theory*. Developed incentive-based projects for physical activity promotion in high need neighborhoods within the city based on *Stages of Change Model*. Responsible for strategic planning for targeting interventions, coalition building, day-to-day administrative coordination, grant-writing and health education / dietetics staff supervision.
- 6/96-8/97 **Advisory Board Member**, Professional Advisory Board, **World Gym Fitness Centers**, Columbus, OH 43215.  
Provided consultation services for organizational development & strategic planning for interventions by this metropolitan health and fitness enhancement organization with six citywide centers.
- 5/88-8/92 **Program Officer**, Community Health Promotion, **Voluntary Health Association of India, New Delhi, India**.  
Coordinated health promotion interventions including training programs for functionaries of non-governmental organizations (NGOs) served by this apex international federation of over 3,000 NGOs throughout South Asia. Researched, developed, implemented, and evaluated health education programs using model of *Freirian praxis*. Developed health education materials, prepared grants, networked with professionals/organizations, and conducted departmental administration.
- 1/89-8/92 **Consultant**, Health & Medical Operations, **Deepalaya Plan Program** (Collaborative project of Foster Parents Plan International and Deepalaya Education Society), New Delhi, India.  
Designed, conducted, and evaluated health and family planning training programs for health workers, implemented health management information system for child survival in resettlement colonies of Delhi (a collaborative project with Johns Hopkins University), and provided medical support.
- 5/91-8/92 **Member, Expert Committee**, Technical Resource Development Consortium, India Population Project, **National Institute of Health & Family Welfare (NIHFW)**, New Delhi, India.  
Evaluated training manuals for traditional birth attendants, health workers, and family planning workers for Northern States of India.
- 8/91-8/92 **Member, Expert Committee**, Management Consortium, **National Institute of Health & Family Welfare (NIHFW)**, New Delhi, India.  
Evaluated grant proposals to international donors, and established health networks between premier health management training institutions in India.
- 4/87-3/88 **Resident**, Internal Medicine, **Safdarjang Hospital**, New Delhi, India.  
Responsible for in-patient and out-patient care in Departments of Internal Medicine & Emergency Care.

- 4/86-3/87 **Intern**, Departments of Medicine, Surgery, Obstetrics, Gynecology, Psychiatry, Orthopedics, Pediatrics, Ophthalmology, Otorhinolaryngology, Preventive and Social Medicine; **University College of Medical Sciences & associated Safdarjang Hospital**, New Delhi, India.  
Apprenticeship in different clinical specialties.
- 4/86-3/87 **Group Leader**, National Service Scheme, **University College of Medical Sciences**, University of Delhi, India.  
Organized several health education and family planning campaigns in urban slums and rural areas of India.

## PUBLICATIONS

### Citations as of July 1, 2017 per Google Scholar:

<https://scholar.google.com/citations?user=SMJSHZ8AAAAJ&hl=en>

Citation indices	All	Since 2012
Citations	3,519	2,649
h-index	27	25
i10-index	77	62

#### **A. Books**

1. **Sharma, M.** (2017). *Theoretical foundations of health education and health promotion*. (3<sup>rd</sup> ed.) Burlington, MA: Jones and Bartlett. [Sold over 10,000 copies] [1<sup>st</sup> edition: 2008; 2<sup>nd</sup> edition: 2012] ISBN# 978-1-2841-0494-3.
2. Romas, J. A., & **Sharma, M.** (2017). *Practical stress management. A comprehensive workbook*. (7<sup>th</sup> ed.). Cambridge, MA: Academic Press (Elsevier). [1<sup>st</sup> edition: 1995; 2<sup>nd</sup> edition: 2000; 3<sup>rd</sup> edition: 2004; 4<sup>th</sup> edition: 2007; 5<sup>th</sup> edition: 2010; 6<sup>th</sup> edition 2014; Sold over 25,000 copies] ISBN# 978-0128112953.
3. **Sharma, M.**, Branscum, P., & Atri, A. (2014). *Introduction to community and public health*. San Francisco: Jossey-Bass. [Sold around 1,000 copies] ISBN# 978-1-1184-1055-4.
4. **Sharma, M.**, & Petosa, R. L. (2014). *Measurement and evaluation for health educators*. Burlington, MA: Jones and Bartlett. [Sold over 1,500 copies] ISBN# 978- 1-4496-2820-8.
5. **Sharma, M.**, Atri, A., & Branscum, P. (2013). *Foundations of mental health promotion*. Burlington, MA: Jones and Bartlett. [Sold around 1,000 copies] ISBN# 978-0-7637-9341-8.
6. **Sharma, M.**, & Atri, A. (2010). *Essentials of international health*. Sudbury, MA: Jones and Bartlett. [Sold over 1,000 copies] ISBN# 978-0-7637-6529-3.
7. **Sharma, M.**, Egle, L., Gray, K., & Pharo, M. (1997). *Building healthy life-styles. Teacher's manual*. Columbus, OH: Columbus Health Department. [Now out of print]
8. **Sharma, M.**, & Singh, S. K. (1994). *Samudayik Chetna ke dwara swasthya jagrookta*. [Hindi]. New Delhi, India: Voluntary Health Association of India. [Now out of print].
9. **Sharma, M.**, & Singh, S. K. (1991). *Health promotion through community action*. New Delhi, India: Voluntary Health Association of India. [Now out of print].

## **B. Articles in peer-reviewed journals**

1. Bagherniya, M., **Sharma, M.**, Darani, F. M., Maracy, M. R., Safarian, M., Birgani, R. A., Bitarafan, V., & Keshavarz, S. A. (in press). School based nutrition education intervention using social cognitive theory for overweight and obese Iranian girl adolescents: A cluster randomized controlled trial. *International Quarterly of Community Health Education*.
2. Kim, R. W., Patterson, G., Nahar, V. K., & **Sharma, M.** (in press). Toward an evidence-based approach for stress management for veterinary students and professionals. *Journal of the American Veterinary Medical Association*.
3. Xu, X., Rao, Y., **Sharma, M.**, Abdullah, A. S., Guo, J. J., & Zhao, Y. (in press). Preventive behaviors in avoiding indoor second-hand smoke exposure among pregnant women in China. *Tobacco Control*. doi:10.1136/tobaccocontrol-2016-053047
4. Xu, X., Deng, S., **Sharma, M.**, & Zhao, Y. (in press). Smoking-related social cognitive theory constructs and academic performance in class among secondary school students. *Iranian Journal of Public Health*.
5. Nass, S., Danawi, H., Cain, L., & **Sharma, M.** (in press). Verification of neonatal tetanus surveillance systems in Katsina state, Nigeria. *Health Services Research & Managerial Epidemiology*.
6. Nass, S., Danawi, H., Cain, L., & **Sharma, M.** (in press). Predictors of neonatal tetanus mortality in Katsina state, Northwestern Nigeria. *Health Services Research & Managerial Epidemiology*.
7. Martin, B., Wilkerson, A. H., Patterson, G., Nahar, V. K., & **Sharma, M.** (in press). Need for addressing oral health disparities in rural Appalachia. *Health Promotion Perspectives*.
8. **Sharma, M.** (2017). Applying multi-theory model (MTM) of health behaviour change to address implicit biases in public health. *International Journal of Community Medicine and Public Health*, 4(9), 3048-3058.
9. Martin, B., Nahar, V. K., Boyas, J. F., Jacks, S. K., Brodell, R. T. & **Sharma, M.** (2017). Future application of multi-theory model of health behavior change for skin cancer prevention behaviors. *The Journal of the Dermatology Nurses' Association*. doi: 10.1097/JDN.0000000000000332
10. Xu, X., Liu, D., Zhang, Z., **Sharma, M.**, & Zhao, Y. (2017). Sleep duration and quality in pregnant women: A cross-sectional survey in China. *International Journal of Environmental Research and Public Health*, 14(7), 817. doi:10.3390/iejrph14070817
11. Xu, X., Rao, Y., Wang, L., Liu, S., Guo, J. J., **Sharma, M.**, & Zhao, Y. (2017). Smoking in pregnancy: A cross sectional study in China. *Tobacco Induced Diseases*, 15, 35. <https://doi.org/10.1186/s12971-017-0140-0>
12. Pham, L., Martin, B., Nahar, V. K., Boyas, J. F., **Sharma, M.**, Pipper, T. A., & Brodell, R. T. (2017). Skin cancer prevention practices among nursing students: A critical need for improvement. *The Journal of the Dermatology Nurses' Association*, 9(4), 196-198.
13. Bridges, L., & **Sharma, M.** (2017). The efficacy of yoga as a form of treatment for depression. *Journal of Evidence-Based Complementary & Alternative Medicine* doi: 10.1177/2156587217715927
14. Rush, S., & **Sharma, M.** (2017). Mindfulness-based stress reduction as a stress management intervention for cancer care: A systematic review. *Journal of Evidence-Based Complementary & Alternative Medicine*, 22(2), 347-359. DOI: 10.1177/2156587216661467
15. Haider, T., **Sharma, M.**, & Branscum, P. (2017). Yoga as an alternative and complementary therapy for cardiovascular disease: A systematic review. *Journal of Evidence-Based Complementary & Alternative Medicine*, 22(2), 310-316. DOI: 10.1177/2156587215627390
16. Khubchandani, J., **Sharma, M.**, Huston, D., & Tahiliani, J. (2017). Tobacco use related attitudes and behaviors in Indian adolescents: Association with school-based prevention education. *Health Promotion Perspectives*, 7(3), 128-133.

17. **Sharma, M.** (2017). Developing multipronged intervention protocols for childhood obesity prevention based on multi-theory model (MTM) of health behavior change: A mini review. *Advances in Obesity, Weight Management & Control*, 6(4), 00166. DOI: 10.15406/aowmc.2017.06.00166.
18. Xu, X., Zuo, H., Shi, Z., Rao, Y., Wang, L., Zeng, H., Zhang, L., **Sharma, M.**, Reis, C., & Zhao, Y. (2017). Determinants of second pregnancy among pregnant women: A hospital-based cross-sectional survey in China. *BMJ Open*, 7, e014544.. doi:10.1136/bmjopen-2016-014544
19. Bland, V. & **Sharma, M.** (2017). Physical activity interventions in African American women: A systematic review. *Health Promotion Perspectives*, 7(2), 56-63. doi: 10.15171/hpp.2017.12
20. **Sharma, M.**, Catalano, H. P., Nahar, V. K., Lingam, V., Johnson, P., & Ford, M. A. (2017). Using multi-theory model (MTM) of health behavior change to predict water consumption instead of sugar sweetened beverages. *Journal of Research in Health Sciences*, 17 (1), e00370.
21. **Sharma, M.**, Khubchandani, J., & Nahar, V. K. (2017). Applying a new theory to smoking cessation: Case of multi theory model (MTM) for health behavior change. *Health Promotion Perspectives*, 7(2), 102-105. doi: 10.15171/hpp.2017.10
22. **Sharma, M.**, Knowlden, A. P., & Nahar, V. K. (2017). Applying a new theory to alter binge drinking behavior in college students. *Family and Community Health*, 40(1), 52-53.
23. Knowlden, A. P., **Sharma, M.**, & Nahar, V. K. (2017). Using multi-theory model of health behavior change to predict adequate sleep behavior. *Family and Community Health*, 40(1), 56-61.
24. **Sharma, M.**, Catalano, H. P., Nahar, V. K., Lingam, V., Johnson, P., & Ford, M. A. (2016). Using multi-theory model of health behavior change to predict portion size consumption among college students. *Health Promotion Perspectives*, 6(3), 137-144. doi: 10.15171/hpp.2016.22.
25. Nahar, V.K., Nelson, K., Ford, M. A., **Sharma, M.**, Bass, M. A., Haskins M. A., & Garner, J. C. (2016). Predictors of bone mineral density among Asian Indians in northern Mississippi: A pilot study. *Journal of Research in Health Sciences*, 16 (4), 228-232. Available at <http://journals.umsha.ac.ir/index.php/JRHS/article/view/2854/pdf>
26. Catalano, H. P., Knowlden, A. P., **Sharma, M.**, & Franzidis, A. F. (2016). A pilot study applying social cognitive theory to predict HPV vaccination intentions of unvaccinated college women. *American Journal of Sexuality Education*, 11(4), 287-305.
27. Xu, X, Zhu, R., Deng, S., Liu, S., Liu, D., Reis, C., **Sharma, M.**, & Zhao, Y. (2016). Effects of “Eight-Point Regulation” and “Chinese Military Bans Luxury Banquets” on price, sale, and consumption of high-end alcohol products in China. *Archives of Nursing Practice and Care*, 2(1), 71-75.
28. **Sharma, M.**, Lingam, V. C., & Nahar, V. K. (2016). A systematic review of yoga interventions as integrative treatment in breast cancer. *Journal of Cancer Research and Clinical Oncology*, 142(12), 2523-2540. doi:10.1007/s00432-016-2269-2
29. Xu, X., Chen, C., Abdullah, A. S., Liu, L., **Sharma, M.**, Li, Y. & Zhao, Y. (2016). Smoking related attitudes, motives, and behaviors of male secondary school students in an urban setting of China. *SpringerPlus*, 5 (1), 2021. doi: 10.1186/s40064-016-3694-z Available at <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5125283/>
30. Xu X., Lin, Q., Zhang, Y., Zhu, R., **Sharma, M.**, & Zhao, Y. (2016). Influence of WeChat on sleep quality among undergraduates in Chongqing, China: A cross-sectional study. *SpringerPlus*, 5 (1), 2066. doi: 10.1186/s40064-016-3730-z Available at <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5133219/>
31. Xu, X., Chen, C., Abdullah, A.S., **Sharma, M.**, Liu, H., & Zhao, Y. (2016). Knowledge about and sources of smoking-related knowledge and influencing factors among male urban secondary school students in Chongqing, China. *Springer Plus*, 5(1), 1879. doi:

10.1186/s40064-016-3589-z. Available at: <http://link.springer.com/article/10.1186/s40064-016-3589-z>

32. Xu, X., **Sharma, M.**, Liu, L., Hu, P., & Zhao, Y. (2016). Mediation of the physical activity and healthy nutrition behaviors of preschool children by maternal cognition in China. *International Journal of Environmental Research and Public Health*, *13*, 909. doi:10.3390/ijerph13090909
33. Xu, X., Liu, S., Rao, Y., Shi, Z., Wang, L. L., **Sharma, M.**, & Zhao, Y. (2016). Prevalence and sociodemographic and lifestyle determinants of anemia during pregnancy: A cross-sectional study of pregnant women in China. *International Journal of Environmental Research and Public Health*, *13*, 908. doi:10.3390/ijerph13090908
34. Branscum, P., Haider, T., Brown, D., & **Sharma, M.** (2016). Using emotional intelligence and social support to predict job performance of health educators. *American Journal of Health Education*, *47*(5), 309-314.
35. Cooper, G., **Sharma, M.**, Bennett, R., Mawson, A. R., Buxbaum, S. G., & Sung, J. H. (2016). Using social cognitive theory to predict preventive health screening behaviors among type 2 diabetics. *American Journal of Health Studies*, *31*(2), 94-104.
36. Hu, P., Huang, W., Bai, R., Zhang, F., **Sharma, M.**, Shi, Z., Xiao, X., Abdullah, A. S., & Zhao, Y. (2016). Eating out related knowledge, attitudes and behaviors among university students in China. *International Journal of Environmental Research and Public Health*, *13*, 696. doi:10.3390/ijerph13070696
37. Nahar, V. K., **Sharma, M.**, Catalano, H. P., Ickes, M. J., Johnson, P., & Ford, M.A. (2016). Testing multi-theory model (MTM) in predicting initiation and sustenance of physical activity behavior among college students. *Health Promotion Perspectives*, *6*(2), 58-65. doi: 10.15171/hpp.2016.11.
38. Knowlden, A.P., Hackman, C., & **Sharma, M.** (2016). Systematic review of dietary interventions targeting sleep quality. *Journal of Alternative and Complementary Medicine*, *22*(5), 349-362.
39. Zhang, Y., Zhang, F., Hu, P., Huang, W., Lu, L., Bai, R., **Sharma, M.**, & Zhao, Y. (2016). Exploring health literacy in medical university students of Chongqing, China: A cross-sectional study. *Plos One*, *11*(4): e0152547. doi:10.1371/journal.pone.0152547
40. Knowlden, A. P., Hackman, C. L., & **Sharma, M.** (2016). Lifestyle and mental health correlates of psychological distress in college students. *Health Education Journal*, *75*(3), 370-382. doi: 10.1177/0017896915589421
41. Knowlden, A. P., **Sharma, M.**, & Shewmake, M. E. (2016). Testing the model of goal-directed behavior for predicting sleep behaviors. *Health Behavior and Policy Review*, *3*(3), 238-247.
42. Knowlden, A. P., & **Sharma, M.** (2016). One-year efficacy testing of Enabling Mothers to Prevent Pediatric Obesity through Web-Based Education and Reciprocal Determinism (EMPOWER) randomized control trial. *Health Education & Behavior*, *43*(1), 94-106. doi: 10.1177/1090198115596737.
43. Eastin, A., & **Sharma, M.** (2015). Using social cognitive theory to predict breastfeeding in African-American women. *American Journal of Health Studies*, *30*(4), 196-202.
44. Bridges, L. S., & **Sharma, M.** (2015). A systematic review of interventions aimed at reducing binge drinking among college students. *Journal of Alcohol and Drug Education*, *59*(3), 25-47.
45. Hu, P., Han, L., Hou, F., Xu, X., **Sharma, M.**, & Zhao, Y. (2015). Dietary attitudes and behaviors of women in China after the 2008 Wenchuan earthquake in three seismically different zones. *Asia Pacific Journal of Clinical Nutrition*, DOI: 10.6133/apjcn.092015.29
46. Udemgba, C., & **Sharma M.** (2015). Childhood obesity: A qualitative review of school-based interventions. *Austin Journal of Obesity & Metabolic Syndrome*, *1*(1), 1004.

47. Dawson, A., Mawasha, J., **Sharma, M.**, Perkins, F., & Welch, V. (2015). Building state, academic, and community partnerships to improve health outcomes for racial and ethnic minorities. *Online Journal of Rural and Urban Research*, 5 (1), 1-12. Available from <http://jsumurc.org/ojs/index.php?journal=ojrur>
48. Kanekar, A., **Sharma, M.**, & Bennett, R. (2015). Using social cognitive theory to predict safer sex behaviors in college students. *American Journal of Health Studies*, 30(2), 90-101.
49. Miller, G., **Sharma, M.**, Brown, D., & Shahbazi, M. (2015). Using social cognitive theory to predict intention to smoke in middle school students. *American Journal of Health Studies*, 30 (2), 59-69.
50. Priest, H. M., Knowlden, A. P., & **Sharma, M.** (2015). Social cognitive theory predictors of human papillomavirus vaccination intentions of college men at a Southeastern university. *International Quarterly of Community Health Education*, 35(4), 371-385. doi: 10.1177/0272684X15583289
51. Bhoohibhoya, A., Collado, M., Branscum, P., & **Sharma, M.** (2015). Using global mental health and Type D personality to predict alcohol use among a college sample. *Alcoholism Treatment Quarterly*, 33(3), 283-295.
52. Khoury, B., **Sharma, M.**, Rush, S.E., & Fournier, C. (2015). Mindfulness-based stress reduction for healthy individuals: A meta-analysis. *Journal of Psychosomatic Research*, 78(6), 519-528. doi: 10.1016/j.jpsychores.2015.03.009.
53. **Sharma, M.**, & Branscum, P. (2015). Yoga in pregnancy: A qualitative review. *The Journal of Alternative and Complementary Medicine*, 21(4):208-16. doi: 10.1089/acm.2014.0033.
54. Xu, X., Liu, L., **Sharma, M.**, & Zhao, Y. (2015). Smoking-related knowledge, attitudes, behaviors, smoking cessation idea and education level among young male smokers, Chongqing, China. *International Journal of Environmental Research and Public Health*, 12(2), 2135-2149; doi:[10.3390/ijerph120202135](https://doi.org/10.3390/ijerph120202135)
55. **Sharma, M.**, & Haider, T. (2015). Tai chi as an alternative and complementary therapy for anxiety: A systematic review. *Journal of Evidence-Based Complementary & Alternative Medicine*, 20(2):143-53. doi: 10.1177/2156587214561327.
56. Knowlden, A. P., & **Sharma, M.** (2015). Social cognitive maternal-facilitated nutritional correlates of childhood obesity. *International Quarterly of Community Health Education*, 35(2), 177-191.
57. Kotecki, J.E., Khubchandani, J., Simmons, R., & **Sharma, M.** (2015). Mind body interventions: Applications and potential opportunities for health education practice. *Health Promotion Practice*, 16(2), 157-161. doi: 10.1177/1524839914563747.
58. Ickes, M., Haider, T., & **Sharma, M.** (2015). Alcohol abuse prevention programs in college students. *Journal of Substance Use*, 20(3), 208-227. DOI: 10.3109/14659891.2013.856480
59. Knowlden, A. P., **Sharma, M.**, Cottrell, R. R., Wilson, B. R. A., & Johnson, M. (2015). Impact evaluation of the Enabling Mothers to Prevent pediatric Obesity through Web-Based Education and Reciprocal determinism (EMPOWER) randomized control trial. *Health Education and Behavior*, 42(2), 171-184. doi: 10.1177/1090198114547816
60. Bagherniya, M., **Sharma, M.**, Mostafavi, F., & Keshavarz, S. A. (2014-15). Application of social cognitive theory in predicting childhood obesity prevention behaviors in overweight and obese Iranian adolescents. *International Quarterly of Community Health Education*, 35(2), 133-147. doi: <http://dx.doi.org/10.2190/IQ.35.2.d>.
61. Branscum, P., & **Sharma, M.** (2014). Defining a healthy diet: Challenges & conundrums. *American Journal of Health Studies*, 29(4), 271-278.
62. Bagherniya, M., Keshavarz, S. A., Mostafavi, F., **Sharma, M.**, Maracay, M. R., Djazayeri, S. A., Khotbesara, R. D., & Birgani, R. A. (2014). Using social cognitive theory in predicting meal frequency in overweight and obese Iranian adolescents. *Bulletin of Environment, Pharmacology, and Life Sciences*, 3(12), 197-203.

63. Zhou, W., Xu, X., Li, G., **Sharma, M.**, Qie, Y., Zhao, Y. (2014). Effectiveness of a school-based nutrition and food safety education program among primary and junior high school students in Chongqing, China. *Global Health Promotion* doi:10.1177/1757975914552914
64. Ickes, M. J., McMullen, J., Haider, T., & **Sharma, M.** (2014). Global school-based childhood obesity interventions: A review. *International Journal of Environmental Research and Public Health*, 11, 8940-8961. doi:10.3390/ijerph110908940
65. **Sharma, M.** & Rush, S. (2014). Mindfulness-based stress reduction as a stress management intervention for healthy individuals: A systematic review. *Journal of Evidence-Based Complementary & Alternative Medicine*, 19(4), 271-286. DOI: 10.1177/2156587214543143
66. **Sharma, M.** (2014). Potential efficacy of yoga in various diseases. *Journal of Symptoms and Signs*, 3(3), 194-199.
67. Dai, C., & **Sharma, M.** (2014). Predicting childhood obesity prevention behaviors using social cognitive theory for elementary school students in Taiwan. *International Journal of Health Promotion and Education* , 1-7doi: 10.1080/14635240.2014.923283
68. **Sharma, M.**, & Branscum, P. (2014). Childhood obesity: Need for multipronged approach. *Obesity Research Open Journal*, 1(1), 1-4.
69. Knowlden, A. P. & **Sharma, M.** (2014). Health belief structural equation model predicting sleep behavior of employed college students. *Family and Community Health*, 37(4), 271-278. doi: 10.1097/FCH.0000000000000043.
70. Knowlden, A. P. & **Sharma, M.** (2014). Process evaluation of the Enabling Mothers to prevent Pediatric Obesity through Web-based learning and Reciprocal Determinism (EMPOWER). Randomized Control Trial. *Health Promotion Practice*, 15(5), 685-694. doi: 10.1177/1524839914523431..
71. Dai, C. & **Sharma, M.** (2014). Between inhale and exhale: Yoga as an intervention in smoking cessation. *Journal of Evidence-Based Complementary & Alternative Medicine* 19(2):144-149. doi: 10.1177/2156587214524580.
72. Hu, P., Han, L., **Sharma, M.**, Zeng, H., Zhang, Y, Li, H., & Zhao, Y. (2014). Evaluation of cognitive and behavioral effects of peer education model-based intervention to sun safe in children. *Iranian Journal of Public Health*, 43(3), 300-309.
73. **Sharma, M.** (2014). Yoga as an alternative and complementary approach for arthritis: A systematic review. *Journal of Evidence-Based Complementary & Alternative Medicine*, 19(1), 51-58. doi:10.1177/2156587213499918
74. **Sharma, M.** (2014). Yoga as an alternative and complementary approach for stress management: A systematic review. *Journal of Evidence-Based Complementary & Alternative Medicine*, 19(1), 59-67. doi:10.1177/2156587213503344
75. Asare, M., & **Sharma, M.** (2014). Establishing validity and reliability of a scale for measuring safer sex and sexual communication behaviors among African immigrants based on health belief model and acculturation. *Journal of Immigrant & Refugee Studies*, 12 (3), 191-209. DOI: 10.1080/15562948.2013.826842.
76. Knowlden, A. P., Ickes, M., & **Sharma, M.** (2014). Systematic analysis of tobacco treatment interventions implemented in worksite settings. *Journal of Substance Use*, 19(4) 283-294.
77. Branscum, P., & **Sharma, M.** (2014). Comparing the utility of the theory of planned behavior between boys and girls for predicting snack food consumption: Implications for practice. *Health Promotion Practice*, 15(1), 134-140.
78. Branscum, P., Bhochohibhoya, A., & **Sharma, M.** (2013-2014). The role of emotional intelligence in mental health and Type D Personality among young adults. *International Quarterly of Community Health Education*, 34(4), 351-365.
79. Elmore, S., & **Sharma, M.** (2013-14). Predicting childhood obesity prevention behaviors using social cognitive theory among upper elementary African American children. *International Quarterly of Community Health Education*, 34(2):187-197. doi: 10.2190/IQ.34.2.f..



80. Zhou, W., Ma, R., **Sharma, M.**, Zhao, Y. (2013-2014). Nutritional attitudes of homosexual people living with Human Immunodeficiency Virus (HIV) in Chongqing, Southwest China: A cross sectional study. *International Quarterly of Community Health Education*, 34(1), 87-100.
81. **Sharma, M.**, & Branscum, P. (2013). School-based drug abuse prevention programs in high school students. *Journal of Alcohol and Drug Education*, 57(3), 51-65.
82. Mehta, P., & **Sharma, M.**, & Lee, R. (2013-2014). Designing and evaluating a health belief model based intervention to increase intent of HPV vaccination among college men. *International Quarterly of Community Health Education*, 34(1), 101-117.
83. **Sharma, M.**, Haider, T., & Knowlden, A. P. (2013). Yoga as an alternative and complementary treatment for cancer: A systematic review. *Journal of Alternative and Complementary Medicine*, 19(11), 870-875.
84. Haider, T., & **Sharma, M.** (2012-2013). Barriers to family planning and contraception uptake in sub-Saharan Africa: A systematic review. *International Quarterly of Community Health Education*, 33(4), 403-413.
85. Ickes, M. J., & **Sharma, M.** (2013). A systematic review of community-based childhood obesity prevention programs. *Journal of Obesity & Weight Loss Therapy*, 3, 188. doi: 10.4172/2165-7904.1000188
86. Knowlden, A. P., & **Sharma, M.** (2013). Narrative topical review of sleep for public health professionals. *WebmedCentral Plus*, 4(10), 1-15.  
[http://www.webmedcentralplus.com/wmcpluspdf/Article\\_WMCPLS001.pdf](http://www.webmedcentralplus.com/wmcpluspdf/Article_WMCPLS001.pdf) .
87. **Sharma, M.**, & Haider, T. (2013). Tai chi as an alternative and complementary therapy for patients with asthma and chronic obstructive pulmonary disease: A systematic review. *Journal of Evidence-Based Complementary & Alternative Medicine.*,18(3), 209-215. doi: 10.1177/2156587213478174
88. Knowlden, A. P., & **Sharma, M.** (2013). Systematic review of school-based obesity interventions targeting African American and Hispanic children. *Journal of Health Care for the Poor and Underserved*, 24(3), 1194-1214.
89. Mehta, P., & **Sharma, M.**, & Lee, R. (2012-13). Using health belief model in qualitative focus groups to identify HPV vaccine acceptability in college men. *International Quarterly of Community Health Education*, 33(2), 175-187. DOI: 10.2190/IQ.33.2.f
90. Bailey, A., **Sharma, M.** & Jubin, M. (2013). The mediating role of social support, cognitive appraisal and quality health care in Black mothers' stress-resilience process following loss to gun violence. *Violence and Victims*, 28(2), 233-247.
91. Knowlden, A. P., **Sharma, M.**, Kanekar, A., & Atri, A. (2012-13). Sense of coherence and hardiness as predictors of the mental health of college students. *International Quarterly of Community Health Education*, 33(1), 55-68.
92. Branscum, P. W., **Sharma, M.**, Wang, L., Wilson, B., & Guyler, L. (2013). A process evaluation of a social-cognitive-theory-based childhood obesity prevention intervention: The Comics for Health program. *Health Promotion Practice*, 14(2), 189-198.
93. Branscum, P., & **Sharma, M.** (2013). Beyond traditional lifestyle interventions: Using the Beyond Scared Straight program to demonstrate theory. *Health Education Teaching Techniques Journal*, 3(1), 8-20.
94. Asare, M., **Sharma, M.**, Bernard, A., Rojas-Guyler, L., & Wang, L. L. (2013). Using the health belief model to determine safer sexual behavior among African immigrants. *Journal of Health Care for the Poor and Underserved*, 24, 120-134.
95. **Sharma, M.**, & Haider, T. (2013). Tai Chi as an alternative or complementary therapy for patients with depression: A systematic review. *Journal of Evidence-Based Complementary & Alternative Medicine*. 18(1), 68-74. doi:10.1177/2156587212465625

96. **Sharma, M.**, & Haider, T. (2013). Yoga as an alternative and complementary therapy for patients suffering from anxiety: A systematic review. *Journal of Evidence-Based Complementary & Alternative Medicine*, 18(1), 40-47. doi:10.1177/2156587212460046
97. **Sharma, M.**, & Haider, T. (2013). Yoga as an alternative and complementary treatment for patients with low back pain: A systematic review. *Journal of Evidence-Based Complementary & Alternative Medicine*, 18(1), 48 – 53. doi:10.1177/2156587212458693
98. Branscum, P. W., **Sharma, M.**, Wang, L., Wilson, B., & Guyler, L. (2013). A true challenge for any superhero: An evaluation of a comic book obesity prevention program. *Family and Community Health*, 36(1), 63-76.
99. Mehta, P., & **Sharma, M.** (2012-13). Evaluation of a social cognitive theory based yoga intervention to reduce anxiety. *International Quarterly of Community Health Education*, 32(3), 205-217.
100. Knowlden, A. P., & **Sharma, M.** (2012). Health belief model predictors of undergraduate students' engagement in short messaging services while operating a motor vehicle. *Safety Science Monitor*, 16(1), 1-10. [http://ssmon.chb.kth.se/vol16/1\\_Knowlden\\_&\\_Sharma.pdf](http://ssmon.chb.kth.se/vol16/1_Knowlden_&_Sharma.pdf)
101. Branscum, P., & **Sharma, M.** (2012). Creating healthy heroes: Helping children create comic books to reinforce healthy lifestyles. *Health Education Teaching Techniques Journal*, 2(1), 88-102.
102. **Sharma, M.**, Haider, T., & Bose, P. P. (2012). Yoga as an alternative and complementary treatment for asthma: A systematic review. *Journal of Evidence-Based Complementary & Alternative Medicine*, 17(3), 212-217. doi: 10.1177/2156587212453727.
103. **Sharma, M.**, & Haider, T. (2012). Yoga as an alternative and complementary treatment for hypertensive patients: A systematic review. *Journal of Evidence-Based Complementary & Alternative Medicine*, 17(3), 199-205. doi: 10.1177/2156587212452144.
104. Haider, T., **Sharma, M.**, & Bernard, A. (2012). Using social cognitive theory to predict exercise behavior among South Asian college students. *Journal of Community Medicine and Health Education*, 2(6), 155. doi:10.4172/2161-0711.1000155.
105. Knowlden, A. P., & **Sharma, M.** (2012). A feasibility and efficacy randomized controlled trial of an online preventative program for childhood obesity: Protocol for the EMPOWER intervention. *Journal of Medical Internet Research: Research Protocols*, 1(1), e5.
106. Asare, M., & **Sharma, M.** (2012). Role of health belief model on sexual communication among African immigrants. *American Journal of Health Studies*, 27(2), 97-106.
107. Ickes, M., & **Sharma, M.** (2012). Does behavioral intention predict physical activity behaviors related to adolescent obesity? *Archives of Exercise in Health and Disease*, 3(1-2), 173-182.
108. Claros, E. & **Sharma, M.** (2012). The relationship between emotional intelligence and abuse of alcohol, marijuana, and tobacco among college students. *Journal of Alcohol & Drug Education*, 56(1), 8-37.
109. Branscum, P. W., & **Sharma, M.** (2012). Applying the Freirian model to the development and evaluation of problematic drinking. *Journal of Alcohol & Drug Education*, 56(1), 59-82.
110. Knowlden, A. P., **Sharma, M.** (2012). Systematic review of family and home based interventions targeting pediatric overweight and obesity. *Obesity Reviews*, 13(6), 499-508. doi: 10.1111/j.1467-789X.2011.00976.x.
111. Jimba, K. T., & **Sharma, M.** (2012). Ethnic differences in susceptibility to smoking and intention to smoke on smoking behavior among adolescents. *Journal of Community Medicine and Health Education*, 2, 14. doi: 10.4172/jcmhe.1000143
112. Branscum, P. W., & **Sharma, M.** (2011-12). Using the theory of planned behavior to predict two types of snack food consumption among upper elementary children: Implications for practice. *International Quarterly of Community Health Education*, 32(1), 41-55.
113. Branscum, P. W., & **Sharma, M.** (2012). After-school based obesity prevention interventions: A comprehensive review of the literature. *International Journal of*

*Environmental Research and Public Health*, 9, 1438-1457. doi:10.3390/ijerph9041438  
<http://www.mdpi.com/1660-4601/9/4/1438/pdf>

114. Mehra, R., Branscum, P., & **Sharma, M.** (2012) A needs assessment of factory workers in India for health promotion programs. *Journal of Community Medicine and Health Education*, 2,128. doi:10.4172/jcmhe.1000128
115. **Sharma, M.**, & Knowlden, A. P. (2012). Role of yoga in preventing and controlling Type 2 diabetes mellitus. *Journal of Evidence-Based Complementary & Alternative Medicine*, 17, 88-95. doi:10.1177/2156587212438899
116. Knowlden, A. P., **Sharma, M.**, & Bernard, A. (2012). Sleep hygiene of a sample of undergraduate students at a Midwestern University. *American Journal of Health Studies* 27(1), 23-31.
117. Knowlden, A. P., **Sharma, M.** & Bernard, A. (2012). Theory of Planned Behavior research model for predicting the sleep intentions and behaviors of undergraduate college students. *Journal of Primary Prevention* 33(1), 19-31. doi: 10.1007/s10935-012-0263-2.
118. Ickes, M., & **Sharma, M.** (2012). A systematic review of physical activity interventions in Hispanic adults. *Journal of Environmental and Public Health*, 2012, 156435 doi:10.1155/2012/156435. Available from <http://www.hindawi.com/journals/jeph/2012/156435/abs/>
119. Mehta, P., & **Sharma, M.** (2011). Predictors of HPV vaccine in college men. *Journal of Community Medicine and Health Education*, 1, 111. doi: 10.4172/jcmhe.1000111
120. Kanekar, A., & **Sharma, M.** (2011). Teaching modules to build HIV/AIDS knowledge and safer sex skills among African-American college students. *Journal of Health Education Teaching*, 2(1), 12-28.
121. Ickes, M., & **Sharma, M.** (2010-2011). Establishing validity and reliability of an instrument using the Theory of Planned Behavior to predict behaviors related to obesity in middle school students. *The International Quarterly of Community Health Education*, 31(3), 291-307.
122. Branscum, P. W., & **Sharma, M.** (2011). Predictors of snack food consumption among upper elementary children using social cognitive theory. *Journal of Social, Behavioral and Health Sciences*, 5(1), 23-37. DOI: 10.5590/JSBHS.2011.05.1.03 Available from: <http://www.publishing.waldenu.edu/jsbhs/vol5/iss1/3/>
123. Asare, M., & **Sharma, M.** (2011). HIV/AIDS prevention interventions in African American heterosexuals. *Californian Journal of Health Promotion*, 9(1), 43-55.
124. Nabors, L., Adams, R., Vaughn, L., **Sharma, M.**, Bolling, C., Cotton, M., & Moore, C. (2011). Factors influencing children's judgments of overweight peers. *International Journal of Pediatric Obesity*, 6(2-2), e449-456.
125. Knowlden, A. P., & **Sharma, M.** (2011). Examining the effectiveness of interventions designed to increase mammography adherence among African American women. *American Journal of Health Sciences*, 2(2), 29-38.
126. Ickes, M., & **Sharma, M.** (2011). A review of childhood obesity prevention interventions targeting African American children. *Vulnerable Children & Youth Studies*, 6(2), 103-123.
127. Mehta, P., & **Sharma, M.** (2011). Internet and cell phone based physical activity interventions in adults. *Archives of Exercise in Health and Disease*, 2(2), 108-113. doi: 10.5628/aeht.v2i2.49
128. Branscum, P. W., & **Sharma, M.** (2011). A systematic analysis of childhood obesity prevention interventions targeting Hispanic children: Lessons learned from the previous decade. *Obesity Reviews*, 12(501), e151-e158. doi: 10.1111/j.1467-789X.2010.00809.x.
129. **Sharma, M.** (2011). Dietary education in school-based childhood obesity prevention programs. *Advances in Nutrition*, 2, 207S-216S. doi:10.3945/an.111.000315.

130. Ickes, M., & **Sharma, M.** (2011). Does behavioral intention predict nutrition behaviors related to adolescent obesity? *Infant, Child, & Adolescent Nutrition*, 3, 38-48.  
DOI:10.1177/1941406410395017
131. Weber, A., & **Sharma, M.** (2011). Enhancing effectiveness of physical activity interventions among older adults. *American Journal of Health Studies*, 26(1), 25-36.
132. Bohl, S., **Sharma, M.**, & Jones, C. (2011). All-terrain vehicle-related injuries and hospitalization: An examination of the influence of age and alcohol or drugs. *The Open Epidemiology Journal*, 4, 123-132. DOI: 10.2174/1874297101104010123
133. Mehta, P., & **Sharma, M.** (2010). Yoga as a complementary therapy for clinical depression. *Complementary Health Practice Review*, 15(3), 156-170.  
doi:10.1177/1533210110387405
134. Mehta, P., & **Sharma, M.** (2010). Internet and cell phone based smoking cessation programs among adolescents. *Acta Didactica Napocensia*, 3(4), 11-20.
135. Asare, M., & **Sharma, M.** (2010). Physical activity, exercise, and nutrition interventions for weight control in African American women. *Acta Didactica Napocensia*, 3(3), 54-64.
136. Asare, M., & **Sharma, M.** (2009-2010). Using the Theory of Planned Behavior to predict safer sexual behavior in Ghanaian immigrants in a large Midwestern city in the US. *International Quarterly of Community Health Education*, 30(4), 321-335.
137. Branscum, P. W., **Sharma, M.**, Kaye, G. L., & Succop, P. (2010). An evaluation of the validity and reliability of a food behavior checklist modified for children. *Journal of Nutrition Education and Behavior*, 42(5), 349-352.
138. Lakhan, R., & **Sharma, M.** (2010). Knowledge, attitudes, and practices (KAP) survey of families toward their children with intellectual disability in Barwani, India. *Asia Pacific Disability Rehabilitation Journal*, 21(2), 101-117.
139. Branscum, P., Kaye, G., Succop, P., & **Sharma, M.** (2010). An evaluation of holiday weight gain among elementary-aged children. *Journal of Clinical Medicine Research*, 2(4), 161-171. doi:10.4021/jocmr414w
140. Mehta, P., **Sharma, M.**, & Bernard, A. (2009-2010). Social cognitive theory as a predictor of dietary behavior and leisure time physical activity behavior in middle aged Asian Indian women residing in United States. *International Quarterly of Community Health Education*, 30(3), 257-269.
141. D'Alonzo, K., & **Sharma, M.** (2010). The influence of *marianismo* beliefs on physical activity of mid-life immigrant Latinas: A photovoice study. *Qualitative Research in Sport and Exercise*, 2(2), 229-249.
142. Kanekar, A., & **Sharma, M.** (2010). Pharmacological approaches for management of child and adolescent obesity. *Journal of Clinical Medicine Research*, 2(3), 105-111.  
doi:10.4021/jocmr2010.05.288w
143. Kanekar, A., & **Sharma, M.** (2010). Interventions for safer sex behaviors among college students. *American Journal of Health Studies*, 25(3), 138-148.
144. Kanekar, A., & **Sharma, M.** (2010). Determinants of safer sex behaviors among college students. *Acta Didactica Napocensia*, 3(1), 27-38.
145. Kanekar, A., **Sharma, M.**, Cottrell, R., Succop, P., & Bernard, A. (2010). Theory based safer sex intervention among African-American college students. *American Journal of Health Studies*, 25(1), 52-59.
146. **Sharma, M.**, & Branscum, P. (2010). Novel and emerging approaches to combat adolescent obesity. *Adolescent Health, Medicine, and Therapeutics*, 2010(1), 9-19.
147. Branscum, P., & **Sharma, M.** (2010). A review of motivational interviewing based interventions targeting problematic drinking among college students. *Alcoholism Treatment Quarterly*, 28(1), 63-77.
148. Kanekar, A., **Sharma, M.**, & Joshi, V. (2010). Vitamin D Deficiency -- a clinical spectrum. Is there a symptomatic non-osteomalacic state? *International Journal of*

*Endocrinology*, 2010, Article ID 521457, doi:10.1155/2010/521457 Available from:  
<http://www.hindawi.com/journals/ije/2010/521457.html>

149. Kanekar, A., **Sharma, M.**, & Atri, A. (2009-2010). Enhancing social support, hardiness, and acculturation to improve mental health among Asian Indian International students. *International Quarterly of Community Health Education*, 30(1), 55-68.
150. **Sharma, M.**, Mehan, M., & Surabhi, S. (2008-2009). Using social cognitive theory to predict obesity prevention behaviors among preadolescents in India. *International Quarterly of Community Health Education*, 29(4), 351-361.
151. Branscum, P., & **Sharma, M.** (2009). Comic books an untapped medium for health promotion. *American Journal of Health Studies*, 24(4), 430-439.
152. Ickes, M. J., & **Sharma, M.** (2009). Worksite health promotion: A practical strategy for obesity prevention. *American Journal of Health Studies*, 24(3), 343-352.
153. Kanekar, A., **Sharma, M.**, & Wray, J. (2009). Review of qualitative studies of HIV related sexual practice among college students and adolescents: Directions for research. *Californian Journal of Health Promotion*, 7(1), 99-110.
154. Yeramaneni, S., & **Sharma, M.** (2009). Predictors of alcohol use and binge drinking among Asian Indian students based on social cognitive theory. *American Journal of Health Studies*, 24(2), 287-297.
155. Kanekar, A., & **Sharma, M.** (2008-2009). Meta-analysis of school-based childhood obesity interventions in United States and United Kingdom. *International Quarterly of Community Health Education*, 29(3), 241-256.
156. Kanekar, A., & **Sharma, M.** (2009). Using social cognitive theory to predict safer sex behaviors in African American college students. *Acta Didactica Napocensia*, 2(2), 51-56.
157. Canavera, M., **Sharma, M.**, & Murnan, J. (2008-2009). Development and pilot testing a social cognitive theory based intervention to prevent childhood obesity among elementary students in rural Kentucky. *International Quarterly of Community Health Education*, 29(1), 57-70.
158. Yung, B., Leahy, P., Deason, L.M., Fischer, R. L., Perkins, F., Clasen, C., & **Sharma, M.** (2008). Capacity building needs of minority health nonprofits. *Evaluation and Program Planning*, 31 (4), 382-391.
159. Stacy, R. D., **Sharma, M.**, & Torrence, W. (2008). Evaluation of the use of a parent-held child health record by pregnant women and mothers of young children. *Californian Journal of Health Promotion*, 6(1), 138-142.
160. **Sharma, M.**, & Ickes, M. J. (2008). Psychosocial determinants of childhood and adolescent obesity. *Journal of Social, Behavioral and Health Sciences*, 2, 33-49. Available from: <http://www.publishing.waldenu.edu/jsbhs/vol2/iss1/3/>
161. **Sharma, M.** (2008). Physical activity interventions in Hispanic American girls and women. *Obesity Reviews*, 9, 560-571.
162. Kanekar, A., & **Sharma, M.** (2007-2008). Factors affecting condom usage among college students in South Central Kentucky. *International Quarterly of Community Health Education*, 28(4), 337-349.
163. Atri, A., **Sharma, M.**, & Cottrell, R. (2006-2007). Role of social support, hardiness and acculturation as predictors of mental health among the international students of Asian Indian origin. *International Quarterly of Community Health Education*, 27 (1), 59-73.
164. Fahrenwald, N. L., Belitz, C., Keckler, A. & **Sharma, M.** (2007). Sharing the Gift of Life: An intervention to increase organ and tissue donation for American Indians. *Progress in Transplantation*, 17(4), 281-287.
165. **Sharma, M.** (2007). Behavioural interventions for preventing and treating obesity in adults. *Obesity Reviews*, 8(5), 441-449.
166. Atri, A., & **Sharma, M.** (2007). Psychoeducation: Implications for the profession of health education. *Californian Journal of Health Promotion*, 5(4), 32-39.

167. Kanekar, A., & **Sharma, M.** (2007). Tobacco prevention interventions in adolescents. *Californian Journal of Health Promotion*, 5(3), 120-130.
168. Murnan, J., **Sharma, M.**, & Lin, D. (2006-2007). Predicting childhood obesity behaviors using social cognitive theory: Children in China. *International Quarterly of Community Health Education*, 26 (1), 73-84.
169. **Sharma, M.** (2007). Community participation in community-based rehabilitation programmes. *Asia Pacific Disability Rehabilitation Journal*, 18, 85-96.
170. Ickes, M. J., & **Sharma, M.** (2007). Community, family, and school-based interventions for HIV/AIDS prevention in African American adolescents. *Californian Journal of Health Promotion*, 5(1), 39-54.
171. **Sharma, M.** (2007). International school-based interventions for preventing obesity in children. *Obesity Reviews*, 8 (2), 155-167.
172. **Sharma, M.** (2007). Evaluation in community-based rehabilitation programmes: A strengths, weaknesses, opportunities and threats analysis. *Asia Pacific Disability Rehabilitation Journal*, 18, 37-52.
173. **Sharma, M.**, & Corbin, D. E. (2006). A preliminary study of the effects of an innovative social cognitive theory driven yoga-based behavioral intervention on smoking cessation. *Californian Journal of Health Promotion*, 4(4), 63-76.
174. **Sharma, M.**, Wagner, D. I., & Wilkerson, J. (2005-2006). Predicting childhood obesity prevention behaviors using social cognitive theory. *International Quarterly of Community Health Education*, 24(3), 191-203.
175. **Sharma, M.** (2006). School-based interventions for childhood and adolescent obesity. *Obesity Reviews*, 7(3), 261-269.
176. Drent, A., & **Sharma, M.** (2006). Survey of prevalence and attitudes of health-related self-help approaches among older adults. *Californian Journal of Health Promotion*, 4(2), 59-65.
177. Atri, A., & **Sharma, M.** (2006). Designing a mental health education program for South Asian international students in United States. *Californian Journal of Health Promotion*, 4(2), 144-154.
178. **Sharma, M.** (2006). Designing effective health education interventions for prevention of obesity in South Asian Americans. *Californian Journal of Health Promotion*, 4(1), 119-128.
179. **Sharma, M.** (2006). Applying Freirian model for development and evaluation of community-based rehabilitation programs. *Asia Pacific Disability Rehabilitation Journal*, 17, 42-49.
180. **Sharma, M.**, Sargent, L., & Stacy R. (2005). Predictors of leisure time physical activity among African American women. *American Journal of Health Behavior*, 29, 352-359.
181. **Sharma, M.** (2005). Health Education in India: A strengths, weaknesses, opportunities, and threats analysis. *The International Electronic Journal of Health Education*, 8, 80-85.
182. **Sharma, M.** (2005, May-August). Effects of a yoga intervention as a supportive therapy in arthritis. *Yoga Studies*, 4, 12-16.
183. **Sharma, M.** (2005). Reifying capability theory in disability and rehabilitation research. *Asia Pacific Disability Rehabilitation Journal*, 16, 110-116. (Article reproduced in Greek in *Educational Sciences- Epistimes Agogis* Journal's issue on *Inclusive Policies and Contemporary Special Education: Theoretical Issues and Empirical Studies*, 2010, pp. 77-82)
184. **Sharma, M.** (2005). Using focus groups in community-based rehabilitation. *Asia Pacific Disability Rehabilitation Journal*, 16, 41-50.
185. **Sharma, M.** (2004). Viable methods for evaluation of community-based rehabilitation programmes. *Disability and Rehabilitation*, 26, 326-334. DOI: 10.1080/09638280410001662923.

186. **Sharma, M.**, & Deepak, S. (2003). An intercountry study of expectations, roles, attitudes and behaviors of community-based rehabilitation volunteers. *Asia Pacific Disability Rehabilitation Journal*, 14, 179-190.
187. Fahrenwald, N. L., & **Sharma, M.** (2002). Development and expert evaluation of “Moms on the Move,” a physical activity intervention for WIC mothers. *Public Health Nursing*, 19, 423-439.
188. Sullivan, T., **Sharma, M.** & Stacy R. D. (2002). Effects of a brief training program for lay health volunteers to facilitate smoking cessation among African Americans. *Journal of Alcohol and Drug Education*, 47 (2), 4-17.
189. **Sharma, M.**, & Deepak, S. (2002). A case study of community-based rehabilitation program in Mongolia. *Asia Pacific Disability Rehabilitation Journal*, 13, 11-18.
190. **Sharma, M.** (2001). Pilot test of a Kundalini yoga intervention developing mind-body connection. *International Journal of Yoga Therapy*, 11, 85-91.
191. **Sharma, M.**, & Deepak, S. (2001). A participatory evaluation of community-based rehabilitation program in North Central Vietnam. *Disability and Rehabilitation*, 23, 352-358. DOI: 10.1080.09638280010005576.
192. Deepak, S., & **Sharma, M.** (2001). Volunteers and community-based rehabilitation. *Asia Pacific Disability Rehabilitation Journal*, 12, 141-148.
193. Dennison, D., Corbin, D., **Sharma, M.**, & Grandgenett, N. (2001). Internet use policies and implications for health education: A survey of Nebraska school board presidents. *The International Electronic Journal of Health Education*, 4, 354-360.
194. **Sharma, M.**, Petosa, R., & Heaney, C. A. (1999). Evaluation of a brief intervention based on social cognitive theory to develop problem solving skills among sixth grade children. *Health Education and Behavior*, 26, 465-477.
195. **Sharma, M.**, & Petosa, R. (1997). Impact of expectant fathers in breast-feeding decision. *Journal of the American Dietetic Association*, 97, 1311-1313.
196. **Sharma, M.**, & Galletly, C. (1997, Spring). Lessons for health promotion from selected community-based heart disease prevention programs. *The Health Educator*, 28, 21-26.
197. **Sharma, M.**, & Bhatia, G. (1996). The voluntary community health movement in India: A strengths, weaknesses, opportunities and threats (SWOT) analysis. *Journal of Community Health*, 21, 453-464.
198. **Sharma, M.**, Romas, J. A., Slobof, H., & Gordon, P. M. (1994). The effect of Lactobacillus acidophilus in moderate to severe hypercholesterolemics. *Journal of Advancement in Medicine*, 7, 213-222.

### **C. Post publication open, peer-reviewed journals**

1. **Sharma, M.**, & Nahar, V.K. (2017). A case study of teaching public health to graduate students in speech language pathology. *WebmedCentral Public Health*, 8(7), WMC005317. Available from [https://www.webmedcentral.com/article\\_view/5317](https://www.webmedcentral.com/article_view/5317)
2. **Sharma, M.**, & Nahar, V.K. (2017). A case study of teaching research methods in health promotion to African American doctoral students. *WebmedCentral Behaviour*, 8(3), WMC005264. Available from [http://www.webmedcentral.com/article\\_view/5264](http://www.webmedcentral.com/article_view/5264)
3. **Sharma, M.** (2015). Multi-theory model (MTM) for health behavior change. *WebmedCentral Behaviour*, 6(9), WMC004982. Available from [http://www.webmedcentral.com/article\\_view/4982](http://www.webmedcentral.com/article_view/4982)
4. Knowlden, A P, & **Sharma M.** (2012). The theory of planned behavior as a model for predicting the sleep intentions and behaviors of undergraduate minority students. *WebmedCentral: International Journal of Medicine and Molecular Medicine*, 3(1), WMC002859. Available from [http://www.webmedcentral.com/article\\_view/2859](http://www.webmedcentral.com/article_view/2859)

5. Kanekar, A. S., & **Sharma M.** (2012). Instructional strategies for developing problem solving skills among upper elementary school-children. A theory-based approach . *WebmedCentral Behaviour*, 3(3), WMC003137. Available from [http://www.webmedcentral.com/article\\_view/3137](http://www.webmedcentral.com/article_view/3137)

#### **D. Editorials**

1. **Sharma, M.**, & Sharma, M. (2017). Current challenges in educational research for opioid abuse prevention. [Editorial]. *Journal of Alcohol and Drug Education*, 61(1), 3-6.
2. **Sharma, M.** (2016). Challenges for new emerging designer drugs. [Editorial]. *Journal of Alcohol and Drug Education*, 60(3), 3-6.
3. **Sharma, M.** & Haider, T. (2016). Hookah smoking in U.S adolescents: Implications for research and practice. [Editorial]. *Journal of Alcohol and Drug Education*, 60(2), 3-7.
4. **Sharma, M.** (2016). A new theory for health behavior change: Implications for alcohol and drug education. [Editorial]. *Journal of Alcohol and Drug Education*, 60(1), 5-8.
5. **Sharma, M.** (2015). Progress in substance abuse indicators of Healthy People 2020: Implications for research and practice. [Editorial]. *Journal of Alcohol and Drug Education*, 59(3), 3-6.
6. **Sharma, M.**, & Bennett, R. (2015). Substance abuse and mental illness: Challenges for interventions. *Journal of Alcohol and Drug Education*, 59(2), 3-6.
7. **Sharma, M.** (2015). Substance abuse in adolescents: Implications for research and practice. [Editorial]. *Journal of Alcohol and Drug Education*, 59(1), 3-6.
8. **Sharma, M.** (2014). Substance abuse in women: Implications for research and practice. [Editorial]. *Journal of Alcohol and Drug Education*, 58(3), 3-6.
9. **Sharma, M.** (2014). Smoking in pregnant women: Implications for research and practice. [Editorial]. *Journal of Alcohol and Drug Education*, 58(2), 3-6.
10. **Sharma, M.** (2014). Alcohol use in women of childbearing age: Implications for practice. [Editorial]. *Journal of Alcohol and Drug Education*, 58(1), 3-6.
11. **Sharma, M.** (2013). Ecstasy (MDMA) use among high school and college students: Implications for practice. [Editorial]. *Journal of Alcohol and Drug Education*, 57(3), 3-6.
12. **Sharma, M.** (2013). The construct of self-esteem in alcohol and drug education. [Editorial]. *Journal of Alcohol and Drug Education*, 57(2), 3-6.
13. **Sharma, M.** (2013). Enhancing effectiveness of school-based drug abuse prevention interventions [Editorial]. *Journal of Alcohol and Drug Education*, 57(1), 3-6.
14. **Sharma, M.** (2012). Integrative model for alcohol and drug education. [Editorial]. *Journal of Alcohol and Drug Education*, 56(2), 3-6.
15. **Sharma, M.** (2012). Information-Motivation-Behavior Skills (IMB) Model: Need for utilization in alcohol and drug education. [Editorial]. *Journal of Alcohol and Drug Education*, 56(1), 3-7.
16. **Sharma, M.** & Smith, L. (2011). Community coalition action theory and its role in drug and alcohol abuse interventions [Editorial]. *Journal of Alcohol and Drug Education*, 55(3), 3-7.
17. **Sharma, M.** & Smith, L. (2011). Self determination theory and potential applications to alcohol and drug abuse behaviors [Editorial]. *Journal of Alcohol and Drug Education*, 55(2), 3-7.
18. **Sharma, M.** (2011). Health belief model: Need for more utilization in alcohol and drug education [Editorial]. *Journal of Alcohol and Drug Education*, 55(1), 3-6.
19. **Sharma, M.** & Branscum, P. (2010). Is Alcoholics Anonymous effective? [Editorial]. *Journal of Alcohol and Drug Education*, 54(3), 3-6.



20. **Sharma, M.** (2010). Health impact assessments (HIA) for healthy alcohol and drug policies and programs. [Editorial]. *Journal of Alcohol and Drug Education*, 54(2), 3-6.
21. **Sharma, M.** (2010). Photovoice in alcohol and drug education. [Editorial]. *Journal of Alcohol and Drug Education*, 54(1), 3-6.
22. **Sharma, M.** (2009). Role of labeling in prevention of alcohol abuse. [Editorial]. *Journal of Alcohol and Drug Education*, 53(3), 3-6.
23. **Sharma, M.** (2009). Taxation on alcohol: Implications for health promotion. [Editorial]. *Journal of Alcohol and Drug Education*, 53(2), 3-6.
24. **Sharma, M.** (2009). Determinants of marijuana use, abuse, and dependence. [Editorial]. *Journal of Alcohol and Drug Education*, 53(1), 3-6.
25. **Sharma, M., & Kanekar, A.** (2008). Substance abuse in minorities. [Editorial]. *Journal of Alcohol and Drug Education*, 52 (3), 3-8.
26. **Sharma, M., & Kanekar, A.** (2008). Binge drinking interventions among college students. [Editorial]. *Journal of Alcohol and Drug Education*, 52 (2), 3-8.
27. **Sharma, M., & Kanekar, A.** (2008). Diffusion of innovations theory for alcohol, tobacco, and drugs. [Editorial]. *Journal of Alcohol and Drug Education*, 52 (1), 3-7.
28. **Sharma, M., & Kanekar, A.** (2007). Social marketing for reduction in alcohol use. [Editorial]. *Journal of Alcohol and Drug Education*, 51 (4), 3-6.
29. **Sharma, M.** (2007). Precaution Adoption Process Model: Need for experimentation in alcohol and drug education. [Editorial]. *Journal of Alcohol and Drug Education*, 51 (3), 3-6.
30. **Sharma, M., & Kanekar, A.** (2007). Preventing smoking and tobacco usage in youth. [Editorial]. *Journal of Alcohol and Drug Education*, 51 (2), 3-7.
31. **Sharma, M., & Kanekar, A.** (2007). Theory of Reasoned Action and Theory of Planned Behavior in alcohol and drug education. [Editorial]. *Journal of Alcohol and Drug Education*, 51 (1), 3-7.
32. **Sharma, M., & Atri, A.** (2006). Application of Transtheoretical Model (TTM) to addictive behaviors: Need for fine tuning. [Editorial]. *Journal of Alcohol and Drug Education*, 50 (4), 3-6.
33. **Sharma, M., & Atri, A.** (2006). Substance abuse in African Americans: In search of a culturally competent research agenda. [Editorial]. *Journal of Alcohol and Drug Education*, 50 (3), 3-7.
34. **Sharma, M.** (2006). Making effective alcohol education interventions for high schools. [Editorial]. *Journal of Alcohol and Drug Education*, 50 (2), 1-4.
35. **Sharma, M.** (2006). Religiosity and substance abuse: Need for systematic research. [Editorial]. *Journal of Alcohol and Drug Education*, 50 (1), 1-4.
36. **Sharma, M.** (2005). Reporting of randomized controlled trials: The CONSORT statement. [Editorial]. *Journal of Alcohol and Drug Education*, 49 (4), 1-4.
37. **Sharma, M.** (2005). Enhancing the effectiveness of alcohol and drug education programs through social cognitive theory. [Editorial]. *Journal of Alcohol and Drug Education*, 49 (3), 3-7.
38. **Sharma, M.** (2005). Improving interventions for prevention and control of alcohol use in college students. [Editorial]. *Journal of Alcohol and Drug Education*, 49 (2), 3-6.
39. **Sharma, M.** (2005). Transparent reporting of evaluations with nonrandomized designs (TREND): A framework for evidence based public health evaluations. [Editorial]. *Journal of Alcohol and Drug Education*, 49 (1), 3-6.
40. **Sharma, M.** (2004). Tapping into the potential of focus groups for research in alcohol and drug education. [Editorial]. *Journal of Alcohol and Drug Education*, 48 (3), 3-6.
41. **Sharma, M.** (2004). Organizing community action for prevention and control of alcohol and drug abuse. [Editorial]. *Journal of Alcohol and Drug Education*, 48 (2), 1-4.

42. **Sharma, M.** (2004). Capability theory for use in alcohol and drug education research. [Editorial]. *Journal of Alcohol and Drug Education*, 48 (1), 1-4.
43. **Sharma, M.** (2004). Substance abuse and Asian Americans: Need for more research. [Editorial]. *Journal of Alcohol and Drug Education*, 47(3), 1-3.
44. **Sharma, M.** (2002). Lack of consensus in blood alcohol concentration legal limits: A dilemma for health educators. [Editorial]. *Journal of Alcohol and Drug Education*, 47 (2), 1-3.
45. **Sharma, M.** (2001). Freire's adult education model: An underutilized model in alcohol and drug education? [Editorial]. *Journal of Alcohol and Drug Education*, 47 (1), 1-3.
46. **Sharma, M.** (2001). The Healthy People 2010 and the Objectives for Alcohol, Tobacco and Other Drugs. [Editorial]. *Journal of Alcohol and Drug Education*, 46 (3), 1-3.
47. **Sharma, M.** (2001). The new appearance of the Journal of Alcohol and Drug Education. [Editorial]. *Journal of Alcohol and Drug Education*, 46 (2), 1-2.
48. **Sharma, M.** (2000). The new guidelines from American Psychological Association. [Editorial]. *Journal of Alcohol and Drug Education*, 46 (1), 44-46.

### **E. Editor-edited articles**

1. **Sharma, M.** (2017, March). Stress management for international students. *Center for Faculty Excellence Newsletter*, 7 (6), 6.
2. **Sharma, M.** (2016, Fall). A new theory for initiating and sustaining yoga-related behavior change. *Integrative, Complementary and Traditional Health Practices (ICTHP) Section Newsletter of APHA*, Section 3 (i).
3. **Sharma, M.** (2016, Spring). An interview with an MCHES. *NCHEC News*, 27(2), 7. Available from [www.nchec.org/news](http://www.nchec.org/news)
4. **Sharma, M.** (2014, Summer). Health benefits of turmeric: Need for more research. *Integrative, Complementary and Traditional Health Practices (ICTHP) Section Newsletter of APHA*. [Retrieved from <http://action.apha.org/site/DocServer/SummerICTHPNewsletter2014Final.pdf?docID=7321> ]
5. **Sharma, M.** (2013). Seven steps to help an overweight or obese patient. *GP Clinics*, 4(8), 25-28.
6. **Sharma, M.** (2013, Fall). Yoga and stress management *Alternative and Complementary Health Practices Section Newsletter of APHA*. [Retrieved from <http://action.apha.org/site/DocServer/EditedACHPFall2013.pdf?docID=6041> ]
7. **Sharma, M.** (2013, Spring). Use of yoga as a complementary therapy for cancer patients. *Alternative and Complementary Health Practices Section Newsletter of APHA*. [Retrieved from <http://action.apha.org/site/DocServer/EditedACHPSpring2013.pdf?docID=5321> ]
8. **Sharma, M.** (2013). Tips for managing anger within and dealing with an angry person. *GP Clinics*, 4(2), 37-40.
9. **Sharma, M.** (2013, Winter). Yoga as a complementary therapy for asthma. *Alternative and Complementary Health Practices Section Newsletter of APHA*. [Retrieved from [http://action.apha.org/site/DocServer/Edited\\_ACHP.pdf?docID=4641](http://action.apha.org/site/DocServer/Edited_ACHP.pdf?docID=4641) ]
10. **Sharma, M.** (2012). Five steps for anxiety management through ABCDE technique of Rational Emotive Therapy. *GP Clinics*, 3(9), 28-31.
11. **Sharma, M.** (2012). Tips for non-pharmacological relief of stress. *GP Clinics*, 3(6), 26-29.
12. **Sharma, M.** & Knowlden, A. P. (2012, Spring). Yoga as a complementary therapy for diabetes. *Alternative and Complementary Health Practices Section Newsletter of APHA*. [Retrieved from [http://action.apha.org/site/DocServer/EditedALT\\_Spring\\_2012.pdf?docID=2921](http://action.apha.org/site/DocServer/EditedALT_Spring_2012.pdf?docID=2921) ]
13. **Sharma, M.** (2012). Simplifying tobacco cessation: Role of GPs. *GP Clinics*, 3(3), 33-36.

14. Knowlden, A. P., & **Sharma, M.** (2012, Winter). Risk of automobile accident does not factor into college students' decision to text message while driving. *Public Health Education and Health Promotion Section Newsletter of American Public Health Association*. Retrieved from [http://action.apha.org/site/DocServer/PHEHP\\_Winter\\_2012\\_Final.pdf?docID=2201](http://action.apha.org/site/DocServer/PHEHP_Winter_2012_Final.pdf?docID=2201)
15. Knowlden, A. P., & **Sharma, M.** (2012, Winter). Targeting childhood obesity through parents. *Public Health Education and Health Promotion Section Newsletter of American Public Health Association*. Retrieved from [http://action.apha.org/site/DocServer/PHEHP\\_Winter\\_2012\\_Final.pdf?docID=2201](http://action.apha.org/site/DocServer/PHEHP_Winter_2012_Final.pdf?docID=2201)
16. **Sharma, M.** (2012). Seven steps for changing your patient's behaviour. [Preventive Medicine column]. *GP Clinics*, 3(1), 24-27.
17. **Sharma, M.** (2012, Winter). Yoga as an alternative or complementary therapy for hypertension. *Alternative and Complementary Health Practices Section Newsletter of APHA*. [Retrieved from [http://action.apha.org/site/DocServer/ALT\\_Winter\\_2012\\_Final.pdf?docID=1902](http://action.apha.org/site/DocServer/ALT_Winter_2012_Final.pdf?docID=1902) ]
18. **Sharma, M.** (2012). Try changing patient's behaviour for effective treatment [Preventive Medicine column]. *GP Clinics*, 2(11), 38-40.
19. Mehta, P., & **Sharma, M.** (2011, Spring). Stress and anxiety relief through a social cognitive theory based yoga program. *Alternative and Complementary Health Practices Section Newsletter of APHA*. [Retrieved from <http://www.apha.org/membergroups/newsletters/spignewsletters/alternat/Spring+2011/> ]
20. **Sharma, M.** & Mehta, P. (2010, Fall). Yoga as complementary therapy for depression. *Alternative and Complementary Health Practices Section Newsletter of APHA*. [Retrieved from <http://www.apha.org/membergroups/newsletters/spignewsletters/alternat/fall10/>]
21. **Sharma, M.** (2008, Spring). Yoga and arthritis. *Alternative and Complementary Health Practices Section Newsletter of APHA*. [Retrieved from <http://www.apha.org/membergroups/newsletters/spignewsletters/alternat/spring08/>]
22. **Sharma, M.** (2006, Fall). Kundalini yoga for smoking cessation. *Alternative and Complementary Health Practices Section Newsletter of APHA*, Article 9. [Retrieved from <http://www.apha.org/newsletterpub/index.cfm?fuseaction=newsletter&secid=26> ]
23. **Sharma, M.** (2003). Health-related applications of yoga. *E-Medicine Consumer Health*. pp. 1-7. [Retrieved from <http://www.emedicinehealth.com/fulltext/10795.htm>]
24. **Sharma, M.** (2001, Fall). An intensive approach to learning Kundalini Yoga. *Alternative and Complementary Health Practices SPIG APHA Newsletter*, 5-6. [Retrieved from: <http://www.apha.org/sections/newsletters/achpfall2001.htm#anchor1358716>]
25. **Sharma, M.** (2000, Fall). Kundalini Yoga Training. *Alternative and Complementary Health Practices SPIG APHA Newsletter*, 5-6.
26. Romas, J. A., & **Sharma, M.** (1994, Spring). A study of stress factors among undergraduate students at Mankato State University. *Mankato Statement, Mankato State University*, 21-24.
27. Romas, J. A., & **Sharma, M.** (1994, Winter). Quality circles in higher education. *Mankato Statement, Mankato State University*, 28-30.
28. Romas, J. A., & **Sharma, M.** (1993, Spring). Gestalt therapy for educators. *Mankato Statement, Mankato State University*, 33-35.
29. **Sharma, M.** (1992, March-April). Role of voluntary organizations in preventing heart disease. *Swasth Hind*, 36(3-4), 86-87.
30. **Sharma, M.** (1990, Dec.). Natural healing. *Health for the Millions*, 16(6), 51.
31. **Sharma, M.** (1990, August). The silent epidemic. *Health for the Millions*, 16(4), 34.
32. **Sharma, M.**, Manjunath, T.N., Wajih, S., & Prakash, S. (1990, August). The Basti tragedy. *Health for the Millions*, 16(4), 19-20.
33. **Sharma, M.** (1990, May). Participatory training in health. *People's Action*, 4(3), 25-27.
34. **Sharma, M.** (1989, June). Behavioral disorders in children. *Health for the Millions*, 15(3), 32-34.

35. **Sharma, M.** (1989, April). Sexually transmitted diseases: An overview. *Health for the Millions*, 15(2), 13-15.

## **F. Book reviews in peer-reviewed journals**

1. **Sharma, M.** (2016). Process evaluation for substance abuse practitioners. [Review of the book: Implementation, monitoring, & process evaluation]. *Journal of Alcohol and Drug Education*, 60(1), 81-83.
2. **Sharma, M.** (2016). Factor analysis for substance abuse researchers. [Review of the book: Making sense of factor analysis. The use of factor analysis for instrument development in health care research]. *Journal of Alcohol and Drug Education*, 60(1), 84-86.
3. **Sharma, M.** (2016). Epidemiology for behavioral sciences. [Review of the book Behavioral epidemiology: Principles and applications]. *Journal of Alcohol and Drug Education*, 60(1), 87-90.
4. **Sharma, M.** (2016). Rediscovering mindfulness in mental health promotion. [Review of the book: Mindfulness and Buddhist-derived approaches in mental health and addiction, 2016]. *PsycCRITIQUES*, 61(15), Article 8.
5. **Sharma, M.** (2015). Spiritual therapy for substance abuse. [Review of the book: Let your soul evolve. Spiritual growth for the new Millennium]. *Journal of Alcohol and Drug Education*, 59(1), 83-86.
6. **Sharma, M.** (2015). Research methods for substance abuse practitioners. [Review of the book: Real research. Research methods sociology students can use.] *Journal of Alcohol and Drug Education*, 59(1), 87-90.
7. **Sharma, M.** (2014). Mind-body connection for substance abuse treatment. [Review of the book: Mind-body health and healing. Using the power of the brain to prevent disease, reduce stress and slow aging]. *Journal of Alcohol and Drug Education*, 58(3), 88-90.
8. **Sharma, M.** (2014). Substance abuse for nurses. [Review of the book: Re-entry: A guide for nurses dealing with substance abuse disorder]. *Journal of Alcohol and Drug Education*, 58(2), 86-90.
9. **Sharma, M.** (2014). Power and addiction. [Review of the book: Power, powerlessness and addiction]. *Journal of Alcohol and Drug Education*, 58(1), 82-84.
10. **Sharma, M.** (2014). Understanding addiction medicine. [Review of the book: The therapist's guide to addiction medicine. A handbook for addiction counselors and therapists]. *Journal of Alcohol and Drug Education*, 58(1), 85-87.
11. **Sharma, M.** (2014). Understanding alcohol policy. [Review of the book: Alcohol. No ordinary commodity research and public policy]. *Journal of Alcohol and Drug Education*, 58(1), 88-90.
12. **Sharma, M.** (2013-2014). [Review of the book: How to change your drinking: A harm reduction guide to alcohol]. *International Quarterly of Community Health Education*, 34(2), 295-296.
13. **Sharma, M.** (2013). Substance abuse for counselors. [Review of the book: Substance abuse: Information for school counselors, social workers, therapists, and counselors]. *Journal of Alcohol and Drug Education*, 57(3), 86-88.
14. **Sharma, M.** (2013). Counseling for substance abuse. [Review of the book: Substance abuse counseling. Theory and practice]. *Journal of Alcohol and Drug Education*, 57(3), 89-91.
15. **Sharma, M.** (2013). Intoxication revealed. [Review of the book: Smashed! The many meanings of intoxication and drunkenness]. *Journal of Alcohol and Drug Education*, 57(2), 85-87.
16. **Sharma, M.** (2013). Facets of alcohol. [Review of the book: Alcohol: Its history, pharmacology and treatment]. *Journal of Alcohol and Drug Education*, 57(2), 88-90.

17. **Sharma, M.** (2013). Yoga and addiction recovery. [Review of the book: Yoga and the twelve-step path]. *Journal of Alcohol and Drug Education*, 57(1), 85-87.
18. **Sharma, M.** (2013). Facets of alcohol use and abuse. [Review of the book: Alcohol]. *Journal of Alcohol and Drug Education*, 57(1), 88-90.
19. **Sharma, M.** (2012). Treating alcohol and drug addictions. [Review of the book: Treating patients with alcohol and other drug problems: An integrated approach]. *Journal of Alcohol and Drug Education*, 56(2), 85-87.
20. **Sharma, M.** (2012). Impact of alcohol and drug addiction on brain. [Review of the book: Hijacking the brain. How drug and alcohol addiction hijacks our brains. The science behind Twelve Step recovery]. *Journal of Alcohol and Drug Education*, 56(2), 88-90.
21. **Sharma, M.** (2012). Continuing care in addiction. [Review of the book: Treating substance use disorders with adaptive continuing care]. *Journal of Alcohol and Drug Education*, 56(1), 83-85.
22. **Sharma, M.** (2012). Reinforcement-based treatment for alcohol and drug addictions. [Review of the book: Reinforcement-based treatment for substance use disorders. A comprehensive behavioral approach]. *Journal of Alcohol and Drug Education*, 56(1), 86-88.
23. **Sharma, M.** (2012). Cannabis cultivation. [Review of the book: Weed need and greed. A study of domestic cannabis cultivation]. *Journal of Alcohol and Drug Education*, 56(1), 89-90.
24. **Sharma, M.** (2012). Treating alcohol and drug addictions. [Review of the book: Treating patients with alcohol and other drug problems: An integrated approach] *Journal of Alcohol and Drug Education*, 56(1), 85-87.
25. **Sharma, M.** (2011). Addiction of opioids. [Review of the book: The insatiable gorge. An existentialist view of opiate addiction and its treatment]. *Journal of Alcohol and Drug Education*, 55(3), 88-90.
26. **Sharma, M.** (2011). Reducing alcohol problems. [Review of the book: Working together to reduce harmful drinking]. *Journal of Alcohol and Drug Education*, 55(3), 85-87.
27. **Sharma, M.** (2011). Origins of Alcoholics Anonymous in Europe. [Review of the book: Benign anarchy. Alcoholics Anonymous in Ireland]. *Journal of Alcohol and Drug Education*, 55(3), 82-84.
28. **Sharma, M.** (2010). Preventing substance abuse in youth. [Review of the book: Substance use among young people in urban environments]. *Journal of Alcohol and Drug Education*, 54(3), 87-89.
29. **Sharma, M.** (2010). Dimensions of research with high risk populations. [Review of the book: Research with high risk populations. Balancing science, ethics, and law]. *Journal of Alcohol and Drug Education*, 54(2), 85-87.
30. **Sharma, M.** (2010). Addiction to Methamphetamine. [Review of the book: Methamphetamine addiction. Biological foundations, psychological factors, and social consequences]. *Journal of Alcohol and Drug Education*, 54(2), 88-90
31. **Sharma, M.** (2009). Issues of substance abuse. [Review of the book: Substance use and abuse. Exploring alcohol and drug issues]. *Journal of Alcohol and Drug Education*, 53(3), 83-85.
32. **Sharma, M.** (2009). Burden of extreme drinking. [Review of the book: Swimming with crocodiles. The culture of extreme drinking]. *Journal of Alcohol and Drug Education*, 53(3), 86-88.
33. **Sharma, M.** (2009). Preventing drug abuse. [Review of the book Drug abuse concepts, prevention, and cessation]. *Journal of Alcohol and Drug Education*, 53(1), 89-91.

34. **Sharma, M.** (2008). Communicating about health. [Review of the book: Health communication: From theory to practice]. *Journal of Alcohol and Drug Education*, 52(3), 89-91.
35. **Sharma, M.** (2007-2008). International health. [Review of the book: An introduction to international health]. *International Quarterly of Community Health Education*, 28(1), 91-93.
36. **Sharma, M.** (2007). Role of drug dealers in substance abuse. [Review of the book: Pusher myths: Re-situating the drug dealer]. *Journal of Alcohol and Drug Education*, 51(4), 83-86.
37. **Sharma, M.** (2007). Policy for controlling tobacco. [Review of the book: Tobacco control policy]. *Journal of Alcohol and Drug Education*, 51(4), 87-90.
38. **Sharma, M.** (2007). Alcohol and Christianity. [Review of the book: Alcohol, addiction, and Christian ethics]. *Journal of Alcohol and Drug Education*, 51(2), 74-75.
39. **Sharma, M.** (2007). Drinking prototypes, programs and alliances. [Review of the book: Drinking in context. Patterns, interventions and partnerships]. *Journal of Alcohol and Drug Education*, 51(1), 86-89.
40. **Sharma, M.** (2006). Substance abuse in adolescents. [Review of the book: Adolescent substance abuse. Research and clinical advances]. *Journal of Alcohol and Drug Education*, 50(4), 88-91.
41. **Sharma, M.** (2006). Measurement and testing simplified. [Review of the book: Tests and measurement for people who (think they) hate tests and measurements]. *Journal of Alcohol and Drug Education*, 50(3), 81-84.
42. **Sharma, M.** (2006). Understanding cannabis dependence. [Review of the book: Cannabis dependence: Its nature, consequences, and treatment]. *Journal of Alcohol and Drug Education*, 50(3), 85-88.
43. **Sharma, M.** (2006). Alcohol and alcoholism handbook. [Review of the book: Loosening the grip: Handbook of alcohol information]. *Journal of Alcohol and Drug Education*, 50(1), 83-86.
44. **Sharma, M.** (2005). Corporate responsibility and alcohol. [Review of the book: *Corporate social responsibility and alcohol: The need and potential for partnership*]. *Journal of Alcohol and Drug Education*, 49(4), 85-88.
45. **Sharma, M.** (2005). Drug use in cultural contexts. [Review of the book: *Drug use and cultural contexts. "Beyond the West."*]. *International Quarterly of Community Health Education*, 23, 389-391.
46. **Sharma, M.** (2005). Anabolic steroids. [Review of the book: *Anabolic steroids and other performance enhancing drugs*]. *Journal of Alcohol and Drug Education*, 49(2), 89-90.
47. **Sharma, M.** (2004). Community based participatory research for health. [Review of the book *Community-based participatory research for health*]. *Journal of Alcohol and Drug Education*, 48(3), 85-88.
48. **Sharma, M.** (2003). Drugs in the United Kingdom. [Review of the book: *UK drugs unlimited. New research and policy lessons on illicit drug use*]. *International Quarterly of Community Health Education*, 21, 101-103.
49. **Sharma, M.** (2001). Drug problems in cross cultural contexts. [Review of the book: *Drug problems. Cross cultural policy and program development*]. *Journal of Alcohol and Drug Education*, 47(1), 60-63.
50. **Sharma, M.** (2000). Evaluation of health programs. [Review of the book: *The practice of health program evaluation*]. *Journal of Alcohol and Drug Education*, 46(1), 41-43.
51. **Sharma, M.** (1998). Empowerment Evaluation: Newer developments in participatory program evaluation [Review of the book: *Empowerment evaluation. Knowledge and tools for self-assessment and accountability*]. *International Quarterly of Community Health Education*, 17, 424-426.

## G. Chapters and sections

1. Ickes, M. J., McMullen, J., & **Sharma, M.** (2016). Environmental changes as part of multicomponent school-based obesity prevention interventions: A systematic qualitative review. In *Obesity Research*. Hong Kong, China: iConcept Press. ISBN:978-1-922227-67-6
2. Ickes, M. J., & **Sharma, M.** (2014). Status of nutrition education in school-based childhood obesity prevention programs. In *Obesity Epidemic*. Hong Kong, China: iConcept Press. ISBN: 978-1477554-96-8. Retrieved from <http://www.iconceptpress.com>
3. **Sharma, M.** (2013). Enhancing regularity in meditation using social cognitive theory. In A. M. Columbus (Ed.) *Advances in Psychology Research*. Volume 97. Hauppauge, New York: Nova Science Publishers. ISBN: 978-1-62618-804-4.
4. **Sharma, M.**, & Ickes, M. J. (2011). Behavioral interventions in preventing and treating obesity in adults. In V. R. Preedy, R. R. Watson, & C. R. Martin (Eds.) *Handbook of behavior, diet and nutrition*. (pp. 3343-3360). New York: Springer Publishing.
5. Ickes, M. J., & **Sharma, M.** (2010). Nutrition education in school-based childhood and adolescent obesity prevention programs. In I. R. Laidy (Ed.) *Nutritional education*. (pp. 69-89). New York: Nova Science Publishers. Also published in C. M Segal (Ed.) (2011). *Childhood obesity: Risk factors, health effects and prevention*. New York: Nova Science Publishers.
6. **Sharma, M.** (2010). United Nations Environment Programme. In S. I. Dutch (Ed.) *Encyclopedia of global warming*. pp. 1032-1034. Pasadena, CA: Salem Press.
7. **Sharma, M.** (2010). World Health Organization. In S. I. Dutch (Ed.) *Encyclopedia of global warming*. pp. 1094-1095. Pasadena, CA: Salem Press.
8. **Sharma, M.** (2009). Obesity prevention interventions in adults and children. In S. Kapoor & R. Sinha (Eds.) *Obesity: A multidimensional approach to contemporary global issue* (pp. 288-311). Delhi: Dhanraj Book House.
9. **Sharma, M.** (2009). Epidemiology. In A. Embar-Seddon & A. D. Pass (Eds.) *Forensic Science*. pp. 416-417. Pasadena, CA: Salem Press.
10. **Sharma, M.** (2009). Antipsychotics. In A. Embar-Seddon & A. D. Pass (Eds.) *Forensic Science*. pp. 62-63. Pasadena, CA: Salem Press.
11. Atri, A. & **Sharma, M.** (2008). Physical activity interventions in African American women. In J. P. Coulter (Ed.). *Progress in exercise and women's health research*. (pp. 177-192) New York: Nova Science Publishers. Also reproduced in: N. T. Ileweng & E. B. Parsons (Eds.). (2008). *Female African Americans and health research*. (pp. 139-154). New York: Nova Science Publishers.
12. **Sharma, M.** (2008). Qualitative research methods. In K. E. Berg & R. W. Latin, *Essentials of research methods in health, physical education, exercise science, and recreation*. (3<sup>rd</sup> ed.) pp. 245-258. Philadelphia: Lippincott.
13. **Sharma, M.** (2007). Larry Ford: American bioterrorist doctor. In C. L Bankston III (Ed.) *Greats lives from history: Notorious lives*. pp. 363-364. Pasadena, CA: Salem Press.
14. **Sharma, M.** (2007). Harold Shipman: British physician and serial killer. In C. L Bankston III (Ed.) *Greats lives from history: Notorious lives*. pp. 950-951. Pasadena, CA: Salem Press.
15. **Sharma, M.** (2004). Ethical Issues with Acquired Immunodeficiency Syndrome. In J. K. Roth (Ed.) *Ethics*. pp. 19-22. Pasadena, CA: Salem Press.
16. **Sharma, M.** (2004). UNESCO Declaration of the Human Genome and Human Rights. In J. K. Roth (Ed.) *Ethics*. pp. 1522-1523. Pasadena, CA: Salem Press.
17. **Sharma, M.** (2003). Coping: Strategies. In N. A. Pitrowski (Ed.) *Magill's encyclopedia of social science: Psychology*. pp. 442-446. Pasadena, CA: Salem Press.



18. **Sharma, M.** (2003). Coping: Chronic Illness. In N. A. Pitrowski (Ed.) *Magill's encyclopedia of social science: Psychology*. pp. 433-437. Pasadena, CA: Salem Press.
19. **Sharma, M.** (2002). Press in Bhutan. In D. DesJardins (Ed.). *World press encyclopedia*. (2<sup>nd</sup> ed.). pp. 104-105. Farmington Hills, MI: Gale Publishing.
20. **Sharma, M.** (2001). Education in Nepal. In R. Marlow-Ferguson (Ed). *World education encyclopedia. A survey of the educational systems worldwide*. (2<sup>nd</sup> ed.). pp. 939-947. Farmington Hills, MI: Gale Publishing.
21. **Sharma, M.** (2001). Education in Moldova. In R. Marlow-Ferguson (Ed). *World education encyclopedia. A survey of the educational systems worldwide*. (2<sup>nd</sup> ed.). pp. 891-898. Farmington Hills, MI: Gale Publishing.
22. **Sharma, M.** (2001). Education in Bhutan. In R. Marlow-Ferguson (Ed). *World education encyclopedia. A survey of the educational systems worldwide*. (2<sup>nd</sup> ed.). pp. 130-131. Farmington Hills, MI: Gale Publishing.
23. **Sharma, M.** & Huang J. (1997). Eschewing the fat (and the fiber?) In *City of Columbus & Franklin County 1995-96 community health risk assessment*. pp. 51-54. Columbus, OH: Columbus Health Department and the Franklin County Board of Health.
24. **Sharma, M.** & Huang J. (1997). Five a day our future. Children's nutrition. In *City of Columbus & Franklin County 1995-96 community health risk assessment*. pp. 82-85. Columbus, OH: Columbus Health Department and the Franklin County Board of Health.

#### **H. Published/Online, peer-reviewed abstracts**

1. **Sharma, M.**, & Lingam, V. (2017). A narrative review of utility of yoga for health benefits in older adults. *Proceedings of the American Public Health Association Annual Meeting, 145*, Session 4365. (Abstract available from: <https://apha.confex.com/apha/2017/meetingapp.cgi/Paper/370526>). To be presented in November 2017.
2. Lingam, V. Ghosh, S., Chandra, A., & **Sharma, M.** (2017). Evidence-based practice of yoga as an integrative treatment of bronchial asthma: A review. *Proceedings of the American Public Health Association Annual Meeting, 145*, Session 4365. (Abstract available from: <https://apha.confex.com/apha/2017/meetingapp.cgi/Paper/390957>). To be presented in November 2017.
3. Hayes, T., Bridges, L., & **Sharma, M.** (2017). Developing and validating an instrument to measure change in binge drinking to responsible drinking in college students using multi-theory model (MTM) of health behavior change *Proceedings of the American Public Health Association Annual Meeting, 145*, Session 4173. (Abstract available from: <https://apha.confex.com/apha/2017/meetingapp.cgi/Paper/371330>). To be presented in November 2017.
4. Jefferson, T., Addison, C., Knowlden, A., Payton, M., Jenkins, B., & **Sharma, M.** (2017). Association between sleep and obesity in African Americans in the Jackson Heart Study. *Proceedings of the American Public Health Association Annual Meeting, 145*, Session 4170. (Abstract available from: <https://apha.confex.com/apha/2017/meetingapp.cgi/Paper/380153>). To be presented in November 2017.
5. Blevins, T. & **Sharma, M.** (2017). Review of interventions for prevention of type 2 diabetes mellitus in adults. *Proceedings of the American Public Health Association Annual Meeting, 145*, Session 3357. (Abstract available from: <https://apha.confex.com/apha/2017/meetingapp.cgi/Paper/387267>). To be presented in November 2017.
6. Brown, L., & **Sharma, M.** (2017). Using multi theory model (MTM) of health behavior change to predict fruits and vegetables consumption among African American women. *Proceedings of the American Public Health Association Annual Meeting, 145*, Session 3248.

- (Abstract available from: <https://apha.confex.com/apha/2017/meetingapp.cgi/Paper/374280>). To be presented in November 2017.
7. Dawson, A., Mawasha, J. W., **Sharma, M.**, Perkins, F., & Welch, V. (2017). Community-based participatory evaluations of minority health efforts in Ohio. *Proceedings of the American Public Health Association Annual Meeting, 145*, Session 3211. (Abstract available from: <https://apha.confex.com/apha/2017/meetingapp.cgi/Paper/373329>). To be presented in November 2017.
  8. Asare, M., Morrow, G., **Sharma, M.**, Cole, C., Peppone, L., Lin, P. & Cammen, C. (2017). Evaluation of eating, physical activity and tobacco cessation behaviors among African American cancer survivors. *Proceedings of the American Public Health Association Annual Meeting, 145*, Session 3206. (Abstract available from: <https://apha.confex.com/apha/2017/meetingapp.cgi/Paper/380845>). To be presented in November 2017.
  9. Jefferson, T., & **Sharma, M.** (2017). A narrative review of association between sleep and obesity. *Proceedings of the American Public Health Association Annual Meeting, 145*, Session 2030. (Abstract available from: <https://apha.confex.com/apha/2017/meetingapp.cgi/Paper/376266>). To be presented in November 2017.
  10. Vaitinadin, N. S., Rosen, B. L., Ying, J., Wilson, B., & **Sharma, M.** (2017). Using an artificial intelligence (AI) approach, with the health belief model, to determine predictors for physical activity and screen time behaviors for childhood obesity prevention in a third world country. *Proceedings of the American Public Health Association Annual Meeting, 145*, Session 2027. (Abstract available from: <https://apha.confex.com/apha/2017/meetingapp.cgi/Paper/389718>). To be presented in November 2017.
  11. Xu, X., Rao, Y., Deng, S., Liu, S., Guo, J. J., **Sharma, M.**, Zhao, Y. (2016). Current smoking in pregnant women in five geographical areas of China: A cross-sectional survey. *The Lancet*, 388, S97 doi: [http://dx.doi.org/10.1016/S0140-6736\(16\)32024-4](http://dx.doi.org/10.1016/S0140-6736(16)32024-4)
  12. Xu, X., Rao, Y., **Sharma, M.**, & Zhao, Y. (2016). Behaviours in avoiding indoor exposure to second-hand smoke among pregnant women in five geographical areas of China: A cross-sectional study. *The Lancet*, 388, S98 doi: [http://dx.doi.org/10.1016/S0140-6736\(16\)32025-6](http://dx.doi.org/10.1016/S0140-6736(16)32025-6)
  13. **Sharma, M.**, Nahar, V. K., & Lingam, V. (2016). A systematic review of yoga interventions as alternative and complementary treatment in breast cancer. *Proceedings of the American Public Health Association Annual Meeting, 144*, Session 4357. (Abstract available from: <https://apha.confex.com/apha/144am/meetingapp.cgi/Paper/340157>)
  14. Knowlden, A. P. & **Sharma, M.** (2016). Program planning of the Men Conquering Obesity Using Reduced Dietary Intake, Increased Activity, and Goal-Based Education (M-COURAGE) randomized control trial. *Proceedings of the American Public Health Association Annual Meeting, 144*, Session. (Abstract available from: <https://apha.confex.com/apha/144am/meetingapp.cgi/Paper/342289> )
  15. Hayes, T., & **Sharma, M.** (2016). Using the multi-theory model for health behavior change to predict leisure time physical activity among African American women. *Proceedings of the American Public Health Association Annual Meeting, 144*, Session 3327. (Abstract available from: <https://apha.confex.com/apha/144am/meetingapp.cgi/Paper/346634>)
  16. Brown, L., & **Sharma, M.** (2016). Promoting fruits and vegetables consumption among African American women: A review of interventions. *Proceedings of the American Public Health Association Annual Meeting, 144*, Session 5007. (Abstract available from: <https://apha.confex.com/apha/144am/meetingapp.cgi/Paper/348391> )
  17. Bridges, L., **Sharma, M.**, Reese-Smith, J., Hayes, T., Cooper, G., Green, B., Lingam, V., Bennett, R., Buxbaum, S., & Lee, J. (2016). Using PRECEDE-PROCEED model to design and evaluate a suicide prevention and depression awareness intervention among African

- American college students. *Proceedings of the American Public Health Association Annual Meeting, 144*, Session 4173. (Abstract available from: <https://apha.confex.com/apha/144am/meetingapp.cgi/Paper/342870> )
18. Walker, T., **Sharma, M.**, Azevedo, M., Bennett, R., Buxbaum, S., & Lee, J. (2016). School climate and environmental predictors of tobacco, alcohol, and marijuana use in middle school students of Mississippi. *Proceedings of the American Public Health Association Annual Meeting, 144*, Session 5009. (Abstract available from: <https://apha.confex.com/apha/144am/meetingapp.cgi/Paper/344139> )
  19. Sartin, J., & **Sharma, M.** (2016). Interventions to reduce domestic violence witnessed by children: A systematic review. *Proceedings of the American Public Health Association Annual Meeting, 144*, Session 4171. (Abstract available from: <https://apha.confex.com/apha/144am/meetingapp.cgi/Paper/364527> )
  20. Dawson, A., Mawasha, J., **Sharma, M.**, Perkins, F., & Welch, V. (2016). Participatory evaluation of local offices of minority health in Ohio. *Proceedings of the American Public Health Association Annual Meeting, 144*, Session 3192. (Abstract available from: <https://apha.confex.com/apha/144am/meetingapp.cgi/Paper/340212> )
  21. Vaitinadin, N. S., Rosen, B. L., Ying, J., Wilson, B., & **Sharma, M.** (2016). Combining the health belief model with artificial neural networks to determine predictors for water consumption behavior towards childhood obesity prevention – An artificial intelligence approach at predictive modeling in health education. *Proceedings of the American Public Health Association Annual Meeting, 144*, Session 4172. (Abstract available from: <https://apha.confex.com/apha/144am/meetingapp.cgi/Paper/357182> )
  22. Lingam, V., & **Sharma, M.** (2016). Integrative and complementary fall prevention strategies in Parkinson's patients: A systematic review. *Proceedings of the American Public Health Association Annual Meeting, 144*, Session 4357. (Abstract available from: <https://apha.confex.com/apha/144am/meetingapp.cgi/Paper/355433> )
  23. Bridges, L., & **Sharma, M.** (2016). Efficacy of yoga as an alternative and complementary form of treatment for depression. *Proceedings of the American Public Health Association Annual Meeting, 144*, Session 4357. (Abstract available from: <https://apha.confex.com/apha/144am/meetingapp.cgi/Paper/368360> )
  24. **Sharma, M.**, Lingam, V., & Nahar, V. (2016). Yoga as an integrative therapy for breast cancer. The International Congress on Integrative Medicine and Health. *The Journal of Alternative and Complementary Medicine*, P05.67, A92. doi: 10.1089/acm.2016.29003.abstracts
  25. Xu, X., Zhu, R., **Sharma, M.**, & Zhao, Y. (2015). The influence of social media on sleep quality: A study of undergraduate students in Chongqing, China. [Abstract]. *Journal of Nursing & Care*, 4, 253-260. doi: 10.4172/2167-1168.1000253
  26. Xu, X., Zhu, R., **Sharma, M.**, Deng, S., Liu, S., Liu, D., & Zhao, Y. (2015). Smoking attitudes between smokers and non-smoker secondary school students in three geographic areas of China: A cross-sectional survey based on social cognitive theory. *The Lancet*, 386 (Suppl. 1), S 78. DOI: [http://dx.doi.org/10.1016/S0140-6736\(15\)00659-5](http://dx.doi.org/10.1016/S0140-6736(15)00659-5)  
Available from: <http://www.sciencedirect.com/science/article/pii/S0140673615006595>
  27. **Sharma, M.**, Haider, T., & Branscum, P. W. (2015). A systematic review of yoga interventions as alternative and complementary treatment in cardiovascular disease. *Proceedings of the American Public Health Association Annual Meeting, 143*, Session 3207. (Abstract available from: <https://apha.confex.com/apha/143am/webprogram/Paper316502.html> ).
  28. **Sharma, M.**, Khoury, B., Rush, S. E., & Fournier, C. (2015). A meta-analysis of mindfulness-based stress reduction (MBSR) interventions in healthy individuals. *Proceedings of the American Public Health Association Annual Meeting, 143*, Session 4375. (Abstract available from: <https://apha.confex.com/apha/143am/webprogram/Paper316237.html> ).

29. Bland, V., & **Sharma, M.** (2015). Physical activity interventions in African American women: A recent qualitative review. *Proceedings of the American Public Health Association Annual Meeting, 143, Session 4182.* (Abstract available from: <https://apha.confex.com/apha/143am/webprogram/Paper326345.html> ).
30. Hayes, T., & **Sharma, M.** (2015). Media interventions to prevent adolescent tobacco smoking: A systematic review *Proceedings of the American Public Health Association Annual Meeting, 143, Session 4183.* (Abstract available from: <https://apha.confex.com/apha/143am/webprogram/Paper325773.html> ).
31. Knowlden, A., & **Sharma, M.** (2015). Long-term treatment effects of the EMPOWER randomized control trial. *Proceedings of the American Public Health Association Annual Meeting, 143, Session 3283.* (Abstract available from: <https://apha.confex.com/apha/143am/webprogram/Paper316425.html> ).
32. Knowlden, A., **Sharma, M.** Harcrow, A., & Burns, M. (2015). Mental and spiritual health as correlates of sleep quality. *Proceedings of the American Public Health Association Annual Meeting, 143, Session 4374.* (Abstract available from: <https://apha.confex.com/apha/143am/webprogram/Paper316381.html> ).
33. Miller, G., **Sharma, M.**, Brown, D., & Shahbazi, M. (2015). Using social cognitive theory to predict intention to smoke in middle school students. *Proceedings of the American Public Health Association Annual Meeting, 143, Session 4181.* (Abstract available from: <https://apha.confex.com/apha/143am/webprogram/Paper326159.html> ).
34. Priest, H., Knowlden, A., **Sharma, M.**, & Hackman, C. (2015). Social cognitive theory predictors of HPV vaccination intentions among college women at a southeastern university. *Proceedings of the American Public Health Association Annual Meeting, 143, Session 4448.* (Abstract available from: <https://apha.confex.com/apha/143am/webprogram/Paper332251.html> ).
35. Rush, S.E., & **Sharma, M.** (2015). Systematic review of mindfulness-based stress reduction (MBSR) in cancer patients. *Proceedings of the American Public Health Association Annual Meeting, 143, Session 4375.* (Abstract available from: <https://apha.confex.com/apha/143am/webprogram/Paper317843.html> ).
36. Shahbazi, M., Sarraf, Z., Joulaei, H., **Sharma, M.**, Falsafi, N., & Ghaffari, P. (2015). Physical activities and health status of a community in transition: A case from southern Iran. *Proceedings of the American Public Health Association Annual Meeting, 143, Session 3102.* (Abstract available from: <https://apha.confex.com/apha/143am/webprogram/Paper330626.html> ).
37. Vaitinadin, N. S., Rosen, B., Ying, J., Wilson, B., & **Sharma, M.** (2015). Using health-belief model to predict childhood obesity prevention behaviors among elementary school age children in India. *Proceedings of the American Public Health Association Annual Meeting, 143, Session 4183.* (Abstract available from: <https://apha.confex.com/apha/143am/webprogram/Paper331725.html> ).
38. **Sharma, M.**, & Elmore, S. (2015). Needs assessment using social cognitive theory for planning childhood obesity intervention for African American children. *Published abstract in the Proceedings of the 13<sup>th</sup> Annual Hawaii International Conference on Education, p. 153.*
39. **Sharma, M.**, & Branscum, P. W. (2014). Systematic review of the role of yoga in improving pregnancy outcomes. *Proceedings of the American Public Health Association Annual Meeting, 142, Session 3200.* (Abstract available from: <https://apha.confex.com/apha/142am/webprogram/Paper296173.html> )
40. Rush, S. E., & **Sharma, M.** (2014). A systematic review of mindfulness-based stress reduction (MBSR) in healthy individuals. *Proceedings of the American Public Health Association Annual Meeting, 142, Session 5118.* (Abstract available from: <https://apha.confex.com/apha/142am/webprogram/Paper301425.html> )

41. Woodson, K. D., & **Sharma, M.** (2014). A systematic review of preventive interventions for HIV/AIDS in high-risk adults. *Proceedings of the American Public Health Association Annual Meeting, 142, Session 5020.* (Abstract available from: <https://apha.confex.com/apha/142am/webprogram/Paper297241.html> )
42. Rush, S. E., Knowlden, A., & **Sharma, M.** (2014). Social cognitive determinants of overweight and obesity in college students. *Proceedings of the American Public Health Association Annual Meeting, 142, Session 5021.* (Abstract available from: <https://apha.confex.com/apha/142am/webprogram/Paper300442.html> )
43. Knowlden, A., & **Sharma, M.** (2014). Sustainability of EMPOWER program intervention effects: 12 month follow-up. *Proceedings of the American Public Health Association Annual Meeting, 142, Session 3177.* (Abstract available from: <https://apha.confex.com/apha/142am/webprogram/Paper296034.html> )
44. Knowlden, A., & **Sharma, M.** (2014). Systematic review of complementary and alternative nutritional interventions for improving sleep. *Proceedings of the American Public Health Association Annual Meeting, 142, Session 4333.* (Abstract available from: <https://apha.confex.com/apha/142am/webprogram/Paper296119.html> )
45. **Sharma, M.**, Haider, T., & Knowlden, A. P. (2013). Yoga as an alternative and complementary treatment for cancer. *Proceedings of the American Public Health Association Annual Meeting, 141, Session 3077.* (Abstract available from: <https://apha.confex.com/apha/141am/webprogram/Paper275305.html> ).
46. Knowlden, A. P., **Sharma, M.**, Cottrell, R. R., Wilson, B. R. A., & Johnson, M. (2013). Impact evaluation of the enabling mothers to prevent pediatric obesity through web-based education and reciprocal determinism (EMPOWER) intervention. *Proceedings of the American Public Health Association Annual Meeting, 141, Session 4420.* (Abstract available from: <https://apha.confex.com/apha/141am/webprogram/Paper275314.html> ).
47. Knowlden, A. P., **Sharma, M.**, Cottrell, R. R., Wilson, B. R. A., & Johnson, M. (2013). Improving planning of Web-based community health interventions through human interaction and sense of community. *Proceedings of the American Public Health Association Annual Meeting, 141, Session 4023.* (Abstract available from: <https://apha.confex.com/apha/141am/webprogram/Paper275347.html> ).
48. Knowlden, A. P., Wilson, B. R. A., & **Sharma, M.** (2013). Physical activity measurement in health promotion and education research. *Proceedings of the American Public Health Association Annual Meeting, 141, Session 3280.* (Abstract available from: <https://apha.confex.com/apha/141am/webprogram/Paper275342.html> ).
49. Zhao, Y., **Sharma, M.**, Zhou, W., Ma, R., Xu, X., Xia, H., ...Zeng, H.. (2013). Nutritional attitudes of homosexual people living with human immunodeficiency virus in Chongqing, Southwest China: A cross-sectional study. *Proceedings of the American Public Health Association Annual Meeting, 141, Session 4359.* (Abstract available from: <https://apha.confex.com/apha/141am/webprogram/Paper282930.html> ).
50. Sampson, A., Bhojhibhoya, A., **Sharma, M.**, & Branscum, P. A. (2013). Exploring the relationship between emotional intelligence and sugar sweetened beverage consumption among a college population. *Proceedings of the American Public Health Association Annual Meeting, 141, Session 2045.* (Abstract available from: <https://apha.confex.com/apha/141am/webprogram/Paper287337.html> ).
51. Bhojhibhoya, A., Sampson, A., **Sharma, M.**, & Branscum, P. A. (2013). Examining the association between emotional intelligence and physical activity among college students. *Proceedings of the American Public Health Association Annual Meeting, 141, Session 2045.* (Abstract available from: <https://apha.confex.com/apha/141am/webprogram/Paper286359.html> ).
52. Branscum, P. A. & **Sharma, M.** (2013). Comparing the utility of the theory of planned behavior between boys and girls for predicting snack food consumption: Implications for

- practice. *Proceedings of the American Public Health Association Annual Meeting, 141, Session 2039*. (Abstract available from: <https://apha.confex.com/apha/141am/webprogram/Paper275446.html> ).
53. Branscum, P. A. & **Sharma, M.** (2013). Enhancing the effectiveness of school-based drug abuse prevention programs in high school students. *Proceedings of the American Public Health Association's Annual Meeting, 141, Session 4163*. (Abstract available from <https://apha.confex.com/apha/141am/webprogram/Paper275465.html> ) .
  54. **Sharma, M.**, & Branscum, P. (2013, May). Review of school-based drug abuse prevention programs in high school students. *Published abstract in the Proceedings of Global Addiction Conference 2013, Pisa, Italy*.
  55. Mehta, P., **Sharma, M.**, & Lee, R. (2013, January 2). Designing and evaluating a health belief model (HBM) based intervention to increase intent of human papilloma virus (HPV) vaccination among male youth. *Published abstract in the proceedings of 4<sup>th</sup> Annual Conference on the health risks of Youth, Costa Rica*.
  56. Knowlden, A. P. & **Sharma, M.** (2012, July). Using social cognitive theory to predict pediatric obesity prevention behaviors in mothers of preschoolers. Published abstract in the *CMR e-Journal. Official Journal of the International Chair on Cardiometabolic Risk, 5(1), 65*. (Paper presented at 3rd International Congress on Abdominal Obesity, Québec, Canada; Abstract available from: [http://www2.kenes.com/icao/timetable-and-scientific-program/Documents/CMReJournal\\_Vol5\\_Issue1.pdf](http://www2.kenes.com/icao/timetable-and-scientific-program/Documents/CMReJournal_Vol5_Issue1.pdf) )
  57. **Sharma, M.** & Knowlden, A. (2012). Role of yoga in preventing and controlling Type 2 diabetes. *Proceedings of the American Public Health Association's Annual Meeting, USA, 140, Session 3078*. (Abstract available from: <https://apha.confex.com/apha/140am/webprogram/Paper254284.html> )
  58. Knowlden, A., & **Sharma, M.** (2012). Improving web-based alcohol behavior interventions targeting college students: Assessment of process evaluation. *Proceedings of the American Public Health Association's Annual Meeting, USA, 140, Session 3076*. (Abstract available from: <https://apha.confex.com/apha/140am/webprogram/Paper258732.html>)
  59. Knowlden, A., **Sharma, M.**, & Broadway, E. (2012). Health belief model as a theoretical framework for predicting the sleep behavior of full time employees. *Proceedings of the American Public Health Association's Annual Meeting, USA, 140, Session 2046*. (Abstract available from: <https://apha.confex.com/apha/140am/webprogram/Paper256056.html> )
  60. Dai, C., & **Sharma, M.** (2012). Between inhalation and exhalation: Yoga as an alternative or complementary intervention for smoking cessation. *Proceedings of the American Public Health Association's Annual Meeting, USA, 140, Session 2062*. (Abstract available from: <https://apha.confex.com/apha/140am/webprogram/Paper254524.html> )
  61. Knowlden, A., Ickes, M., & **Sharma, M.** (2012). Systematic analysis of smoking cessation interventions implemented in worksite settings. *Proceedings of the American Public Health Association's Annual Meeting, USA, 140, Session 3272*. (Abstract available from: <https://apha.confex.com/apha/140am/webprogram/Paper255910.html> )
  62. Claros, E., & **Sharma, M.** (2012). Relationship between emotional intelligence and use of alcohol, marijuana, and tobacco. *Proceedings of the American Public Health Association's Annual Meeting, USA, 140, Session 3385*. (Abstract available from: <https://apha.confex.com/apha/140am/webprogram/Paper254533.html> )
  63. Knowlden, A., **Sharma, M.**, & Farrell, L. (2012). Maternal-mediated social cognitive theory predictors of pediatric obesity. *Proceedings of the American Public Health Association's Annual Meeting, USA, 140, Session 4143*. (Abstract available from: <https://apha.confex.com/apha/140am/webprogram/Paper254349.html> )
  64. Branscum, P., **Sharma, M.**, Wang, L. L., Wilson, B., & Guylar, L. (2012). A true challenge for any superhero: The impact of a comic book child obesity prevention program. *Proceedings of the American Public Health Association's Annual Meeting, USA, 140, Session*

4375. (Abstract available from:  
<https://apha.confex.com/apha/140am/webprogram/Paper255496.html> )
65. Knowlden, A., **Sharma, M.**, & Bernard, A. (2012, March). Path analysis model for predicting sleep intentions and behaviors. *Proceedings of the 2012 National Convention of the Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) in Boston, MA.* (Abstract Available from:  
<http://aahperd.confex.com/aahperd/2012/webprogram/Paper16783.html> ) [Paper accepted but conference cancelled due to power outage]
  66. Haider, T. L., **Sharma, M.**, & Bernard, A. (2012, March). Predicting physical activity in South Asian college students. *Proceedings of the 2012 National Convention of the Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) in Boston, MA.* (Abstract Available from:  
<http://aahperd.confex.com/aahperd/2012/webprogram/Paper16713.html> ) [Paper accepted but conference cancelled due to power outage]
  67. **Sharma, M.** (2011). Yoga as a nonpharmacological alternative or complementary therapy for hypertension. *Proceedings of the American Public Health Association's Annual Meeting, USA, 139, Session 3083.* (Abstract available from:  
<http://apha.confex.com/apha/139am/webprogram/Paper235403.html> )
  68. Mehta, P., & **Sharma, M.** (2011). Predictors of HPV vaccination in African American minority college men. *Proceedings of the American Public Health Association's Annual Meeting, USA, 139, Session 3091.* (Abstract available from:  
<http://apha.confex.com/apha/139am/webprogram/Paper237482.html> )
  69. Mehta, P., & **Sharma, M.** (2011). Predictors of HPV vaccination in gay and bisexual college men. *Proceedings of the American Public Health Association's Annual Meeting, USA, 139, Session 4052.* (Abstract available from:  
<http://apha.confex.com/apha/139am/webprogram/Paper237741.html> )
  70. Asare, M., & **Sharma, M.** (2011). Using the health belief model and acculturation to predict safer sexual behavior and sexual communication among African immigrants in the State of Ohio. *Proceedings of the American Public Health Association's Annual Meeting, USA, 139, Session 3350.* (Abstract available from:  
<http://apha.confex.com/apha/139am/webprogram/Paper235888.html> )
  71. Branscum, P. W., & **Sharma, M.** (2011). Improving the effectiveness of mental health promotion programs aimed towards children and adolescents. *Proceedings of the American Public Health Association's Annual Meeting, USA, 139, Session 3403.* (Abstract available from:  
<http://apha.confex.com/apha/139am/webprogram/Paper235438.html> )
  72. Branscum, P. W., Mehra, R., & **Sharma, M.** (2011). A needs assessment of Indian factory workers to design acceptable and feasible worksite wellness initiatives for reducing the burden of cardiovascular diseases. *Proceedings of the American Public Health Association's Annual Meeting, USA, 139, Session 4347.* (Abstract available from:  
<http://apha.confex.com/apha/139am/webprogram/Paper237465.html> )
  73. Kanekar, A., **Sharma, M.** & Atri, A. (2011). Sense of coherence and hardiness as predictors of mental health in college students. *Proceedings of the American Public Health Association's Annual Meeting, USA, 139, Session 3405.* (Abstract available from:  
<http://apha.confex.com/apha/139am/webprogram/Paper235052.html> )
  74. Bailey, A., & **Sharma, M.** (2011). Traumatic stress, social support, cognitive appraisal, and resiliency among Black women experiencing gun violence loss. *Proceedings of the American Public Health Association's Annual Meeting, USA, 139, Session 3421.* (Abstract available from:  
<http://apha.confex.com/apha/139am/webprogram/Paper238989.html> )
  75. Jones, C., & **Sharma, M.** (2011). Examining racial differences in knowledge and attitudes of diabetes management in newly diagnosed Type 2 diabetes patients. *Proceedings of the*

- American Public Health Association's Annual Meeting, USA, 139, Session 4014.* (Abstract available from: <http://apha.confex.com/apha/139am/webprogram/Paper234805.html> )
76. Mehta, P., & **Sharma, M.** (2011). Internet and cell phone based physical activity interventions in adults. *Published abstract in the Health and Wellbeing – the 21st Century Agenda Conference of the Royal Society for Public Health, London, U.K.*
  77. Mehta, P., & **Sharma, M.** (2011). Social cognitive theory based prediction of leisure time physical activity and dietary behaviors among middle aged Asian Indian women. Published abstract in the *CMR e-Journal. Official Journal of the International Chair on Cardiometabolic Risk*, 4(1), 127. (Paper presented in Buenos Aires, Argentina)
  78. Mehta, P., & **Sharma, M.** (2011). Internet and cell phone based physical activity interventions in adults. Published abstract in the *CMR e-Journal. Official Journal of the International Chair on Cardiometabolic Risk*, 4(1), 127. (Paper presented in Buenos Aires, Argentina)
  79. **Sharma, M.**, & Mehta, P. (2010). Yoga as a complementary therapy for clinical depression. *Proceedings of the American Public Health Association's Annual Meeting, USA, 138, Session 3074.* (Abstract available from: <http://apha.confex.com/apha/138am/webprogram/Paper214049.html> )
  80. Mehta, P., & **Sharma, M.** (2010). Evaluation of a social cognitive theory based yoga intervention to reduce anxiety. *Proceedings of the American Public Health Association's Annual Meeting, USA, 138, Session 3185.* (Abstract available from: <http://apha.confex.com/apha/138am/webprogram/Paper214050.html> )
  81. Mehta, P., & **Sharma, M.** (2010). Using social cognitive theory to predict leisure time physical activity and dietary behaviors among middle aged Asian Indian women. *Proceedings of the American Public Health Association's Annual Meeting, USA, 138, Session 3256.* (Abstract available from: <http://apha.confex.com/apha/138am/webprogram/Paper213849.html> )
  82. Branscum, P. W., & **Sharma, M.** (2010). Current intervention strategies aimed at prevention of adolescent obesity. *Proceedings of the American Public Health Association's Annual Meeting, USA, 138, Session 3256.* (Abstract available from: <http://apha.confex.com/apha/138am/webprogram/Paper214044.html> )
  83. Branscum, P. W., & **Sharma, M.** (2010). Using theory of planned behavior to predict snack food consumption among upper elementary school children. *Proceedings of the American Public Health Association's Annual Meeting, USA, 138, Session 4186.* . (Abstract available from: <http://apha.confex.com/apha/138am/webprogram/Paper214043.html> )
  84. Kanekar, A., & **Sharma, M.** (2010). Determinants and interventions for safer sex behaviors among college students. *Proceedings of the American Public Health Association's Annual Meeting, USA, 138, Session 3277.* (Abstract available from: <http://apha.confex.com/apha/138am/webprogram/Paper213754.html> )
  85. Knowlden, A., & **Sharma, M.** (2010). Theory of Planned Behavior based predictors of sleep behaviors and intentions in undergraduate college students. *Proceedings of the American Public Health Association's Annual Meeting, USA, 138, Session 3360.* (Abstract available from: <http://apha.confex.com/apha/138am/webprogram/Paper213719.html> )
  86. Mehta, P., & **Sharma, M.** (2010). Predictors of HPV vaccine acceptability in college men 18-24 years old. *Proceedings of the American Public Health Association's Annual Meeting, USA, 138, Session 3361.* (Abstract available from: <http://apha.confex.com/apha/138am/webprogram/Paper213844.html> )
  87. Asare, M., & **Sharma, M.** (2010). Interventions for HIV/AIDS prevention in African Americans. *Proceedings of the American Public Health Association's Annual Meeting, USA, 138, Session 3361.* (Abstract available from: <http://apha.confex.com/apha/138am/webprogram/Paper214736.html> )



88. Knowlden, A., & **Sharma, M.** (2010). Enhancing effectiveness of community-based mammography interventions targeting African American women. *Proceedings of the American Public Health Association's Annual Meeting, USA, 138, Session 5000.* (Abstract available from: <http://apha.confex.com/apha/138am/webprogram/Paper213724.html> )
89. Mehta, P., & **Sharma, M.** (2010). Internet and cell phone based smoking cessation programs among adolescents. *Proceedings of the American Public Health Association's Annual Meeting, USA, 138, Session 5001.* (Abstract available from: <http://apha.confex.com/apha/138am/webprogram/Paper213872.html> )
90. Kanekar, A., & **Sharma, M.** (2010). Social cognitive theory –based predictors of safer sex in college students: A Northeastern state university experience. *Proceedings of the American Public Health Association's Annual Meeting, USA, 138, Session 5130.* (Abstract available from: <http://apha.confex.com/apha/138am/webprogram/Paper213758.html> )
91. Mehta, P., & **Sharma, M.** (2010). Using social cognitive theory to predict leisure time physical activity and dietary behaviors among middle aged Asian Indian women. *Published abstract in the Proceedings of 6<sup>th</sup> Annual International Conference on Kinesiology and Exercise Sciences, Athens, Greece.*
92. **Sharma, M.** (2009, November 19). Dietary education in school-based childhood obesity prevention programs. *Published abstract in Funsalud's Forum on Child Obesity Interventions, Mexico City, Mexico.*
93. **Sharma, M.,** & Atri, A. (2009). Social cognitive theory driven yoga intervention as a complementary therapy for clinical depression. *Proceedings of the American Public Health Association's Annual Meeting, USA, 137, Session 3075.* (Abstract available from: <http://apha.confex.com/apha/137am/webprogram/Paper191828.html> )
94. Yeramaneni, S., Akula, N., & **Sharma, M.** (2009). A web-based intervention using social cognitive theory for unsafe drinking among Asian Indian international college students. *Proceedings of the American Public Health Association's Annual Meeting, USA, 137, Session 3073.* (Abstract available from: <http://apha.confex.com/apha/137am/webprogram/Paper192156.html> )
95. Yeramaneni, S., & **Sharma, M.** (2009). Predictors of alcohol use and binge drinking among college athletes using social cognitive theory. *Proceedings of the American Public Health Association's Annual Meeting, USA, 137, Session 3073.* (Abstract available from: <http://apha.confex.com/apha/137am/webprogram/Paper192155.html> )
96. Ickes, M., & **Sharma, M.** (2009). Predictors of behaviors related to obesity using the theory of planned behavior in middle school students. *Proceedings of the American Public Health Association's Annual Meeting, USA, 137, Session 3264.* (Abstract available from: <http://apha.confex.com/apha/137am/webprogram/Paper194152.html> )
97. Kanekar, A., & **Sharma, M.** (2009). Social cognitive theory-based predictors of safer sex among African-American college students. *Proceedings of the American Public Health Association's Annual Meeting, USA, 137, Session 3401.* (Abstract available from: <http://apha.confex.com/apha/137am/webprogram/Paper191873.html> )
98. Kanekar, A., & **Sharma, M.** (2009). Review of qualitative studies related to safer sex among college students and adolescents: Directions for research. *Proceedings of the American Public Health Association's Annual Meeting, USA, 137, Session 3080.* (Abstract available from: <http://apha.confex.com/apha/137am/webprogram/Paper191875.html> )
99. Branscum, P. W., & **Sharma, M.** (2009). Lessons from motivational interviewing based interventions targeting problematic drinking among college students. *Proceedings of the American Public Health Association's Annual Meeting, USA, 137, Session 4241.* (Abstract available from: <http://apha.confex.com/apha/137am/webprogram/Paper194134.html> )
100. Branscum, P. W., & **Sharma, M.** (2009). Predictors of snack food consumption among children using social cognitive theory: Implications for health promoting interventions. *Proceedings of the American Public Health Association's Annual Meeting, USA, 137, Session*

3172. (Abstract available from:  
<http://apha.confex.com/apha/137am/webprogram/Paper194136.html> )
101. Asare, M., & **Sharma, M.** (2009). Using Theory of Planned Behavior to predict safer sex behavior among Ghanaian immigrants in a Midwestern metropolitan area. *Proceedings of the American Public Health Association's Annual Meeting, USA, 137, Session 3079.* (Abstract available from: <http://apha.confex.com/apha/137am/webprogram/Paper192021.html> )
  102. Yung, B., Leahy, P., Fischer, R., Deason, L., Clasen, C., & **Sharma, M.** (2008, November 6). Collaborative evaluation policy development with a state Office of Minority Health. Paper presented at Evaluation 2008 conference by American Evaluation Association, Denver, CO. (Abstract available from:  
<http://www.eval.org/search08/session.asp?sessionid=9048&presenterid=2039> )
  103. **Sharma, M.** (2008). Social cognitive theory driven yoga intervention as a complementary therapy for osteoarthritis of the knees. *Proceedings of the American Public Health Association's Annual Meeting, USA, 136, Session 3075.* (Abstract available from:  
<http://apha.confex.com/apha/136am/webprogram/Paper167593.html> )
  104. Kanekar, A., **Sharma, M.**, & Atri, A. (2008). Enhancing social support, hardiness, and acculturation to improve mental health among Asian Indian International students. *Proceedings of the American Public Health Association's Annual Meeting, USA, 136, Session 5025.* (Abstract available from:  
<http://apha.confex.com/apha/136am/webprogram/Paper167594.html> )
  105. Canavera, M., **Sharma, M.**, & Murnan, J. (2008). Pilot-testing a social cognitive theory-based intervention to prevent childhood obesity. *Proceedings of the American Public Health Association's Annual Meeting, USA, 136, Session 3081.* (Abstract available from:  
<http://apha.confex.com/apha/136am/webprogram/Paper167592.html> )
  106. Yeramani, S., **Sharma, M.**, & Wagner, D. I. (2008). Predictors of alcohol use and binge drinking using social cognitive theory among Asian Indian international college students. *Proceedings of the American Public Health Association's Annual Meeting, USA, 136, Session 3074.* (Abstract available from:  
<http://apha.confex.com/apha/136am/webprogram/Paper171033.html> )
  107. Atri, A., & **Sharma, M.** (2008). Psychoeducation: Wider implications for the field of mental health. *Proceedings of the American Public Health Association's Annual Meeting, USA, 136, Session 4366.* (Abstract available from:  
<http://apha.confex.com/apha/136am/webprogram/Paper170379.html> )
  108. Ickes, M., & **Sharma, M.** (2008). Using Theory of Planned Behavior to predict childhood obesity prevention behaviors. *Published abstract in the Proceedings of the American School Health Association's 82<sup>nd</sup> Annual Meeting, USA.*
  109. **Sharma, M.**, & Corbin, D. E. (2007). Lessons from evaluating a yoga-based behavioral intervention for smoking cessation. *Proceedings of the American Public Health Association's Annual Meeting, USA, 135, Session 2041.* (Abstract Available from:  
[http://apha.confex.com/apha/135am/techprogram/paper\\_145398.htm](http://apha.confex.com/apha/135am/techprogram/paper_145398.htm) ).
  110. Fahrenwald, N., Belitz, C., Keckler, A., & **Sharma, M.** (2007). Changes in stage of readiness after exposure to "Sharing the Gift of Life." *Proceedings of the American Public Health Association's Annual Meeting, USA, 135, Session 3065.* (Abstract Available from:  
[http://apha.confex.com/apha/135am/techprogram/paper\\_151301.htm](http://apha.confex.com/apha/135am/techprogram/paper_151301.htm) ).
  111. Canavera, M., **Sharma, M.**, & Murnan, J. (2007). Pilot-testing a social cognitive theory-based intervention to prevent childhood obesity. Published abstract of the Annual Meeting of American Dietetic Association, *Journal of American Dietetic Association, 107* (Suppl. 3), A94.
  112. Rodríguez-Díaz, C. E., **Sharma, M.**, & Santos-Ortiz, M. C. (2007, June). Peer-to-peer model: Promoting health in correctional facilities. *Proceedings of the 19th International Union for Health Promotion & Education's (IUHPE) World Conference on Health Promotion*

- and Health Education, Vancouver, Canada. (Abstract available from: [http://www.uhpeconference.org/en/conference/abstract\\_view.php?ID=329168](http://www.uhpeconference.org/en/conference/abstract_view.php?ID=329168) ).
113. Hossain, N. M., **Sharma, M.**, Hasan, F., & Rahman, M. (2007, March). Infant mortality rate and international aid agencies assistance: A multi country evaluation of accomplishments in South Asia. *Published abstract in the Proceedings of the 11<sup>th</sup> Annual Scientific Conference organized by International Center for Diarrhoeal Disease Research, Dhaka, Bangladesh*, p.158.
  114. **Sharma, M.**, & Corbin, D. E. (2006). Testing a social cognitive theory based behavioral intervention of yoga for smoking cessation. *Proceedings of the American Public Health Association's Annual Meeting, USA, 134, Session 4085*. (Abstract Available from: [http://apha.confex.com/apha/134am/techprogram/paper\\_122787.htm](http://apha.confex.com/apha/134am/techprogram/paper_122787.htm)).
  115. **Sharma, M.** (2006). Designing a culturally-appropriate obesity prevention program for South Asian Americans. *Proceedings of the American Public Health Association's Annual Meeting, USA, 134, Session 3365*. (Abstract Available from: [http://apha.confex.com/apha/134am/techprogram/paper\\_123799.htm](http://apha.confex.com/apha/134am/techprogram/paper_123799.htm)).
  116. **Sharma, M.** & Wagner, D. I. (2006). Developing and testing an instrument to evaluate childhood obesity prevention interventions based on social cognitive theory. *Proceedings of the American Public Health Association's Annual Meeting, USA, 134, Session 4190*. (Abstract Available from: [http://apha.confex.com/apha/134am/techprogram/paper\\_123864.htm](http://apha.confex.com/apha/134am/techprogram/paper_123864.htm)).
  117. Canavera, M., **Sharma, M.**, & Murnan, J. (2006). Universal elementary school-based interventions to prevent childhood obesity. *Proceedings of the American Public Health Association's Annual Meeting, USA, 134, Session 4260*. (Abstract Available from: [http://apha.confex.com/apha/134am/techprogram/paper\\_123866.htm](http://apha.confex.com/apha/134am/techprogram/paper_123866.htm)).
  118. Atri, A., **Sharma, M.**, & Cottrell, R. (2006). Social support, hardiness and acculturation: Predictors of mental health of international students of Asian Indian origin in two large Midwestern Universities. *Proceedings of the American Public Health Association's Annual Meeting, USA, 134, Session 3375*. (Abstract Available from: [http://apha.confex.com/apha/134am/techprogram/paper\\_130042.htm](http://apha.confex.com/apha/134am/techprogram/paper_130042.htm)).
  119. Fahrenwald, N., Belitz, C., Keckler, A., & **Sharma, M.** (2006). Design and expert evaluation of Waki' unpi Wiconi: Sharing the gift of life. *Proceedings of the American Public Health Association's Annual Meeting, USA, 134, Session 3423*. (Abstract Available from: [http://apha.confex.com/apha/134am/techprogram/paper\\_123766.htm](http://apha.confex.com/apha/134am/techprogram/paper_123766.htm)).
  120. Fahrenwald, N., Belitz, C., & **Sharma, M.** (2006). "Waki unpi Wiconi" Sharing the gift of life. *Proceedings of the American Public Health Association's Annual Meeting, USA, 134, Session 3143*. (Abstract Available from: [http://apha.confex.com/apha/134am/techprogram/paper\\_144931.htm](http://apha.confex.com/apha/134am/techprogram/paper_144931.htm) ).
  121. **Sharma, M.**, Fischer, R. L., Clasen, C. M., Leahy, P. J., Yung, B. R., Deason, L. M., & Perkins, F. (2006). Developing a culturally competent evaluation model for minority health projects in Ohio. *Proceedings of the American Public Health Association's Annual Meeting, USA, 134, Session 3369*. (Abstract Available from: [http://apha.confex.com/apha/134am/techprogram/paper\\_123867.htm](http://apha.confex.com/apha/134am/techprogram/paper_123867.htm)).
  122. **Sharma, M.** (2006, August 23). Global elementary school-based interventions to prevent childhood obesity. *Published abstract in the 11<sup>th</sup> World Congress on Public Health meeting held at Rio De Janeiro, Brazil*.
  123. Deason, L., Baker, M., Clasen, C., Fischer, R., Leahy, P., Perkins, F. **Sharma, M.**, & Yung, B., (2006, May 24). A culturally competent evaluation model for addressing health disparities in ethnically diverse minority populations. *Published abstract in the Proceedings of the 24<sup>th</sup> Annual Directors of Health Promotion and Education/Centers for Disease Control and Prevention, National Conference on Health Education and Health Promotion, Crystal City, VA*.

124. Fahrenwald, N. L., Belitz, C., & **Sharma, M.** (2006, April 3). Design and expert evaluation of Waki' unpi Wiconi: Sharing the gift of life. *Published abstract in the Proceedings of Midwest Nursing Research Society's 30<sup>th</sup> Annual Meeting, Milwaukee, WI, USA.*
125. Yung, B., **Sharma, M.**, Baker, M., Clasen, C., Deason, L., Fischer, R., Leahy, P., & Perkins, F. (2006, January 9). Developing a culturally-competent and practically-feasible model for minority specific health interventions. *Published abstract in the Proceedings of the National Leadership Summit on Eliminating Racial and Ethnic Disparities in Health, Washington, D.C.*
126. **Sharma, M.**, Wagner, D. I., & Wilkerson, J. (2005). Predicting childhood obesity prevention behaviors using social cognitive theory. *Proceedings of the American Public Health Association's Annual Meeting, USA, 133, Session 3346.* (Abstract Available from: [http://apha.confex.com/apha/133am/techprogram/paper\\_96911.htm](http://apha.confex.com/apha/133am/techprogram/paper_96911.htm)).
127. **Sharma, M.** (2005). Using social cognitive theory to develop an innovative yoga-based intervention for smoking cessation. *Proceedings of the American Public Health Association's Annual Meeting, USA, 133, Session 4079.* (Abstract Available from: [http://apha.confex.com/apha/133am/techprogram/paper\\_96681.htm](http://apha.confex.com/apha/133am/techprogram/paper_96681.htm)).
128. Wagner, D. I., & **Sharma, M.** (2005, October 20). Utilizing social cognitive theory to design childhood obesity prevention interventions. *Published abstract in the Proceedings of the American School Health Association's 79<sup>th</sup> Annual Meeting, Burbank, CA.*
129. **Sharma, M.**, & Stacy, R. (2004). Needs assessment in Asian American community regarding participation in tobacco prevention efforts. *Proceedings of the American Public Health Association's Annual Meeting, USA, 132, Session 3356.* (Abstract Available from: [http://apha.confex.com/apha/132am/techprogram/paper\\_76546.htm](http://apha.confex.com/apha/132am/techprogram/paper_76546.htm)).
130. **Sharma, M.**, & Rowe, B. T. (2004). Testing a yoga-based behavioral intervention as a complementary therapy for arthritis. *Proceedings of the American Public Health Association's Annual Meeting, USA, 132, Session 4105.* (Abstract Available from: [http://apha.confex.com/apha/132am/techprogram/paper\\_76139.htm](http://apha.confex.com/apha/132am/techprogram/paper_76139.htm)).
131. **Sharma, M.**, & Deepak, S. (2004). Reifying capability theory for research in disability and rehabilitation. *Proceedings of the American Public Health Association's Annual Meeting, USA, 132, Session 4127.* (Abstract Available from: [http://apha.confex.com/apha/132am/techprogram/paper\\_76549.htm](http://apha.confex.com/apha/132am/techprogram/paper_76549.htm)).
132. Fahrenwald, N. L., Belitz, C., Keckler, A., & **Sharma, M.** (2004). A culturally competent intervention to increase organ, eye, and tissue donation on South Dakota Indian reservations. *Proceedings of the American Public Health Association's Annual Meeting, USA, 132, Session 5137.* (Abstract Available from: [http://apha.confex.com/apha/132am/techprogram/paper\\_78531.htm](http://apha.confex.com/apha/132am/techprogram/paper_78531.htm)).
133. **Sharma, M.** (2003). Using social cognitive theory to develop an Internet-based yoga intervention for sustenance of yoga-related behaviors. *Proceedings of the American Public Health Association's Annual Meeting, USA, 131, Session 4107.* (Abstract Available from: [http://apha.confex.com/apha/131am/techprogram/paper\\_53194.htm](http://apha.confex.com/apha/131am/techprogram/paper_53194.htm)).
134. Greer, D. & **Sharma, M.** (2003). Recreational trails and community livability: An investigation of three urban trails. *Presented at the 2<sup>nd</sup> International Conference on Urban Health in New York City on October 16, 2003.*
135. Creighton, C., & **Sharma, M.** (2002). Participatory formative evaluation of health education efforts for infant mortality reduction in African American community in the mid west. *Proceedings of the American Public Health Association's Annual Meeting, USA, 130, Session 3154.* (Abstract available from [http://apha.confex.com/apha/130am/techprogram/paper\\_44545.htm](http://apha.confex.com/apha/130am/techprogram/paper_44545.htm)).
136. Drent, A., & **Sharma, M.** (2002). Survey of knowledge, attitudes and practices of complementary and alternative systems of medicine and health among older adults. *Proceedings of the American Public Health Association's Annual Meeting, USA, 130, Session*

3140. (Abstract available from [http://apha.confex.com/apha/130am/techprogram/paper\\_34689.htm](http://apha.confex.com/apha/130am/techprogram/paper_34689.htm))
137. Kaiser, M. M., Hays, B. J., & **Sharma, M.** (2002). Psychosocial factors affecting transition to motherhood in first time pregnant adolescents. *Proceedings of the American Public Health Association's Annual Meeting, USA, 130, Session 5050.* (Abstract available from [http://apha.confex.com/apha/130am/techprogram/paper\\_35547.htm](http://apha.confex.com/apha/130am/techprogram/paper_35547.htm))
138. Sargent, L., **Sharma, M.**, & Stacy, R. D. (2002). Role of social support and self-efficacy in influencing moderate leisure time physical activity among African American women. *Proceedings of the American Public Health Association's Annual Meeting, USA, 130, Session 4069.* (Abstract available from [http://apha.confex.com/apha/130am/techprogram/paper\\_35421.htm](http://apha.confex.com/apha/130am/techprogram/paper_35421.htm))
139. **Sharma, M.**, Bouda, D., Musser, A., & Holloway, A. (2002). Comparative analysis of two delivery modalities of yoga for health promotion among adults. *Proceedings of the American Public Health Association's Annual Meeting, USA, 130, Session 3140.* (Abstract available from [http://apha.confex.com/apha/130am/techprogram/paper\\_36837.htm](http://apha.confex.com/apha/130am/techprogram/paper_36837.htm))
140. **Sharma, M.**, & Deepak, S. (2002). Study of expectations, roles, attitudes, and behaviors of community-based rehabilitation workers in eight developing countries. *Proceedings of the American Public Health Association's Annual Meeting, USA, 130, Session 4117.* (Abstract available from [http://apha.confex.com/apha/130am/techprogram/paper\\_34821.htm](http://apha.confex.com/apha/130am/techprogram/paper_34821.htm))
141. Dennison, D., Grandgenett, N., Corbin, D., & **Sharma, M.** (2002). Internet use policies: Implications for assessing health information. *Presented on October 4, 2002 at the American School Health Association's 76<sup>th</sup> Annual Meeting held in Charlotte, NC.*
142. **Sharma, M.**, Patel, N., & Shaikh, R. (2002). Lessons from the hundred and fifty years of school health education in the United States. *Published Abstract in the Proceedings of the First UAE International Conference in School Health Education, Abu Dhabi, UAE held between January 21 and 23, 2002.*
143. Shaikh, R., & **Sharma, M.** (2002). Evaluation of school health programs: Recommendations in the UAE context. *Published Abstract in the Proceedings of the First UAE International Conference in School Health Education, Abu Dhabi, UAE held between January 21 and 23, 2002.*
144. **Sharma, M.** (2001). Testing the efficacy of an intensive yogic meditation course for wellness. *Proceedings of the American Public Health Association's Annual Meeting, USA, 129, Session 3006.* (Abstract & Handout available from [http://apha.confex.com/apha/129am/techprogram/paper\\_20241.htm](http://apha.confex.com/apha/129am/techprogram/paper_20241.htm))
145. **Sharma, M.**, & Deepak, S. (2001). A participatory assessment of community-based rehabilitation in Mongolia. (2001). *Proceedings of the American Public Health Association's Annual Meeting, USA, 129, Session 4117.* (Available from: [http://apha.confex.com/apha/129am/techprogram/paper\\_19345.htm](http://apha.confex.com/apha/129am/techprogram/paper_19345.htm))
146. Sullivan, T., **Sharma, M.**, & Stacy, R.D. (2001). Process and impact evaluation of a theory-based training program of lay health volunteers to facilitate smoking cessation among African Americans. *Proceedings of the American Public Health Association's Annual Meeting, USA, 129, Session 4008.* (Available from: [http://apha.confex.com/apha/129am/techprogram/paper\\_19310.htm](http://apha.confex.com/apha/129am/techprogram/paper_19310.htm))
147. Dennison, D., Corbin, D., **Sharma, M.**, & Grandgenett, N. (2001). Internet use policies in the public schools of Nebraska: Implications for health education. *Proceedings of the American Public Health Association's Annual Meeting, USA, 129, Session 3145.* (Available from: [http://apha.confex.com/apha/129am/techprogram/paper\\_19976.htm](http://apha.confex.com/apha/129am/techprogram/paper_19976.htm))
148. Fahrenwald, N., & **Sharma, M.** (2001). Physical activity behavior change for WIC mothers: Descriptive evaluation of a nurse counseled intervention. *Published abstract in the Proceedings of the American Public Health Association's Annual Meeting, USA, 129, Session 4311.* (Available from: [http://apha.confex.com/apha/129am/techprogram/paper\\_21585.htm](http://apha.confex.com/apha/129am/techprogram/paper_21585.htm))

149. **Sharma, M.** (2000). A participatory evaluation of a community-based rehabilitation program in North Central Vietnam *Published abstract in the Proceedings of the American Public Health Association's Annual Meeting, USA, 128, 423.*
150. **Sharma, M.** (2000). Pilot testing of a *Kundalini Yoga* training program developing mind-body connection. *Published abstract in the Proceedings of the American Public Health Association's Annual Meeting, USA, 128, 595.*
151. **Sharma, M.** (2000). Participatory strategic planning and community alliance formation for prevention and control of asthma in Omaha. *Published abstract in the Proceedings of the Partnerships for Health in the New Millennium: Launching Healthy People 2010, USA, 174.*
152. **Sharma, M.** (2000, June 26). *Participatory methods in community-based rehabilitation.* Paper presented at AIFO Workshop on community-based rehabilitation, London, United Kingdom.
153. Wilson, J. A., **Sharma, M.**, Stacy, R. (1999). A study of comparative role of social support and self-efficacy for physical activity in different stages of change. *Published abstract in the Proceedings of the American Public Health Association's Annual Meeting, USA, 127, 42.*
154. **Sharma, M.** (1998). Developing problem solving skills in children: Initial implementation and evaluation of a social cognitive theory-based intervention. *Research Quarterly for Exercise and Sport, 69(S), A47.*
155. **Sharma, M.**, Conigy, A., Egle, L., & Griffith, P. (1997). Case study of a partnership between an urban local health department and the school district food services for improving healthy nutrition among school children. *Published abstract in the Proceedings of the American Public Health Association's Annual Meeting, USA, 125, 401.*
156. **Sharma, M.** (1997). Trend analysis of community health training efforts in the non-governmental sector in India. *Published abstract in the Proceedings of the American Public Health Association's Annual Meeting, USA, 125, 267.*
157. **Sharma, M.**, Egle, L., Gray, K., & Pharo, M. (1997). Second year evaluation of a social cognitive theory-based program to promote heart health. *Published abstract in the Proceedings of the American Public Health Association's Annual Meeting, USA, 125, 416.*
158. Hirschfeld, J., & **Sharma, M.** (1997). "Be a smart egg" -- A seat belt program for preteens. *Published abstract in the Proceedings of the American Public Health Association's Annual Meeting, USA, 125, 175.*
159. Petosa, R., & **Sharma, M.** (1997). Effectiveness of abstinence-only sex education in school settings. *Published abstract in the Proceedings of the American Public Health Association's Annual Meeting, USA, 125, 88.*
160. **Sharma, M.**, Egle, L., Pharo, M., & Petosa, R. (1996). A school-based heart health program based on Social Cognitive Theory. *Published abstract in the Proceedings of the American Public Health Association's Annual Meeting, USA, 124, 43.*
161. **Sharma, M.**, & Petosa, R. (1996). Measurement of stress-coping skills among elementary school children. *Published abstract in the Proceedings of the American Public Health Association's Annual Meeting, USA, 124, 42.*
162. **Sharma, M.**, & Petosa, R. (1996). A review of current interventions to enhance stress-coping in school children. *Published abstract in the Proceedings of the American Public Health Association's Annual Meeting, USA, 124, 227.*
163. **Sharma, M.**, & Petosa, R. (1996). A theory-based intervention for expectant fathers to promote breast-feeding. *Published abstract in the Proceedings of the American Public Health Association's Annual Meeting, USA, 124, 83.*
164. **Sharma, M.** (1996). Empowerment-based public health training in the non-governmental sector in India. *Published abstract in the Proceedings of the American Public Health Association's Annual Meeting, USA, 124, 458.*
165. Murray, R. D., Englehart, D. E., Van Meter, D. S., **Sharma, M.**, & Delcher, M. C. (1996). Process evaluation of a grass-roots coalition in Central Ohio facilitating community solutions

- to health problems. *Published abstract in the Proceedings of the American Public Health Association's Annual Meeting, USA, 124, 376.*
166. **Sharma, M.** (1995). A trend analysis of non-governmental public health initiatives in India. *Published abstract in the Proceedings of the American Public Health Association's Annual Meeting, USA, 123, 71.*
167. Petosa, R., & **Sharma, M.** (1995). Health Belief Model based educational diagnosis for prevention of taeniasis-cysticercosis among school children in rural Ecuador. *Published abstract in the Proceedings of the American Public Health Association's Annual Meeting, USA, 123, 409.*
168. **Sharma, M.** (1994). A strength, weakness, opportunity, threat (SWOT) analysis of voluntary community health movement in India. *Published abstract in the Proceedings of the American Public Health Association's Annual Meeting, USA, 122, 208.*
169. **Sharma, M.**, Romas, J. A., Slobof, H., & Gordon, P. M. (1994). A study of *Lactobacillus acidophilus* as a cholesterol lowering agent in hypercholesterolemic individuals. *Published abstract in the Proceedings of the American Public Health Association's Annual Meeting, USA, 122, 317.*

#### **I. Audiovisual media**

1. **Sharma, M.** (Writer, Performer, & Producer). (2001). *Kundalini energy yoga: Asanas, pranayama, relaxation, and meditation* [93 minute videotape, DVD, and compact discs]. Omaha, NE: Health for all, Inc.

#### **J. Professional reports & documents**

1. Mawasha, J. Perkins, F., **Sharma, M.**, Welch, V. (2017). *Annual Report (2016-17) for Ohio Commission on Minority Health (OCMH) funded programs.* (Available from Ohio Commission on Minority Health, 77 South High Street, 7<sup>th</sup> floor, Columbus, OH 43215).
2. REEP panelists. (2017). *Pathways community HUB replication and expansion. Fiscal year 2016.* (Available from Ohio Commission on Minority Health, 77 South High Street, 7<sup>th</sup> floor, Columbus, OH 43215).
3. **Sharma, M.** (2016, November). Report of the process evaluation of the second retreat of the School of Public Health Initiative at Jackson State University. (Available from School of Public Health Initiative, School of Public Health, 350 West Woodrow Wilson Avenue, Jackson, MS 39213)
4. **Sharma, M.** (2016, March). Report of the process evaluation of the retreat of the School of Public Health Initiative at Jackson State University. (Available from School of Public Health Initiative, School of Public Health, 350 West Woodrow Wilson Avenue, Jackson, MS 39213)
5. Mawasha, J. Perkins, F., **Sharma, M.**, Welch, V. (2016). *Annual Report (2015-16) for Ohio Commission on Minority Health (OCMH) funded programs.* (Available from Ohio Commission on Minority Health, 77 South High Street, 7<sup>th</sup> floor, Columbus, OH 43215).
6. Mawasha, J. Perkins, F., **Sharma, M.**, Welch, V. (2015). *Annual Report (2014-15) for Ohio Commission on Minority Health (OCMH) funded programs.* (Available from Ohio Commission on Minority Health, 77 South High Street, 7<sup>th</sup> floor, Columbus, OH 43215).
7. Mawasha, J. Perkins, F., **Sharma, M.**, Welch, V. (2014). *Annual Report (2013-14) for Ohio Commission on Minority Health (OCMH) funded programs.* (Available from Ohio Commission on Minority Health, 77 South High Street, 7<sup>th</sup> floor, Columbus, OH 43215).
8. Branscum, P., **Sharma, M.** & Mehra, R., (2011, November). A needs assessment of factory workers in India: Implications for health promotion and education to reduce the

- burden of cardiovascular disease among ESI beneficiaries. (Available from Indian Heart Alliance 45610 W US Highway 50, Canon City, CO 81212-9744).
9. Yung, B., Clasen, C., Fischer, R., Leahy, P., Perkins, F., & **Sharma, M.** (2010, October). *Survey of Advisory Committee Members of six Local Offices of Minority Health in Ohio.* (Available from Ohio Commission on Minority Health, 77 South High Street, 7<sup>th</sup> floor, Columbus, OH 43215).
  10. **Sharma, M.** (2007, May). *First year evaluation report of training of promotoras on diabetes mellitus by Santa Maria project.* (Available from Ohio Commission on Minority Health, 77 South High Street, 7<sup>th</sup> floor, Columbus, OH 43215).
  11. Yung, B., Baker, M., Clasen, C., Deason, L.M., Fischer, R., Leahy, P., Perkins, F., & **Sharma, M.** (2006, March). *Evaluation guidance for health grant proposal applicants.* (Available from Ohio Commission on Minority Health, 77 South High Street, 7<sup>th</sup> floor, Columbus, OH 43215; <http://mih.ohio.gov/> ).
  12. **Sharma, M.**, & Stacy, R. D. (2004, January). *Report of the intake profile from the Fathers for a life time program of the Omaha Healthy Start implemented at the correctional facility in Omaha.* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
  13. **Sharma, M.**, & Stacy, R. D. (2004, January). *Report of the participant satisfaction survey as part of the process evaluation of the Omaha Healthy Start.* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
  14. **Sharma, M.**, & Stacy, R. D. (2004, January). *Report of the process evaluation of the Fathers for a life time program of the Omaha Healthy Start for the year 2003.* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
  15. **Sharma, M.**, & Stacy, R. D. (2003, July). *Set of three process evaluation reports on educational programs of Omaha Healthy Start between May to July 2003.* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
  16. Stacy R. D., & **Sharma, M.** (2003, May). *Public attitudes in Douglas County, Nebraska about compliance checks for under 18 tobacco sales.* (Available from Charles Drew Health Center, 2912 Manderson St., Omaha, NE 68111).
  17. **Sharma, M.**, & Sharma, S. (2003, March). *Summative evaluation report of the Project Frontier Youth Initiative (FYI).* (Available from Educational Service Unit #17 P.O. Box 227, 207 N. Main, Ainsworth, NE 69210-0227.)
  18. Stacy, R. D., & **Sharma, M.** (2003, February). Summary of focus group interviews of nurse managers regarding the use of Passport in their clinics. (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
  19. **Sharma, M.**, & Stacy, R. D. (2003, January). *A brief summary of the participant satisfaction survey of Omaha Healthy Start* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
  20. **Sharma, M.**, & Stacy, R. D. (2003, January). *Second summary report of the intake profile from the "Fathers for a life time" program of the Omaha Healthy Start* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
  21. **Sharma, M.**, & Stacy, R. D. (2003, January). *Report of the survey about tobacco prevention attitudes and use in the Asian minority community in Douglas County* (Available from Charles Drew Health Center, 2912 Manderson St., Omaha, NE 68111).
  22. **Sharma, M.**, & Stacy, R. D. (2002, December). *Brief report of the process evaluation of the educational forum, Give Thanks To Good Health.* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
  23. **Sharma, M.**, & Stacy, R. D. (2002, November). *Brief summary of the intake profile from the Fathers for a Lifetime program.* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).



24. **Sharma, M.**, & Stacy, R. D. (2002, November). *Brief report of the process evaluation of the customer service training.* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
25. **Sharma, M.**, & Sharma, S. (2002, August). Process evaluation report of the health check-ups conducted by Project Frontier Youth Initiative at the beginning of the academic year 2002-2003. (Available from Educational Service Unit #17 P.O. Box 227, 207 N. Main, Ainsworth, NE 69210-0227.)
26. **Sharma, M.**, Stacy, R.D., Hunter, H., Cook, C., & Hill, J. (2002, June). *Being a father in north and north-east Omaha.* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
27. **Sharma, M.**, & Stacy, R. D. (2002, May). A brief report of the process evaluation of Omaha Healthy Start's Educational Forum, "Adolescent Pregnancy: Teen Parents Speak." (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
28. **Sharma, M.**, & Stacy, R. D. (2002, April). *Report of the Process Evaluation of Omaha Healthy Start's Educational Forum, "Abstinence: Possible Solution to An Impossible Dilemma."* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
29. **Sharma, M.**, & Stacy, R. D. (2002, April). *A brief report of the process evaluation of Omaha Healthy Start's customer service training held in February and March 2002* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
30. **Sharma, M.**, & Stacy, R. D. (2002, February). *Report of the process evaluation of the Omaha Healthy Start's urban fathering workshop.* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
31. Stacy, R. D. & **Sharma, M.**, (2002, January). *Summary of the results from focus group discussion on the topic of fathers in child rearing organized by Omaha Healthy Start.* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
32. **Sharma, M.**, & Stacy, R. D. (2002, February). *Brief report of the process evaluation of the Omaha Healthy Start's educational forum, "Fatherhood in the Hood."* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
33. Stacy, R.D. & **Sharma, M.**, (2002, January). *Summary of the perceived needs of Omaha Healthy Start clients gathered through focus group discussions.* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
34. **Sharma, M.** (2002, January). *A brief report of the process evaluation of health check-ups conducted by project Frontier Youth Initiative in 2001: Year-end summary.* (Available from Educational Service Unit #17 P.O. Box 227, 207 N. Main, Ainsworth, NE 69210-0227.)
35. **Sharma, M.**, & Stacy, R. D. (2001, November). *Brief report of the process evaluation of the educational program, Sudden Infant Death Syndrome (SIDS).* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
36. **Sharma, M.**, & Stacy, R. D. (2001, October). *Brief report of the process evaluation of the educational program, When Spider Webs Unite They Can Tie Up The Lion.* (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
37. Dierkhsing, J., **Sharma, M.**, & Stacy, R. D. (2001, May). *Listening to the community: reducing cancer incidence and mortality in the Metro Omaha Minority communities: Report of the survey.* Omaha, NE: American Cancer Society.
38. **Sharma, M.** (2000, June). *Community-based rehabilitation programme in Mongolia: A status analysis and implications for future planning.* Bologna, Italy: European Union & Associazione Italiana Amici di Raoul Follereau.
39. Lead Safe Omaha Coalition (2000, June). *Lead Safe Omaha Coalition: Strategic plan.* Omaha, NE: Indian Chicano Health Center.

40. **Sharma, M.** & Stacy, R. D. (1999, December). *Omaha Healthy Start: An operational framework*. (Available from Omaha Healthy Start, 2201 North 30<sup>th</sup> St., Omaha, NE 68111).
41. **Sharma, M.** (1999, August). *Community-based rehabilitation programme in North Central Vietnam: A participatory evaluation*. Bologna, Italy: European Union & Associazione Italiana Amici di Raoul Follereau (AIFO).
42. **Sharma, M.** & Stacy, R. D. (1999, August). *Omaha Asthma Alliance: Strategic plan*. Omaha, NE: American Lung Association of Nebraska.
43. Nebraska Community Health Partners Stakeholder Group and Nebraska Health and Human Services System (1999, November). *Nebraska's Plan to strengthen and transform public health in our state*. Lincoln, NE: Author.
44. Columbus Public Schools, Kent State University, Ohio Department of Education, Columbus Health Department (1997, July). *1995. Columbus Youth Risk Behavior Survey (YRBS). Selected findings*. Columbus, OH: Author.
45. Columbus Health Department and the Franklin County Board of Health. (1997). *City of Columbus & Franklin County 1995-96 Community Health Risk Assessment*. (ISBN #1-888492-52-X). Columbus, OH: Author.
46. Columbus Health Department (1996, September). *Community planning for policy and socio-environmental initiatives for promoting physical activity in Columbus & Franklin County*. Columbus, OH: Author.
47. Columbus Health Department (1996, July). *A case study of planning, implementation, and formative evaluation of supplementary health education component of "Building Healthy Life-styles" intervention for promotion of "Heart Health" among school children in Franklin County*. Columbus, OH: Author.
48. Columbus Health Department. (1996, June). *Environmental and policy approaches to physical activity promotion*. Columbus, OH: Author.
49. Tucker, G. A., & **Sharma, M.** (1996, May). *A concepts/issues study for out-of-school interventions to prevent tobacco use among adolescents*. Columbus Health Department, Columbus, OH.
50. Health Program Planning Committee. (1993). *Program implementation and resource guide: Stress management*. Mankato, MN: Office of Human Resources, Mankato State University.
51. Kannan, A. T., Prabhu, K. M., Indrayan, A., **Sharma, M.**, Budhiraja, R., & Chachra, S. (1992, Jan.). *A report on medico-anthropological analysis of educational materials against AIDS. Universities Talk AIDS (UTA) Program -- A Joint NSS-WHO Project, University College of Medical Sciences (UCMS)*.
52. **Sharma, M.** (1992). *Enhancing organizational effectiveness at Community and Primary Health Centers in District Rewari in Northern India*. New Delhi, India: National Institute of Health & Family Welfare (NIHFW).
53. **Sharma, M.** (1991). *Development and Evaluation of Training Programs at Naujhil Integrated Rural Health Project (NIRPHAD) in Northern India*. New Delhi, India: Indian Society for Training & Development (ISTD).
54. **Sharma, M.**, & Mahajan, V. (1987). *Identification of health problems in a resettlement colony in Delhi through a health camp*. Unpublished report of Shakurpur camp - NSS-DSSW Project, University College of Medical Sciences (UCMS).

## **K. Letters to the editor**

1. **Sharma, M.** & Nahar, V. K. (in press). New approach for promoting HPV vaccination in college men based on multi-theory model (MTM) of health behavior change. [Letter to the editor]. *Journal of Preventive Medicine and Hygiene*.

2. Martin, B., Nahar, V. K., Hutcheson, A. K., & Boyas, J. F., & **Sharma, M.** (2017). Increasing sun protection behaviors among Iranian farmers: A call for action. [Letter to the editor]. *Health Promotion Perspectives*, 7(1), 4-6.
3. Nahar, V. K., Hosain, A., **Sharma, M.**, Jacks, S. K., & Brodell, R. T. (2016). Need for primary prevention for skin cancers in Iran. [Letter to the editor]. *Journal of Research in Health Sciences*, 16(3), 170-171.
4. **Sharma, M.** (2003, March 31). A plea for support. [Letter to the editor]. *Omaha World Herald*, p. 6B.
5. **Sharma, M.** (2003, February 18). A dangerous situation. [Letter to the editor]. *Omaha World Herald*, p. 6B.
6. **Sharma, M.** (2002). Leadership more than just the individual. [Letter to the editor]. *The Nation's Health*, 32(4), 26.
7. Sargent, L, & **Sharma, M.** (2001, December 23). How obesity is caused? [Letter to the editor]. *Sunday World Herald*, p. 8B.
8. **Sharma, M.** (2001, December 1). India is more. [Letter to the editor]. *Omaha World Herald*, p. 8B.
9. **Sharma, M.** (1999, July). Self esteem: No cure all [Letter to the editor]. *Silicon India*, p. 6.
10. **Sharma, M.** (1998). Improving interventions that develop problem-solving skills for stress management among children [Letter to the editor]. *International Journal of Stress Management*, 5, 250-253.
11. **Sharma, M.** (1996, February 24). Diverse efforts needed to stop teen pregnancies [Letter to the editor]. *The Columbus Dispatch*, p. 9A
12. **Sharma, M.** (1996, January 17). Wars are manifestations of global inequalities [Letter to the editor]. *The Columbus Dispatch*, p. 10A.
13. **Sharma, M.** (1996, January 4). Industrialized nations play role in suffering [Letter to the editor]. *The Columbus Dispatch*, p. 8A.

## **LIST OF GRADUATE STUDENTS MENTORED AND THEIR ACCOMPLISHMENTS (IN PARENTHESES)**

### **A. Masters (M.S.) theses supervised**

- Jerry Wilson. (1998). *The influence of exercise self-efficacy and social support on exercise for air force personnel* at University of Nebraska at Omaha.  
[Work presented at the 127<sup>th</sup> APHA Annual Meeting in 1999 in co-authorship with Manoj Sharma]
- Robyn Sydzyik. (2000). *A brief intervention on environmental tobacco smoke and the attitudes and behaviors of childcare providers* at University of Nebraska at Omaha.
- Therese Sullivan. (2001). *Process and impact evaluation of a theory-based training program of lay health volunteers to facilitate smoking cessation among African Americans in a Midwest City* at University of Nebraska at Omaha.  
[Chair; Thesis competitively selected at the school level and nominated for *Elton S. Carter Award* at the University of Nebraska in 2001; Work presented at the 129<sup>th</sup> APHA Annual Meeting in 2001 in co-authorship with Manoj Sharma; Work published in 2002 in *Journal of Alcohol and Drug Education* in co-authorship with Manoj Sharma]
- David Dennison. (2001). *Internet use policies in the public schools of Nebraska: Implications for health education* at University of Nebraska at Omaha.

- [Work presented at the 130<sup>th</sup> APHA Annual Meeting in 2002 in co-authorship with Manoj Sharma; Work presented at 76<sup>th</sup> American School Health Association's Annual Meeting in 2002 in co-authorship with Manoj Sharma; Work published in 2002 in *International Electronic Journal of Health Education* in co-authorship with Manoj Sharma]
- Leslie Sargent. (2002). *The role of social support and self-efficacy in influencing moderate leisure time physical activity among African American women* at University of Nebraska at Omaha. [Chair; Thesis competitively selected at the school level and nominated for *Elton S. Carter Award* at the University of Nebraska in 2002; Work presented at the 130<sup>th</sup> APHA Annual Meeting in 2002 in co-authorship with Manoj Sharma; Work published in 2005 in *American Journal of Health Behavior* in co-authorship with Manoj Sharma]
  - Angela Drent. (2002). *A survey of the knowledge, attitudes, and use of unconventional therapies for health among older adults in a Midwestern city* at University of Nebraska at Omaha. [Chair; Thesis competitively selected at the school level and nominated for *Elton S. Carter Award* at the University of Nebraska in 2003; Work presented at the 130<sup>th</sup> APHA Annual Meeting in 2002 in co-authorship with Manoj Sharma; Work published in 2006 in co-authorship with Manoj Sharma in *Californian Journal of Health Promotion*]
  - Adrienne Harding. (2003). *A descriptive case study of the geographic distribution of graduates from the University of Maryland dental school in the context of access to care* at Walden University. [Chair]
  - Darcy Holmer. (2006). *Changes in weight-related norms and their contribution to America's weight problem* at Walden University.
  - Ashutosh Atri. (2007). *Predictors of mental health in Asian Indian international students: Implications for health education* at University of Cincinnati. [Chair; Awarded faculty mentoring grant of \$750 by the College of Education, Criminal Justice, and Humans Services at *University of Cincinnati* in 2006 & 2007; Work presented at the 134<sup>th</sup> APHA Annual Meeting in 2006 in co-authorship with Manoj Sharma; part of the work published in 2006 in co-authorship with Manoj Sharma in *Californian Journal of Health Promotion* and part of the work published in *International Quarterly of Community Health Education* in 2008; Awarded Graduate Student Award for Exemplary Scholarship in Social Sciences in 2007]
  - Barbara A. Johnson. (2007). *Participation in physical activity by children with disabilities* at Walden University.
  - Joyce Rice. (2007). *Consumer attitude versus knowledge regarding safe food handling practices* at Walden University.
  - Jennifer Dietz. (2008). *Do diabetes specialists increase diabetes knowledge and reduce diabetes complications in Type 2 diabetic patients?* at Walden University.
  - Amy Sorensen-Alawad. (2008). *Policy recommendations for healthcare reform in the United States: Advantages, disadvantages, and challenges to implementation* at Walden University.
  - Megan Canavera. (2008). *Development and pilot-testing a social cognitive theory-based intervention for children and their parents to prevent childhood obesity* at University of Cincinnati. [Chair; Funded by the American Dietetic Association (ADA) for a \$5,000 grant under the *Ann A. Hertzler Research Award* in March 2006; Work presented at the 134<sup>th</sup> APHA Annual Meeting in 2006 in co-authorship with Manoj Sharma; Work published in 2009 in *International Quarterly of Community Health Education* in co-authorship with Manoj Sharma]

- Diana McAlister. (2009). *Evaluation of the effectiveness of support services in the reduction of neonatal intensive care unit parental stress* at Walden University.
- Purvi Mehta. (2009). Social cognitive theory as a predictor of dietary behaviors and leisure time physical activity in middle aged Asian Indian women at University of Cincinnati.  
[Chair; Presented at American Public Health Association's 138<sup>th</sup> Annual Meeting in co-authorship with Manoj Sharma; Presented at 2<sup>nd</sup> International Congress on Abdominal Obesity held in Buenos Aires, Argentina in co-authorship with Manoj Sharma; Published in *International Quarterly of Community Health Education* in co-authorship with Manoj Sharma]
- Samrat Yeramani. (2010). *Predictors of alcohol use and binge drinking among Asian Indian students based on social cognitive theory* at University of Cincinnati.  
[Chair; Work presented at the 136<sup>th</sup> APHA Annual Meeting in 2008 in co-authorship with Manoj Sharma -- Awarded Best Poster award by Section on Alcohol, Tobacco and Other Drugs; Awarded Best of the Show poster in 2009 at University of Cincinnati; Published in *American Journal of Health Studies* in co-authorship with Manoj Sharma]
- Candice Jones. (2011). *Examining racial differences in knowledge and attitudes of diabetes management in newly diagnosed diabetes 2 patients* at University of Cincinnati.  
[Chair; Presented at American Public Health Association's 139<sup>th</sup> Annual Meeting in co-authorship with Manoj Sharma]
- Adam Knowlden (2011). *Theory of Planned Behavior based predictors of sleep intentions and behaviors in undergraduate college students at a Midwestern University* at University of Cincinnati.  
[Chair; Awarded faculty mentoring grant of \$1000 by the College of Education, Criminal Justice, and Humans Services at *University of Cincinnati* in 2010]
- Adrym Eastin (2014). *Using the social cognitive theory to predict initiation and duration of breastfeeding in African-American women* at University of Cincinnati. [Chair]

## **B. Master of Public Health (MPH) Capstones/Theses supervised**

- Anne Dolbier. (2004). *Smallpox preparedness for our public schools: An intervention plan* at University of Nebraska at Omaha and University of Nebraska Medical Center.
- Taj Haider (2011). *Using social cognitive theory to predict physical activity behavior among college students of South Asian descent at two large Midwestern Universities* at University of Cincinnati.  
[Chair; Won third prize in oral presentation at Ohio Public Health Combined Conference; Work published in co-authorship with Manoj Sharma in *Journal of Community Medicine and Health Education*]

## **C. Doctoral (Ph.D. & Dr. PH) dissertations supervised**

- Margaret Kaiser. (2002). *Transition to motherhood in adolescence: The development of the adolescent prenatal questionnaire* at University of Nebraska Medical Center.  
[Work presented at the 130<sup>th</sup> APHA Annual Meeting in 2002 in co-authorship with Manoj Sharma; Work later published by the student on her own]
- Carol Hinman. (2002). *An exploration of interventions with traumatized children* at Walden University.

- Andre Elliott. (2003). *The influence of conative and related factors on the academic performance of students at two foreign-based US Department of Education activity schools* at Walden University.
- Harold Mayer. (2003). *The acute psycho-biological effects of intermittent versus continuous aerobic exercise and the influence of lactate on attitudes toward physical exertion in sedentary adults* at Walden University.  
[Work presented at 51<sup>st</sup> Annual meeting of American College of Sports Medicine in 2004 in co-authorship with Manoj Sharma]
- Carlos Rueda. (2003). *Parental alienation syndrome: An inter-rater reliability study* at Walden University.  
[Work published by the student on his own]
- Cordelia Okoye. (2004). *Using Theory of Reasoned Action to influence student nurse's intended care behavior with HIV/AIDS patients* at Walden University.
- Lazarous Mbulo. (2005). *Alcohol use and alcohol-sexual expectations as risk factors for HIV/AIDS among young people in Zambia* at University of Nebraska at Lincoln.  
[Work published by the student on his own]
- Benjamin H. Taylor. (2005). *Utilization of mid-level providers in overcrowded emergency departments* at Walden University.  
[Work published by the student on his own]
- Matthew Uzukwu. (2005). *Factors influencing the spread of HIV/AIDS from high risk sexual behavior within three economic status/income level groups in Oweri, Nigeria* at Walden University.  
[Work published by the student on his own]
- Mary L Bonnette. (2006). *Auriculotherapy in the treatment of nicotine addiction* at Walden University.
- Christina Blanchard-Horan. (2006). *Malaria treatment-seeking behavior in Kisiizi, Uganda: A comparative study of health micro insurance among Engozi groups* at Walden University.  
[Funding obtained by the student from National Institutes of Health, Minorities in International Training, Grant 5737TW000123-04]
- Sriya Krishnamoorthy. (2006). *Exploring differences in breast cancer prognostic factors between Caucasian and African-American women in the United States* at Walden University.
- Cortelius Wright. (2007). *The relationship between the behaviors and lifestyles of single mothers and their risk of being hypertensive* at Walden University.
- Patricia Talbert. (2007). *Effects of fear and fatalism: Psychosocial barriers that influence African American middle class women from seeking breast cancer preventive screening* at Walden University.
- Monica Dara Reed. (2007) *Current trends in urban youth violence perceptions: An observation of Philadelphia at-risk communities, a mixed methodology inquiry* at Walden University.
- Jay T Sutcliffe. (2008). *The association between sleep duration and timing and high sensitivity C-reactive protein levels in an adult population* at Walden University.

- Kanzoni N. Asabigi. (2008). *Employment as a correlate of sustained recovery among drug abusers who complete treatment programs* at Walden University.
- Reigh M. Simuzoshya. (2009). *Determinants of condom use among college freshmen within the health belief model framework* at Walden University.
- Frazier Benjamin Beatty. (2009). *African American mothers' perceptions regarding weight and body image: The impact on children* at Walden University.
- Jennifer Brooke Devlin. (2009). *The effective components of a non-structured group behavior-change program as it relates to physical activity, nutrition and weight loss* at Walden University.
- Allsceaieoun Duereaanae Britt. (2009). *The effect of an innovative immunization schedule on immunization coverage rates among Oklahoma vaccine for children provider* at Walden University.
- Julia Spencer. (2009). *Distracted driving in the District of Columbia: Effects of age, gender, vehicle, and residence* at Walden University.
- Amar Kanekar. (2009). *Testing the efficacy of a brief social cognitive theory based safer sex intervention among African American college students* at University of Cincinnati.  
[Chair; Work presented at the 137<sup>th</sup> APHA Annual Meeting in 2009 in co-authorship with Manoj Sharma; Published in *American Journal of Health Studies* in co-authorship with Manoj Sharma; Assistant Professor, University of Arkansas at Little Rock]
- Melinda Ickes. (2010). *Predictors of behaviors related to obesity using the theory of planned behavior in middle school students* at University of Cincinnati.  
[Chair; Work presented at the 137<sup>th</sup> APHA Annual Meeting in 2009 in co-authorship with Manoj Sharma; Published in *Infant, Child, & Adolescent Nutrition* in co-authorship with Manoj Sharma; Assistant Professor, University of Kentucky]
- Milton Morris. (2010). *Pediatrician perceptions and prescription of environmental and social interventions to combat childhood lead* at Walden University.
- Edith Claros. (2010). *The relationship between emotional intelligence and abuse of alcohol, marijuana, and tobacco among college students* at Walden University.  
[Chair; Assistant Dean for the School of Nursing & Associate Professor of Nursing, Massachusetts College of Pharmacy and Health Sciences; Work published in *Journal of Alcohol and Drug Education* in co-authorship with Manoj Sharma]
- Verna La Fleur. (2010). *Acculturation, social support, and self-esteem as predictors of mental health among foreign students: A study of Nigerian nursing students* at Walden University.  
[Chair; Faculty Nursing, Bowie State University]
- Cheryl Holloway. (2010). *Attitudes and behaviors towards early breast cancer detection among African American women in a faith-based community* at Walden University.
- Kafilat Jimba. (2010). *Racial/ethnic differences in susceptibility and intention to smoke on smoking behavior among adolescents* at Walden University.
- DeLisa Crosby. (2010). *The effects of culturally sensitive HIV education on behaviors among African American women in South Eastern North Carolina* at Walden University.
- Jennifer Shambrook. (2010). *Health behavior, occupational stress, and stress resiliency in research administrators working in the academic environment* at Walden University.

- [Chair; Associate Chair for Research Administration, Co-director, Public Psychiatry Division, Department of Psychiatry and Behavioral Sciences, Medical University of South Carolina]
- Shelby Bohl. (2010). *All-terrain vehicle related injuries and hospitalization: An examination of the influence of age and substance abuse* at Walden University.  
[Chair; Published in co-authorship with Manoj Sharma in *The Open Epidemiology Journal*; Faculty, American Public University]
  - Annette A. Bailey. (2011). *Traumatic stress, social supports, cognitive appraisal and resiliency among Black women experiencing gun violent loss* at Walden University.  
[Chair; Assistant Professor, School of Nursing, Ryerson University]
  - Gbadebo Ogundiran Ogungbade. (2011). *Educational opportunity, governmental social assistance, and employment as predictors of HIV risk-taking behaviors among Sub-Saharan African immigrants in Houston, Texas during 2007-2008* at Walden University.
  - Paul Branscum. (2011). *Designing and evaluating an after school social cognitive theory based comic book intervention for the prevention of childhood obesity among elementary aged school children* at University of Cincinnati.  
[Chair; Awarded faculty mentoring grant of \$1000 by the College of Education, Criminal Justice, and Human Services at *University of Cincinnati* in 2009, 2010, & 2011; Awarded Graduate Student Award for Exemplary Scholarship in Social Sciences in 2010; Assistant Professor, Department of Health and Exercise Science, *University of Oklahoma*]
  - Adebowale Awosika-Olumo. (2011). *Enhancing traditional surveillance methods to assess the co-morbidities and complications of hepatitis C infection in a large urban city in the United States* at Walden University.
  - Matthew Asare (2011). *Using the health belief model and acculturation to predict safer sexual behavior and sexual communication among African immigrants in the state of Ohio* at University of Cincinnati.  
[Chair; Awarded faculty mentoring grant for \$1,000 by College of Education, Criminal Justice, and Human Services at *University of Cincinnati* in 2011; Assistant Professor, *Northern Kentucky University*]
  - Chinwe Ndubisi. (2011). *The effects of hardiness and attitude on hypertension treatment adherence among Nigerian health care workers in United States* at Walden University.  
[Chair]
  - Sherrye Fowler. (2011). *The loneliness sexual risk model: Measuring the impact of loneliness on sexual risk behaviors among African American women* at Walden University.  
[Chair]
  - Mitzi Mitchell. (2011). *Decisional control, psychosocial well-being, physical functioning, anxiety, and depression post-move in relocation among older adults* at Walden University.  
[Chair; Assistant Professor, Gerontology, York University]
  - Deborah McNinch. (2011). *Patients' perspectives on discussing complementary and alternative medicine therapies with conventional doctors* at Walden University.
  - Purvi Mehta. (2012). *Designing and evaluating a health belief model based intervention to increase intent of HPV vaccination among college men: Use of qualitative and quantitative methodologies* at University of Cincinnati



[Chair; Awarded \$68,000 grant from *Merck Pharmaceuticals*, Work published in *International Quarterly of Community Health Education*]

- Adam Knowlden (2013). *Feasibility and efficacy of the Enabling Mothers to Prevent Pediatric Obesity Through Web-Based Education and Reciprocal Determinism (EMPOWER) randomized control trial* at University of Cincinnati.  
[Chair; Awarded Graduate Student Award for Exemplary Scholarship in Social Sciences in 2012; Awarded faculty mentoring grant of \$1000 by the College of Education, Criminal Justice, and Humans Services at *University of Cincinnati* in 2012; Awarded SOPHE scholarship in 2012; Awarded research fellowship by Graduate School; 2012-13; Work published in several journals including *Health Education & Behavior*; Assistant Professor, University of Alabama]
- Gabrielle Cooper (2016). *Using social cognitive theory to predict preventive health care screenings among diabetics* at Jackson State University.  
[Chair]
- Britney Green (2016). *Using social cognitive theory to predict medication for depression compliance behavior in patients with depression* at Jackson State University.  
[Chair]
- Brieah Hudson (2016). *Using theory of planned behavior to predict initiation and duration of breast-feeding in WIC mothers* at Jackson State University.  
[Co-Chair]
- Zeldra Vawters (2016). *Examining the relationship between religious coping and health behaviors in Alzheimer's disease caregivers* at Jackson State University.
- ThiaWalker (In progress). *School climate and environmental predictors of tobacco, alcohol and marijuana use in middle school students of Mississippi* at Jackson State University.  
[Chair]
- Ledetra Bridges (In progress). *Using PRECEDE-PROCEED model to design and evaluate a suicide prevention and depression awareness intervention among African American college students: A pilot study* at Jackson State University.  
[Chair]

#### **D. Post-Doctoral Fellows supervised**

- Zhao Yong (2012-2013). Obesity-related research in China  
[Associate Professor, Department of Nutrition and Food Hygiene, School of Public Health and Management, Chongqing Medical University, China; Awarded International Union of Nutritional Sciences/ Nevin Scrimshaw International Nutrition Foundation (IUNS/INF) Fellowship to attend the International Congress of Nutrition in Granada, Spain; published several articles]

#### **EDITOR & REVIEWER RELATED WORK**

- Editor, *Journal of Alcohol and Drug Education*, American Alcohol and Drug Education Foundation, Lansing, MI – a peer-reviewed journal that serves as a forum for various educational philosophies and differing points of view in regard to alcohol and drugs. The journal is published three times a year. (1998-2000: Co-editor, 2000 onward: Editor).
- Board of Associate Editors, *Health Behavior and Policy Review* -- a peer-reviewed online scholarly journal in Health Sciences (2013 onward).
- Editorial Board, *Disability, CBR and Inclusive Development* – an open access, peer-reviewed online journal that was previously known as *Asia Pacific Disability*

- Rehabilitation Journal* published in India (2011 onward).
- Editorial Board, ***International Scholarly Research Notices*** (previously ***ISRN Rehabilitation***) – an open access, peer reviewed, online Journal of Hindawi Publishing Corporation published in United States (2011 onward).
  - Editorial Board, ***GP Clinics*** – a continuing medical education journal published in India (2012 onward).
  - Editorial Board, ***Social Behavior Research & Health (SBRH)*** -- a semi-annual, peer-reviewed, and open access journal published by Social Determinants of Health Research Center, Iran (2017 onward).
  - Editorial Board, ***International Journal of Psychology & Psychoanalysis*** – <http://clinmedlibrary.com/International-Journal-of-Psychology-and-Psychoanalysis.php> -- An international peer reviewed journal published in US (2015 onward)
  - Advisory Board, **WebmedCentral** – a global post publication peer review portal for biomedical scientists (2011 onward).
  - Editorial Board, ***Environmental Disease*** by Medknow Publications and Media Pvt. Ltd., part of Wolters Kluwer Health (an Open Access Publishing journal) committed to publishing high-quality research in environmental medicine and public health, especially the diseases caused by modern lifestyle and/or environmental problems (2017 onward).
  - Editorial Board, ***American Journal of Health Behavior*** – a peer-reviewed journal on health education and health promotion related articles published in the United States (2001 onward reviewer; 2011-2017 Board).
  - Editorial Associate, ***The Health Educator***, Official peer-reviewed Journal of *Eta Sigma Gamma* (2002-2008).
  - Scientific Reviewer for ***International Electronic Journal of Health Education*** – a peer-reviewed journal on health education and health promotion related articles published in the United States (1997-2010).
  - Scientific Reviewer for ***Journal of Cardiopulmonary Rehabilitation*** – a peer-reviewed journal on cardiovascular health and rehabilitation articles published in the United States (2002-2010).
  - Scientific Reviewer for ***Disability and Rehabilitation*** – an international multidisciplinary peer-reviewed journal on disability and rehabilitation issues published in the United Kingdom (2002 -2009).
  - Scientific Reviewer for ***International Journal of Sports Medicine*** – an international peer-reviewed journal on physical activity, exercise, and sports issues published in Europe (2004-2008).
  - Scientific Reviewer for ***Social Science and Medicine*** -- an international and interdisciplinary peer-reviewed journal for social scientists, health practitioners and policy makers (2004-2005).
  - Scientific Reviewer for ***Obesity Reviews*** -- an international and interdisciplinary peer-reviewed journal in the area of obesity research (2005 onward).
  - Scientific Reviewer for ***Journal of School Health*** -- official peer-reviewed journal of American School Health Association that publishes material related to health promotion in school settings (2006 onward).
  - Scientific Reviewer for ***Complimentary Therapies in Medicine*** -- an international, peer-reviewed journal for healthcare practitioners, social scientists, CAM researchers, & healthcare managers. (2006-2008).
  - Scientific Reviewer for ***Health Care for Women International*** -- an international and interdisciplinary peer-reviewed journal in the area of women's health (2005 onward).
  - Scientific Reviewer for ***Progress in Community Health Partnerships: Research Education and Action*** – a multidisciplinary peer-reviewed journal that disseminates

- research of community-based partnerships (2006 -2008).
- Scientific Reviewer for *European Journal of Clinical Nutrition* – an international peer-reviewed journal in nutrition and education (2006 -2008).
  - Scientific Reviewer for *International Journal of Obesity* – an international peer-reviewed journal in obesity research (2006-2008).
  - Scientific Reviewer for *Agriculture and Human Values* – a quarterly peer-reviewed journal of recent research and scholarship on food and agriculture topics, Official journal of Agriculture, Food, and Human Values Society (2006 -2008).
  - Scientific Reviewer for *AIDS Care* – a monthly peer-reviewed journal that published articles on psychological and socio-medical aspects of HIV/AIDS (2011 onward).
  - Scientific Reviewer for *Acta Didactica Napocensia* – an international peer-reviewed journal in education published in Romania (2009-2016).
  - Editor, *Nebraska's Plan to Strengthen and Transform Public Health in Our State*, Nebraska Health and Human Services -- project funded by a Robert Wood Johnson Foundation grant, 1999.
  - Editorial Board, *Perspectives in Aging* -- College level reader published by Coursewise Publishers, WI, 1999.
  - Editorial Board, *Perspectives in Stress Management* -- College level reader published by Coursewise Publishers, WI, 1999.
  - Editor, *Health Wave*, (ISSN 1088-3436), Columbus Health Department, Columbus, OH -- Quarterly newsletter for school children based on Social Cognitive Theory to facilitate their interaction with parents and help maintain healthy behaviors. (1996-97).
  - Editor, *Fellow Traveller*, VHAI, New Delhi -- Bimonthly newsletter for development workers on Health & Development issues. (1988-92).
  - Member, Editorial team, *Chandan*, VHAI, New Delhi -- Bimonthly, bilingual wall-magazine for school children on health & hygiene. (1990-92).
  - Member, Editorial team, *Hamari Chithi Aap Ke Naam*, VHAI, New Delhi -- Bimonthly, hexa-lingual newsletter for village health workers translated in six Indian languages. (1988-92).
  - Editor, *Anti-Drug News*, Parents Resources Institute of Drug Education in India (PRIDE - India), New Delhi -- Bimonthly community newsletter. (1988).
  - Editor, *Swasthya Sandesh*, UCMS, New Delhi -- Bimonthly bilingual newsletter about health for college students. (1985-87).

### **PRESENTATIONS [In addition to 169 published abstracts earlier +124=293]**

1. **Sharma, M.** (2017, August). Fourth generation precision interventions in health promotion based on multi-theory model (MTM) of health behavior change. *Presentation at 3rd International Congress on Health Education & Promotion, Isfahan, Iran.*
2. Stephens, P. M., Kim, R. K., Patel, F. C., Patterson, G., Nahar, V. K., & **Sharma, M.** (2017, November). Testing multi-theory Model (MTM) in predicting initiation and sustenance of physical activity behavior among medical students. *Presented at Medical Fitness Association Annual Meeting, Orlando, FL.*
3. Nahar, V. K., **Sharma, M.**, Jacks, S. K., Brodell, R. T., Atfi, A., Duhé, R. J., Ford, M. A., & Aloia, C. R. (2016). Skin cancer risk and preventative behaviors among attendees of a free skin cancer screening. *Presented at the Sixth International Conference on Health, Wellness and Society.*
4. Nahar, V. K., **Sharma, M.**, Jacks, S. K., Brodell, R. T., Catalano H. P., Grigsby T. B., Ford, M. A. & Bass, M. A. (2016). Tanning bed use among collegiate athletes in the

- Southern United States. *Presented at the Sixth International Conference on Health, Wellness and Society.*
5. Bass, M. A., Nahar, V. K., Ford, M. A., **Sharma, M.**, & Shaikh, M. S. (2016) Assessing osteoporosis-related knowledge and perceptions in younger populations. *Presented at the Sixth International Conference on Health, Wellness and Society.*
  6. Hudson, B., **Sharma, M.**, & Shahbazi, M. (2016). Using the theory of planned behavior to predict initiation and duration of breastfeeding of WIC mothers in Mississippi. *Presented at the Sixth International Conference on Health, Wellness and Society.*
  7. Chima, C., **Sharma, M.** & Risica, P. (2016). Predicting weight management advice behavior using social cognitive theory among psychiatry professionals. *Presented at the Sixth International Conference on Health, Wellness and Society.*
  8. **Sharma, M.** (2016, September 22). Case series of research studies by a public health physician. Invited lecture presented at Lincoln Memorial University, Harrogate, TN.
  9. **Sharma, M.** (2016, September 22). Dine with a mind—Food as medicine. Invited lecture presented at Lincoln Memorial University, Harrogate, TN.
  10. **Sharma, M.** (2016, September 22). Kundalini Energy Yoga. Invited lecture presented at Lincoln Memorial University, Harrogate, TN.
  11. **Sharma, M.** (2016, September 23). Osteopathic Medicine, Ayurveda and Yoga: a cross cultural analysis (with autobiographical framework). Invited lecture presented at Lincoln Memorial University, Harrogate, TN.
  12. **Sharma, M.**, Miller, G., Brown, D., & Shahbazi, M. (2015). Using social cognitive theory as a predictor of smoking behavior in middle school students. *Presented at the Fifth International Conference on Health, Wellness and Society and the Health, Wellness and Society knowledge community, 5, Poster/Exhibit Session* in Spain.
  13. **Sharma, M.** (2015, July). Using a multi-theory model for physical activity behavior change. Paper presented at Walden University Research Symposium, 2016, National Harbor, MD.
  14. Bridges, L., **Sharma, M.**, Reese-Smith, J., Hayes, T., Cooper, G., Lingam, V., . . . Bennett, R. (2016, May 10). Using PRECEDE-PROCEED model to design and evaluate a suicide prevention and depression awareness intervention among African American college students. Poster session presented at the meeting of the 9th Annual MS School for Addiction Professionals, Hattiesburg, MS.
  15. Xu, X., Zhu, R., Xie, W., Xiong, W., Ran, M., Rao, Y., **Sharma, M.**, Shen, X., & Zhao, Y. (2016, June). Secondhand tobacco smoke exposure and smoking-related knowledge among urban community female non-smokers in Chongqing, China. Paper presented at World Heart Federation's World Congress of Cardiology & Cardiovascular Health 2016, Mexico City, Mexico.
  16. Xu, X., Zhu, R., Xie, W., Xiong, W., Ran, M., Rao, Y., **Sharma, M.**, Shen, X., & Zhao, Y. (2016, June). Attitudes toward secondhand smoke and related behaviors of exposure to secondhand smoke among urban community female non-smokers in Chongqing, China. Paper presented at World Heart Federation's World Congress of Cardiology & Cardiovascular Health 2016, Mexico City, Mexico.
  17. Xu, X., **Sharma, M.**, Liu, L., Liu, H., & Zhao, Y. (2016, June). Comparison of smoking attitudes between Han nationality secondary school students and Tujia nationality secondary school students. Paper presented at World Heart Federation's World Congress of Cardiology & Cardiovascular Health 2016, Mexico City, Mexico.
  18. Xu, X., Zhang, Y., Zhu, R., **Sharma, M.**, & Zhao, Y. (2016, June). Influence of Wechat (social media) on sleep quality among undergraduates in Chongqing, China. Paper presented at World Heart Federation's World Congress of Cardiology & Cardiovascular Health 2016, Mexico City, Mexico.

19. Xu, X., Chen, C., Liu, L., **Sharma, M.**, Li, Y., & Zhao, Y. (2016, June). Smoking-related attitudes, smoking motive, source of obtaining the first cigarette, smoking-behaviors and smoking among urban male secondary school students in Chongqing, China. Paper presented at World Heart Federation's World Congress of Cardiology & Cardiovascular Health 2016, Mexico City, Mexico.
20. Xu, X., Chen, C., **Sharma, M.**, Liu, H., & Zhao, Y. (2016, June). Influencing factors on smoking-related knowledge, sources of smoking-related knowledge among male urban secondary school students in Chongqing, China, Paper presented at World Heart Federation's World Congress of Cardiology & Cardiovascular Health 2016, Mexico City, Mexico.
21. Knowlden, A., & **Sharma, M.** (2016). Systematic analysis of dietary interventions to improve sleep quality. Paper presented at the 16th Annual American Academy of Health Behavior Meeting in Ponte Vedra Beach, Florida.
22. **Sharma, M.** (2015). Transitioning to faculty life at Jackson State University. Panel discussion presented at New Faculty Orientation at Jackson State University, Jackson, MS.
23. Zhu, Z. R., Xu, L.X., Bai, X. R., Xie, W., **Sharma, M.**, Zhao, Y. (2015). The impact of maternal cognition on screen time (ST) behaviors of preschool children in China. Paper presented at 12<sup>th</sup> Asian Congress of Nutrition, Yokohama, Japan. Program available at: [http://acn2015.org/pdf/program/ACN2015\\_program\\_all.pdf](http://acn2015.org/pdf/program/ACN2015_program_all.pdf)
24. Knowlden, A. P., & **Sharma, M.** (2015, March 18). Long-term evaluation of an online mother-centered intervention for prevention of childhood obesity. Paper presented at the 15th Annual American Academy of Health Behavior Meeting in San Antonio, Texas.
25. **Sharma, M.** (2014, October 23). Case series of research studies by an academician in health promotion . Invited key note speech for Visiting Scholars Seminar Series at University of Oklahoma, Norman, OK. Presentation available at: [https://mymedia.ou.edu/media/HES+Lecture+Series+2014+-+Dr.+Sharma/0\\_3is4oncf](https://mymedia.ou.edu/media/HES+Lecture+Series+2014+-+Dr.+Sharma/0_3is4oncf)
26. **Sharma, M.** (2014, October 24). Preparing for careers in health promotion. Invited presentation at University of Oklahoma, Norman, OK.
27. Bhochhibhoya, A., Branscum, P., & **Sharma, M.** (2014, May). An investigation of the associations between emotional intelligence, type D personality, and mental health. Oklahoma Public Health Association Conference. Oklahoma City, OK.
28. Knowlden, A. P., & **Sharma, M.** (2014). Efficacious Web-based curriculum for maternal increase of child fruit and vegetable consumption. Paper presented at Society for Public Health Education's (SOPHE) 65th Annual Meeting, Baltimore, MD.
29. Hu, P., Han, L., Zeng, H., Zhang, Y., **Sharma, M.**, Zhao, Y. (2013). Evaluation of the cognitive and behavioral effects of a peer education model-based intervention to sun safe in children. Paper presented at 45th APACPH (Asia Pacific Academic Consortium for Public Health) Conference, Wuhan, China.
30. Miller, G., & **Sharma, M.** (2013, October 24). Predicting tobacco use behaviors among middle school students. Paper presented at Health Educator's Institute organized by Ohio SOPHE.
31. Han, L., Xue, H., Tang, B., Yan, M., Kong, W., Gong, T., **Sharma, M.**, Zhao, Y. (2013, September 15). The influence of 2008 Sichuan earthquake to dietary psychological, dietary attitudes and dietary behavior of the adult women in different regions of China. Paper presented at IUNS 20th International Congress of Nutrition, Granada , Spain.
32. Peng, R., Xue, H., Qie, Y., Han, L., Xu, X., Zhang, Y., Zhang, Z., Xia, Y., Yang, T., Zhou, X., Xiong, Z., Zhang, Y., Liu, J., Li, J., Li, T., **Sharma, M.**, & Zhao, Y. (2013, September 15). Effect of maternal pre-pregnancy body mass index and gestational weight gain on newborn weight: a retrospective cohort investigation, Chongqing, West China. Paper presented at IUNS 20th International Congress of Nutrition, Granada , Spain.

33. Knowlden, A. P., *Sharma, M.*, Kanekar, A., & Atri, A. (2013, April). Modeling theoretical predictors of college student mental health. Paper presented at Society for Public Health Education's (SOPHE) 64th Annual Meeting, Orlando, FL.
34. Knowlden, A. P., & *Sharma, M.* (2012, October). Empirical testing of social cognitive theory in predicting the impact of mothers on determinants of pediatric obesity. Paper presented at the 63rd Society of Public Health Educators Annual Meeting, San Francisco, CA.
35. Knowlden, A. P. & *Sharma, M.* (2012, May). Measurement of social cognitive theory maternal-mediated predictors of childhood obesity. Paper presented at the 2012 Ohio Public Health Combined Conference, Columbus, OH.
36. Knowlden, A. P. & *Sharma, M.* (2012, May). Specification of two health belief models predicting the text messaging while driving behaviors of undergraduate college students. Paper presented at the 2012 Ohio Public Health Combined Conference, Columbus, OH.
37. Ickes, M. & *Sharma, M.* (2012, April). Impacting the obesity epidemic: Lessons learned from physical activity interventions among Hispanic adults. Paper presented at 2012 Mid Year Meeting of the Society for Public Health Education (SOPHE) in Nashville, TN.
38. Mehta, P., *Sharma, M.*, & Lee, R. (2012, March). Designing and evaluating a health belief model based intervention to increase intent of HPV vaccination among college men: Use of qualitative and quantitative methodologies. Paper presented at American Academy of Health Behavior Annual Meeting, Austin, TX.
39. Knowlden, A. P. & *Sharma, M.* (2012, March 31). Social cognitive theory structural equation model predicting maternal-mediated behavioral determinants of pediatric obesity. Paper presented at the Tri-State Spring Research Conference, Louisville, OH.
40. Dai, C. & *Sharma, M.* (2012, March 31). Childhood obesity in Taiwan: Predicting childhood obesity prevention behaviors using Social Cognitive Theory. Paper presented at the Tri-State Spring Research Conference, Louisville, OH.
41. Branscum, P., *Sharma, M.*, Wang, L., Wilson, B., & Guyler, L. (2012, March). Evaluating an after-school comic book childhood obesity prevention intervention. Paper for presentation at 2012 National Convention of the Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) in Boston, MA. [Paper accepted but conference cancelled due to power outage]
42. Branscum, P., *Sharma, M.*, Wang, L., Wilson, B., & Guyler, L. (2012, March). Process evaluation of the Comics for Health program. Paper for presentation at 2012 National Convention of the Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) in Boston, MA. [Paper accepted but conference cancelled due to power outage]
43. Branscum, P., & *Sharma, M.* (2011, October 28). Enhancing the effectiveness of mental health promotion programs aimed towards older adults. Paper presented at the 2011 Society for Public Health Education Annual Meeting, Arlington, VA.
44. Branscum, P., & *Sharma, M.* (2011, October 29). A systematic analysis of childhood obesity prevention interventions implemented during the after school period: Implications for future research and practice. Paper presented at the 2011 Society for Public Health Education Annual Meeting, Arlington, VA.
45. Asare, M., *Sharma, M.*, Bernard, A. L., & Rojas-Guyler, L. (October 28, 2011). Using the Health Belief Model and Acculturation to Predict Safer Sexual Behavior and Sexual Communication among African Immigrants in the State of Ohio. Paper presented at the 2011 Society for Public Health Education Annual Meeting, Arlington, VA.
46. Knowlden, A., *Sharma, M.* & Bernard, A. (2011, October 19). Operationalizing the Theory of Planned Behavior to predict the sleep intentions and behaviors of undergraduate college students attending a Midwestern University. Paper presented at the 2011 Health Educator's Institute, Mohican State Park, OH.

47. LaFleur, V., & **Sharma, M.** (2011, July 1). Predictors of mental health in foreign students. Paper presented at the 10<sup>th</sup> Annual 2011 Summer Institute on Evidence-based Practice, "Transforming Care: Friction, Heat, & Light," San Antonio, TX.
48. Knowlden, A., & **Sharma, M.** (2011, May 10). Operationalizing the Health Belief Model to predict college students' engagement in text messaging while operating a motor vehicle. Paper presented at the Public Health Combined Conference, Columbus, OH.
49. Knowlden, A., & **Sharma, M.** (2011, May 10). Evaluation of a Theory of Planned Behavior based intervention to improve sleep intentions and behaviors of undergraduate college students. Paper presented at the Public Health Combined Conference, Columbus, OH. (Paper won third prize in poster presentations).
50. Knowlden, A., **Sharma, M.**, & Bernard, A. (2011, May 10). Development of a Theory of Planned Behavior research model for predicting the sleep intentions and behaviors of undergraduate college students. Paper presented at the Public Health Combined Conference, Columbus, OH. (Paper won first prize in poster presentations).
51. Haider, T., **Sharma, M.** & Bernard, A. (2011, May 10). Using social cognitive theory to predict physical activity behavior among college students of South Asian descent at two large Midwestern universities. Paper presented at the Public Health Combined Conference, Columbus, OH. (Paper won third prize in oral presentations).
52. Knowlden, A., & **Sharma, M.** (2011, April 16). Applying the health belief model to predict college student's engagement of text messaging while operating a motor vehicle. Paper presented at Tri-University Spring Research Conference at University of Cincinnati, Cincinnati, OH.
53. Branscum, P. W., & **Sharma, M.** (2011, April 16). Designing and evaluating an after school social cognitive theory based comic book intervention for the prevention of childhood obesity among elementary aged school children. Paper presented at Tri-University Spring Research Conference at University of Cincinnati, Cincinnati, OH.
54. Mehta, P., & **Sharma, M.** (2011, April 16). Health belief model based predictors of HPV vaccine in college men. Paper presented at Tri-University Spring Research Conference at University of Cincinnati, Cincinnati, OH.
55. Asare, M., & **Sharma, M.** (2011, April 16). Using the health belief model and acculturation to predict safer sexual behavior and sexual communication among African immigrants in the state of Ohio. Paper presented at Tri-University Spring Research Conference at University of Cincinnati, Cincinnati, OH.
56. Vaitinadin, N. S., & **Sharma, M.** (2011, April 16). Using health belief model to predict common childhood obesity prevention behaviors in upper elementary school children. Paper presented at Tri-University Spring Research Conference at University of Cincinnati, Cincinnati, OH.
57. Ickes, M., & **Sharma, M.** (2011). Does behavioral intention predict modifiable behaviors related to adolescent obesity? Paper presented at 126<sup>th</sup> National Convention of AAHPERD, San Diego, CA.
58. Mehta, P., & **Sharma, M.** (2011). Predictors of HPV vaccine acceptability in college men. Paper presented at 2011 Annual Meeting of American Academy of Health Behavior, Hilton Head, South Carolina.
59. Kanekar, A., & **Sharma, M.** (2011). Process and impact evaluation of a brief intervention based on social cognitive theory to develop safer sex skills in African-American college students. Paper presented at 2011 Annual Meeting of American Academy of Health Behavior, Hilton Head, South Carolina.
60. Kanekar, A., & **Sharma, M.** (2011). Using social cognitive theory based constructs to predict safer sex behaviors among college students. Paper presented at 2011 Annual Meeting of American Academy of Health Behavior, Hilton Head, South Carolina.

61. Knowlden, A., & **Sharma, M.** (2011). Community-based mammography interventions targeting African American women. Paper presented at 2011 Annual Meeting of American Academy of Health Behavior, Hilton Head, South Carolina.
62. Knowlden, A., **Sharma, M.** & Bernard, A. (2010, October 14). Theory of planned behavior based predictors of sleep intentions and behaviors in undergraduate college students at a Midwestern University. Paper presented at Ohio SOPHE's 2010 Health Educator's Institute, Salt Fork State Park, OH.
63. Kanekar, A., & **Sharma, M.** (2010, November 5). Programs for safer sex behaviors among college students. Paper presented at 2010 SOPHE 61st Annual Meeting, Denver, CO.
64. Knowlden, A., **Sharma, M.** & Bernard, A. (2010, November 5). Theory of planned behavior based predictors of sleep intentions and behaviors in undergraduate college students at a Midwestern University. Paper presented at 2010 SOPHE 61st Annual Meeting, Denver, CO.
65. Asare, M., & **Sharma, M.** (2010, November 5). Using the theory of planned behavior to predict safer sexual behavior in Ghanaian immigrants in a large Midwestern city in the US. Paper presented at 2010 SOPHE 61st Annual Meeting, Denver, CO.
66. Branscum, P., Kaye, G., Succop, P., & **Sharma, M.** (2010, May 11). An evaluation of holiday weight gain among elementary-aged children. Paper presented at Ohio Public Health Association Combined Conference, Columbus, OH. (Paper won second prize in oral presentations).
67. Hoffman, A., Branscum, P., & **Sharma, M.** (2010, May 11). An impact and outcome evaluation of 'Health with Comics:' A social cognitive theory based nutrition education curriculum. Paper presented at Ohio Public Health Association Combined Conference, Columbus, OH. (Paper won second prize in poster presentations).
68. Knowlden, A., **Sharma, M.** & Cottrell, R. (2010, May 11). Theory of planned behavior based predictors of sleep intentions and behaviors in undergraduate college students at a Midwestern University. Paper presented at Ohio Public Health Association Combined Conference, Columbus, OH. (Paper won first prize in poster presentations).
69. Mehta, P., & **Sharma, M.** (2010, April 17). Designing and pilot testing a physical activity intervention to enhance self control and expectations in Asian Indian women. Paper presented at Tri-University Spring Research Conference at University of Kentucky, Lexington, KY.
70. Knowlden, A., **Sharma, M.** & Cottrell, R. (2010, April 17). Theory of planned behavior based predictors of sleep intentions and behaviors in undergraduate college students at a Midwestern University. Paper presented at Tri-University Spring Research Conference at University of Kentucky, Lexington, KY.
71. Branscum, P., & **Sharma, M.** (2010, April 17). A formative evaluation of the feasibility and acceptability of a health promoting comic book among elementary aged children. Paper presented at Tri-University Spring Research Conference at University of Kentucky, Lexington, KY.
72. Asare, M., & **Sharma, M.** (2010, April 17). Health belief model based focus group discussion among Ghanaian college students in a Midwestern city. Paper presented at Tri-University Spring Research Conference at University of Kentucky, Lexington, KY.
73. Mehta, P., & **Sharma, M.** (2010, April 6). Internet and cell phone based smoking cessation programs among adolescents. Paper presented at the International Conference on Engineering and Meta-Engineering (ICEME 2010), Orlando, FL.
74. Branscum, P., **Sharma, M.**, Kaye, G., & Succop, P. (2010). An evaluation of the validity and reliability of a food behavior checklist modified for children. Paper presented at 10<sup>th</sup> Annual Meeting of American Academy of Health Behavior, Clearwater Beach, FL.



75. Yeramaneni, S., & **Sharma, M.** (2010). Social cognitive theory based predictors of alcohol-use among college athletes. Paper presented at 2010 AAHE/AAHPERD Convention in Indianapolis, Indiana.
76. Yeramaneni, S., & **Sharma, M.** (2010). A web-based intervention for unsafe drinking among Asian Indian students. Paper presented at 2010 AAHE/AAHPERD Convention in Indianapolis, Indiana.
77. Kanekar, A., & **Sharma, M.** (2009). School based childhood obesity interventions: A meta-analytic review. Paper presented at 2009 SOPHE 60th Annual Meeting, Philadelphia, PA.
78. Kanekar, A., & **Sharma, M.** (2009). Predictors of safer sex among African-American college students- Use of Social Cognitive Theory. Paper presented at 2009 SOPHE 60th Annual Meeting, Philadelphia, PA.
79. Kanekar, A., & **Sharma, M.** (2009, April 4). Meta analysis of school-based childhood obesity interventions. Paper presented at Tri-University Spring Research Conference at University of Louisville, Louisville, KY.
80. Kanekar, A., & **Sharma, M.** (2009, April 4). Testing the efficacy of a brief social cognitive theory based safer sex intervention among African American college students. Paper presented at Tri-University Spring Research Conference at University of Louisville, Louisville, KY.
81. Kanekar, A., & **Sharma, M.** (2009, April 4). Using social cognitive theory to predict safer sex behaviors in African American college students. Paper presented at Tri-University Spring Research Conference at University of Louisville, Louisville, KY.
82. Yeramaneni, S., & **Sharma, M.** (2009, April 4). Social cognitive theory based predictors of alcohol use and binge drinking among college. Paper presented at Tri-University Spring Research Conference at University of Louisville, Louisville, KY.
83. Yeramaneni, S., & **Sharma, M.** (2009, April 4). A web-based intervention using social cognitive theory for unsafe drinking among Asian Indian international college students. Paper presented at Tri-University Spring Research Conference at University of Louisville, Louisville, KY.
84. Mehta, P., & **Sharma, M.** (2009, April 4). Social cognitive theory as a predictor of dietary behavior and leisure time physical activity. Paper presented at Tri-University Spring Research Conference at University of Louisville, Louisville, KY.
85. Branscum, P., & **Sharma, M.** (2009, April 4). Predictors of snack food consumption among children using social cognitive theory: Implications for health promoting interventions. Paper presented at Tri-University Spring Research Conference at University of Louisville, Louisville, KY.
86. Asare, M., & **Sharma, M.** (2009, April 4). Using Theory of Planned Behavior to predict safer sex behavior among Ghanaian immigrants in a Midwestern metropolitan area. Paper presented at Tri-University Spring Research Conference at University of Louisville, Louisville, KY.
87. Yung, B., Leahy, P., Fischer, R., Deason, L., Clasen, C., & **Sharma, M.** (2009, February 26). Collaboration of a statewide academic panel and a state office of minority health to improve evaluation. Paper presented at Third national leadership summit on eliminating racial and ethnic disparities in health, Washington, DC.
88. Kanekar, A., & **Sharma, M.** (2009). Social cognitive theory based predictors of safer sex among African-American college students. Paper presented at 2009 American Academy of Health Behavior Meeting, Hilton Head, SC.
89. Kanekar, A., & **Sharma, M.** (2009). Review of qualitative studies related to safer sex among college students and adolescents: Directions for research. Paper presented at 2009 American Academy of Health Behavior Meeting, Hilton Head, SC.

90. Kanekar, A., **Sharma, M.** & Atri, A. (2009). Building social support, hardiness and acculturation to enhance mental health among Asian Indian international students. Paper presented at 2009 American Academy of Health Behavior Meeting, Hilton Head, SC.
91. Ickes, M., & **Sharma, M.** (2008). Prediction of behaviors related to childhood obesity using theory of planned behavior. Paper presented at 2008 SOPHE 59<sup>th</sup> Annual Meeting, San Diego, CA.
92. Kanekar, A., & **Sharma, M.** (2008, June 22). Enhancing social support, hardiness and assimilation among Asian Indian International students at a large University. Paper presented at Engage. Challenge. Inspire 2008 mid year conference by American Association for Health Education, Cincinnati, OH.
93. Kanekar, A., & **Sharma, M.** (2008, June 22). Predictions of safer sex in African American college students: Use of Social Cognitive Theory. Paper presented at Engage. Challenge. Inspire 2008 mid year conference by American Association for Health Education, Cincinnati, OH.
94. Ickes, M., & **Sharma, M.** (2008, June 22). Prediction of nutrition and physical activity behaviors in eighth graders using Theory of Planned Behavior. Paper presented at Engage. Challenge. Inspire 2008 mid year conference by American Association for Health Education, Cincinnati, OH.
95. Veera, R. R. L., & **Sharma, M.** (2008, April 12). Physical activity levels among Asian Indian international students and social cognitive theory determinants. Paper presented at Tri-University Spring Research Conference at University of Cincinnati, Cincinnati, OH.
96. Kanekar, A., & **Sharma, M.** (2008, April 12). Testing the efficacy of social cognitive theory based intervention of safer sex among African American college students. Paper presented at Tri-University Spring Research Conference at University of Cincinnati, Cincinnati, OH.
97. Swisshelm, E. A., & **Sharma, M.** (2008, April 12). Predicting obesity prevention behaviors using social cognitive theory among overweight children in the clinical setting. Paper presented at Tri-University Spring Research Conference at University of Cincinnati, Cincinnati, OH.
98. Yeramaneni, S., & **Sharma, M.** (2008, April 12). Social cognitive theory based predictors of alcohol use among Asian Indian international students in Midwestern Universities. Paper presented at Tri-University Spring Research Conference at University of Cincinnati, Cincinnati, OH.
99. Atri, A., & **Sharma, M.** (2007, April 21). Designing and pilot testing an Internet based intervention to enhance the social support and acculturation of Asian Indian international students. Paper presented at Tri-University Spring Research Conference at University of Kentucky, Lexington, KY.
100. Kanekar, A., & **Sharma, M.** (2007, April 21). Social cognitive theory based predictors of safer sex for college students. Paper presented at Tri-University Spring Research Conference at University of Kentucky, Lexington, KY.
101. Atri, A., **Sharma, M.**, & Cottrell R. (2007, March 26). Asian Indian students in transition: Predictors of mental health. Paper presented at 2007 meeting of the American Academy of Health Behavior in Savannah, GA.
102. Atri, A., **Sharma, M.**, & Cottrell R. (2006, November). *Mental health predictors in international Asian Indian college students: Implications for health education*, Paper presented at the Annual Meeting of the Society for Public Health Education, Boston, MA.
103. Murnan, J., & **Sharma, M.** (2006, August 30). *Universal elementary school-based interventions to prevent childhood obesity*. Invited presentation at the National Center for Women and Children's Health, Chinese Center for Disease Control and Prevention, Beijing, China.

104. **Sharma, M.** (2006, April 21). *Culturally-relevant obesity prevention program for Asian Americans in Ohio*. Paper presented at the Research and Evaluation Enhancement Program (REEP)'s Ohio Health Disparities Research Forum, Columbus, OH.
105. Deason, L., Fischer, R., Leahy, P., Perkins, F., & **Sharma, M.** (2006, April 21). *Culturally competent evaluation*. Paper presented at the Research and Evaluation Enhancement Program (REEP)'s Ohio Health Disparities Research Forum, Columbus, OH.
106. Atri, A., **Sharma, M.**, & Cottrell, R. (2006, April 1). *Predictors of mental health of international Asian Indian students in two large Midwestern Universities*. Paper presented at Tri-University Spring Research Conference at University of Louisville, Louisville, KY.
107. **Sharma, M.** (2005, March). *Health promotion models in the United States*. Paper presented at University College of Medical Sciences, Delhi. India.
108. Mayer, H., Girdano, D. & **Sharma, M.** (2004, June). *Acute psycho-biological effects of continuous versus intermittent aerobic exercise in sedentary adults*. Paper presented at the 51<sup>st</sup> Annual Meeting of the American College of Sports Medicine at Indianapolis, IN.
109. **Sharma, M.** (2003, March 13). *Seven habits of highly effective online faculty learners*. Paper presented at the University of North Florida, Jacksonville, FL
110. **Sharma, M.** (2003, April 23). *Using Freire's model for impact evaluation of coalitions in health*. Paper presented at the University of Nebraska at Lincoln, Lincoln, NE.
111. **Sharma, M.** (2002, July 23). *Matching statistical methods to common research problems in health and human services*. Paper presented at Walden University, Bloomington, IN.
112. **Sharma, M.** (2002, July 23). *Developing and validating self-report instruments for needs assessment and program evaluation in health and human services*. Paper presented at Walden University, Bloomington, IN.
113. **Sharma, M.** (2002, July 26). *Using Freire's model for impact evaluation of coalitions in health and human services*. Paper presented at Walden University, Bloomington, IN.
114. Holloway, A., **Sharma, M.**, Bouda, D., & Musser, A. (2002, April 26). *A study of multi-modalities approach to biofeedback*. Paper presented at Nebraska Academy of Sciences, Lincoln, NE.
115. **Sharma, M.** (2001, July 25). *Kundalini Energy Yoga*. Paper presented at American Red Cross, Omaha Chapter, Omaha, NE.
116. **Sharma, M.** (2001, June 13). *Application of behavioral theory in health and human services*. Paper presented at Walden University, Phoenix, AZ.
117. **Sharma, M.** (2001, June 14). *Developing behavioral theory-based instruments for community health programs*. Paper presented at Walden University, Phoenix, AZ.
118. **Sharma, M.** (2001, June 15). *Reliability testing and using factor analysis for construct validation*. Paper presented at Walden University, Phoenix, AZ.
119. **Sharma, M.** (2001, June 16). *Considerations in sampling and data collection for survey research in health services*. Paper presented at Walden University, Phoenix, AZ.
120. **Sharma, M.** (1999, March 23). *Evaluation of worksite health promotion programs*. Paper presented at the Wellness Councils of the Midlands (WELCOM) Conference in Omaha, NE.
121. **Sharma, M.** (1999, October 20). *Alternative and complimentary health practices*. Paper presented at the 1999 Minority health conference held at Creighton University, Omaha, NE.

122. Gray, K., & **Sharma, M.** (1999). Development and evaluation of a school-based heart health program based on Social Cognitive theory. Paper presented at AAHPERD Annual Meeting in Boston, MA.
123. **Sharma, M.** (1998, October 10). *Operationalizing the Freirian Praxis of social change: Issues for measurement and evaluation.* Paper presented at the World Health Organization (WHO) & Associazione Italiana Amici di Raoul Follereau (AIFO) Workshop on Problem Solving Management Techniques, Bologna, Italy.
124. **Sharma, M.** (1998, October 11). *Participatory methods for problem solving used by community-based health programs and projects.* Paper presented at the World Health Organization (WHO) & Associazione Italiana Amici di Raoul Follereau (AIFO) Workshop on Problem Solving Management Techniques, Bologna, Italy.

**FUNDED GRANTS/ CONTRACTS: (n=108; about \$ 4 million; < \$5,000 = 54; \$5,000-\$50,000 = 38; \$50,001-\$500,000 = 7; >\$500,000 =2; Foreign =7)**

1. To apply multi-theory model of health behavior change to address implicit bias in public health, funded by *Jackson State University* under *National Science Foundation* Award 1008708 JSU ADVANCE, Jackson, MS (2017), **\$10,000**. Role: **Principal investigator**
2. Daniel Hale Williams Scholars Program funded by Jackson Heart Study Graduate Training and Education Center (GTEC), Jackson, MS (2017-18), **\$3,825**. Role: **Learning Community Instructor.**
3. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2017-18), **\$9,500**. Role: **Consultant**
4. Project IM-HUB grants evaluation, funded by *Wright State University* through *The Ohio Commission on Minority Health*, OH (2017), **\$7,000**. Role: **Consultant.**
5. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2016-17), **\$9,500**. Role: **Consultant**
6. Daniel Hale Williams Scholars Program funded by Jackson Heart Study Graduate Training and Education Center (GTEC), Jackson, MS (2016-17), **\$3,750**. Role: **Learning Community Instructor.**
7. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2016), **\$1,000**. Role: **Principal writer**
8. Project Student Awareness Mental Health Project (SAMHP), funded by *Historically Black Colleges and Universities Center for Excellence (HBCU-CFE) in Behavioral Health* (2015-16), **\$7,500**. Role: **Co-Principal Investigator.**
9. Project Suicide Prevention and Awareness for Depression (SPAD), funded by School of Public Health, *Jackson State University* (2015-16) **\$3,000**. Role: **Faculty Mentor.**
10. Project Expansion of the Certified Pathways Community HUB Model, funded by *Wright State University* through *The Ohio Commission on Minority Health*, OH (2015-16), **\$7,000**. Role: **Consultant.**
11. Daniel Hale Williams Scholars Program funded by Jackson Heart Study Graduate Training and Education Center (GTEC), Jackson, MS (2015-16), **\$11,250**. Role: **Learning Community Advisor.**
12. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2015), **\$1,000**. Role: **Principal writer**
13. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2015-16), **\$9,500**. Role: **Consultant**

14. Travel grant to China to deliver lectures and consult on research projects, funded by *Chongqing Medical University*, Chongqing, China (May 2015), **\$5,000**. Role: **Visiting Faculty**
15. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2014), **\$1,000**. Role: **Principal writer**
16. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2014-15), **\$7,500**. Role: **Consultant**
17. Influence of micro blogging on youth's behavior of eating out and pilot intervention (2014), funded by *KFC of China*, **RMB 150,000**. Role: **Co-Investigator**.
18. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2013-14), **\$7,500**. Role: **Consultant**
19. To participate as Visiting Faculty, Department of Nutrition and Food Hygiene, School of Public Health and Management, Chongqing Medical University, China, funded by *Chongqing Medical University* (2013) **RMB 20,000**. Role: **Visiting faculty**
20. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2013), **\$1,000**. Role: **Principal writer**
21. Research for capacity building for continuing medical education (CME) in India, funded by *GPClinics*, 2013, **\$2,408**. Role: **Principal investigator**
22. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2012-13), **\$7,500**. Role: **Consultant**
23. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2012), **\$1,000**. Role: **Principal writer**
24. Faculty mentoring research grant for the project: Using Social Cognitive Theory to measure five maternal-mediated constructs for predicting four behavioral determinants of childhood obesity (2012), funded by *University of Cincinnati*, **\$1,000**. Role: **Faculty mentor**.
25. Faculty mentoring research grant for the project: Predicting childhood obesity prevention behaviors using social cognitive theory for elementary school children in Taiwan (2012), funded by *University of Cincinnati*, **\$1,000**. Role: **Faculty mentor**.
26. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2011-12), **\$7,500**. Role: **Consultant**
27. Designing and evaluating a health belief model based intervention to increase HPV vaccination among college men: Use of qualitative and quantitative methodologies, funded by *Merck Pharmaceuticals* (2011-13) at *University of Cincinnati*, **\$68,988**. Role: **Principal investigator**.
28. Assistance to participate in Global Addiction Conference, Lisbon, Portugal funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2011), **\$3,000**. Role: **Principal writer**
29. Participation in Summer Technology Institute (2011) funded by *Faculty Development Council, University of Cincinnati*, **\$750**. Role: **Principal writer**
30. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2011), **\$1,000**. Role: **Principal writer**
31. Enhancing research and teaching skills for developing public health interventions to address obesity prevention (2011) funded by *Faculty Development Council, University of Cincinnati*, **\$2,261**. Role: **Principal writer**.
32. Faculty mentoring research grant for the project: Using health belief model to predict common childhood obesity prevention behaviors in upper elementary school children (2011), funded by *University of Cincinnati*, **\$1,000**. Role: **Faculty mentor**.

33. Faculty mentoring research grant for the project: Health belief model based predictors of engagement in text messaging while operating a motor vehicle (2011), funded by *University of Cincinnati*, **\$1,000**. Role: **Faculty mentor**.
34. Faculty mentoring research grant for the project: Using the health belief model and acculturation levels to predict safer sex and sexual communication among African immigrants in Ohio (2011), funded by *University of Cincinnati*, **\$1,000**. Role: **Faculty mentor**.
35. Faculty mentoring research grant for the project: Designing and evaluating an after school social cognitive theory based comic book intervention for the prevention of childhood obesity among elementary-aged school children (2011), funded by *University of Cincinnati*, **\$1,000**. Role: **Faculty mentor**.
36. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2010-11), **\$6,500**. Role: **Consultant**
37. Healthy choices among school students (2011), funded by *United Health Care Youth Service America HEROES grant*, at *University of Cincinnati*, **\$3,050**. Role: **Principal investigator**.
38. Assistance to participate in 2<sup>nd</sup> International Congress on Abdominal Obesity in Buenos Aires (2011) funded by *Diversity Committee, University of Cincinnati*, **\$3,500**. Role: **Principal writer**.
39. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2010), **\$1,000**. Role: **Principal writer**.
40. Designing a theory-based wellness program for Employees State Insurance Corporation (ESIC), India funded by *Indian Heart Alliance* (2010), at *University of Cincinnati*, **\$3,600**. Role: **Principal investigator**.
41. Faculty mentoring research grant for the project: Designing and pilot testing a physical activity intervention to enhance self-efficacy, self-control, and expectations in Asian Indian women (2010), funded by *University of Cincinnati*, **\$750**. Role: **Faculty mentor**.
42. Faculty mentoring research grant for the project: Theory of Planned Behavior based predictors of sleep behaviors and intentions in undergraduate college students (2010), funded by *University of Cincinnati*, **\$750**. Role: **Faculty mentor**.
43. Faculty mentoring research grant for the project: A formative evaluation of the feasibility and acceptability of a health promoting comic book among 3<sup>rd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> grade children (2010), funded by *University of Cincinnati*, **\$750**. Role: **Faculty mentor**.
44. Promoting fruit and vegetable consumption among 4<sup>th</sup> grade students using self-developed comic books (2010), funded by *United Health Care Youth Service America HEROES grant*, **\$4,623**. Role: **Co-investigator**.  
Report on: <http://www.ysa.org/grants/list/UnitedHealth%20HEROES/2010>
45. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2009), at *University of Cincinnati*, **\$1,000**. Role: **Principal writer**.
46. Faculty mentoring research grant for the project: Predictors of snack food consumption among children: Implications for health promoting interventions (2009), funded by *University of Cincinnati*, **\$750**. Role: **Faculty mentor**.
47. Faculty mentoring research grant for the project: Developing and testing a brief social cognitive theory based intervention for safer sex among African-American college students (2009), funded by *University of Cincinnati*, **\$750**. Role: **Faculty mentor**.
48. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2009-10), **\$12,000**. Role: **Consultant**.

49. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2008-09), **\$8,000**. Role: **Consultant**.
50. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2008), at *University of Cincinnati*, **\$1,000**. Role: **Principal writer**.
51. Interdisciplinary faculty research grant: Children's Health Attitudes Project (CHAP Initiative) (2008), funded by *University of Cincinnati*, **\$25,000**. Role: **Co-investigator**.
52. Faculty mentoring research grant for the project: Physical activity levels among Asian Indian university students: Social cognitive theory determinants (2008), funded by *University of Cincinnati*, **\$750**. Role: **Faculty mentor**.
53. Faculty mentoring research grant for the project: Predicting obesity prevention behaviors using social cognitive theory among overweight children in the clinical setting (2008), funded by *University of Cincinnati*, **\$737**. Role: **Faculty mentor**.
54. Faculty mentoring research grant for the project: Social cognitive theory based predictors of alcohol use among Asian Indian international students in Midwestern universities (2008), funded by *University of Cincinnati*, **\$500**. Role: **Faculty mentor**.
55. Faculty mentoring research grant for the project: Testing the efficacy of social cognitive theory based intervention of safer sex among African American college students (2008), funded by *University of Cincinnati*, **\$500**. Role: **Faculty mentor**.
56. Effects of a promotora-mediated physical activity intervention for Latinas (2006-09), funded by *National Institutes of Health* (1K01NR009381-01A2), **\$ 274,104**. Role: **Mentor**.
57. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2007-08), **\$8,000**. Role: **Consultant**.
58. Graduate Editorial Assistant for *Journal of Alcohol and Drug Education* funded by *The Graduate Council* (2007-08), at *University of Cincinnati*, **\$30,000**. Role: **Principal writer**.
59. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2007), at *University of Cincinnati*, **\$500**. Role: **Principal writer**.
60. Faculty mentoring research grant for the project: Social cognitive theory-based predictors of safer sex in college students (2007), funded by *University of Cincinnati*, **\$750**. Role: **Faculty mentor**.
61. Faculty mentoring research grant for the project: Designing and pilot testing an Internet based intervention to enhance social support and acculturation of Asian Indian international students (2007), funded by *University of Cincinnati*, **\$500**. Role: **Faculty mentor**.
62. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2006), at *University of Cincinnati*, **\$500**. Role: **Principal writer**.
63. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2006-07), **\$10,000**. Role: **Consultant**.
64. Evaluation of the Santa Maria Community Partnership Project funded by *Wright State University & The Ohio Commission on Minority Health*, OH (2006-07), **\$10,100**. Role: **Principal Investigator**.
65. Graduate Editorial Assistant for *Journal of Alcohol and Drug Education* funded by *The Graduate Council* (2006-07), at *University of Cincinnati*, **\$30,000**. Role: **Principal writer**.
66. Present a paper at 11<sup>th</sup> World Congress on Public Health in Rio De Janeiro, Brazil funded by *Faculty Development Council* (2006), at *University of Cincinnati*, **\$ 3,050**. Role: **Principal writer**.

67. Ann A. Hertzler Research Award for designing and pilot testing a childhood obesity prevention intervention (2006), funded by *American Dietetic Association*, \$ 5,000. Role: **Co-Investigator**
68. Using social cognitive theory to predict childhood obesity prevention behaviors among primary school children in China (2006), funded by *University of Cincinnati International Program*, \$4,000. Role: **Co-Investigator**
69. Faculty mentoring research grant for the project: Predictors of mental health in Asian Indian international students: Implications for health education (2006), funded by *University of Cincinnati*, \$750. Role: **Faculty mentor**.
70. Conduct studies/projects on evaluator panel of Research Enhancement and Evaluation Program (REEP) of the *Wright State University*, funded by *The Ohio Commission on Minority Health*, OH (2005-06), \$13,250. Role: **Consultant**.
71. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2005), at *University of Cincinnati*, \$500. Role: **Principal writer**.
72. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2004), at *University of Cincinnati*, \$500. Role: **Principal writer**.
73. Pilot-testing an innovative yoga-based intervention as supportive therapy for arthritis by *Nebraska Health & Human Services System (NHHSS)* (2004), \$2,800. . Role: **Principal Investigator**.
74. Testing a yoga-based smoking cessation program (2004), funded by *Nebraska Health & Human Services System (NHHSS)* at *University of Nebraska at Omaha*, \$24,000. Role: **Co-Investigator**.
75. Designing and conducting evaluation of the FRE (Full responsibility education) program in Omaha by *Insight, Inc.* (2003) at *UNOmaha*, \$1,000. . Role: **Principal Investigator**.
76. Afghan women teacher training exchange program (2002), funded by *United States Bureau of Educational & Cultural Affairs* at *UNOmaha*, \$200,000. Role: **Consultant**.
77. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (Winter 2002), at *UNOmaha*, \$ 1,000. Role: **Principal writer**.
78. Online graduate course development on Health Education Interventions funded by *Nebraska Distance Learning Consortium* (2002) at *UNOmaha*, \$2,500. Role: **Principal writer**.
79. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (Fall 2002), at *UNOmaha*, \$ 1,000. Role: **Principal writer**.
80. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (Spring 2002), at *UNOmaha*, \$ 1,000. Role: **Principal writer**.
81. Evaluation of *Project Frontier Youth Initiative*, (2002-2003) funded by *Educational Service Unit #17*, Ainsworth, NE, \$8,400. Role: **Principal Investigator**.
82. Training and evaluation of medical residents in smoking cessation based on AHCPR guidelines in North and North East Omaha (2001), funded by *Nebraska Health & Human Services Department* at *UNOmaha*, \$8,500. Role: **Co-Investigator**.
83. Outreach to ethnic minorities through Tobacco Free Nebraska in Douglas County (2002-2004), funded by *Nebraska Health & Human Services Department* at *Charles Drew Health Center*, \$858,798. Role: **Consultant**.
84. Facilitation of Strategic Planning and Assessment of Infant Mortality reduction efforts by *Omaha Healthy Start* (2001-2005), a project funded by *Maternal and Child Health Bureau* of the *United States Department of Health and Human Services*, \$900,000. Role: **Consultant**.



85. Assistance to edit *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (2001), at *UNOmaha*, \$ 5,000. Role: **Principal writer.**
86. Strategic Planning of community-based community-based rehabilitation programme in Mongolia funded by *European Union & Associazione Italiana Amici di Raoul Follereau* (2000) at *UNOmaha*, \$ 5,000. Role: **Principal Investigator.**
87. Needs assessment through focus group discussions for colorectal cancer intervention planning in Lancaster County, Nebraska (2000), at *American Cancer Society*, \$17,500. Role: **Co-Investigator.**
88. Survey of cancer-related knowledge, attitudes, practices in Omaha minority communities, Nebraska (2000), at *American Cancer Society*, \$26,100. Role: **Co-Investigator.**
89. Assistance with editing *Journal of Alcohol and Drug Education* funded by the *American Alcohol & Drug Informational Foundation*, Lansing, MI (1999 & 2000), at *UNOmaha*, \$5,000 for each year. Role: **Co-Writer.**
90. Evaluation of smoking cessation training of volunteers and health care providers in Omaha funded by the *Nebraska Health and Human Services System*, Lincoln, NE (1999-2000) at *UNOmaha*, \$ 70,509. Role: **Principal Investigator.**
91. Development and evaluation of a comprehensive program for prevention and control of asthma in Omaha funded by the *U.S. Environmental Protection Agency (USEPA)*, Kansas City, KS (1999-2001) at *UNOmaha*, \$98,000. Role: **Co-Investigator.**
92. Incorporation of service learning in health education curriculum funded by *The Nebraska Consortium for Service Learning in Higher Education* (2000) at *UNOmaha*, \$1,500. Role: **Principal writer.**
93. Service Learning Pilot Project -- *Healthy Halloween Campaign* for health education planning and organization students funded by the *United Methodist -- 55 Plus Program*, Omaha, NE including in-kind support from several community-based agencies (1999) at *UNOmaha*, \$2,300. Role: **Principal writer.**
94. Participatory evaluation of community-based community-based rehabilitation programme in North Central Vietnam funded by *European Union & Associazione Italiana Amici di Raoul Follereau* (1999) at *UNOmaha*, \$ 5,000. Role: **Principal Investigator.**
95. Development and evaluation of *Lead Safe Coalition in Omaha* funded by the *U.S. Environmental Protection Agency*, Kansas City, KS (1999), at *Indian Chicano Health Center*, \$ 47,000. Role: **Consultant.**
96. Training in participatory methods and *Freirian praxis*, Bologna, Italy funded by *Associazione Italiana Amici di Raoul Follereau (AIFO)* (1998) at *UNOmaha*, \$1,000. Role: **Consultant.**
97. Evaluation of *Maternal and Child Health Coalition in Omaha*, funded by the *Department of Health & Human Services of the U.S. Government* (1998), at *Charles Drew Health Center*, \$400,000. Role: **Consultant.**
98. Development of a weight management program for obese community members of Omaha Tribe funded by the *Omaha Tribe*, Macy, NE (1997) at *UNOmaha*, \$19,000. Role: **Co-Investigator.**
99. Development and evaluation of “Building Healthy Lifestyles” intervention in Columbus, Ohio Phase II funded by the *Centers for Disease Control and Prevention (CDC)* through the Federal Preventive Health, Health Services Block Grant (PHHSBG) administered through the Ohio Department of Health (ODH) (1997), at *Columbus Health Department*, \$159,000. Role: **Principal writer.**
100. Development and evaluation of “Building Healthy Lifestyles” intervention in Columbus, Ohio Phase I funded by the *Centers for Disease Control and Prevention (CDC)* through the Federal Preventive Health, Health Services Block Grant (PHHSBG) administered through the Ohio Department of Health (ODH) (1996), at *Columbus Health Department* \$149,000. Role: **Principal writer.**

101. Development of scales for measuring problem solving skills and its antecedents among upper elementary school children funded by *The Ohio State University*, College of Education (1995) at *The Ohio State University*, **\$1,400**. Role: **Principal Investigator**.
102. A study of *Lactobacillus acidophilus* as a cholesterol-lowering agent in hypercholesterolemic individuals funded by *UAS Laboratories*, MN (1994) at *Minnesota State University*, **\$17,000**. Role: **Principal Investigator**.
103. An inquiry on the role of Lactobacilli on conditions affecting health funded by *Minnesota State Universities*, MN (1993) at *Minnesota State University*, **\$3,585**. Role: **Principal Investigator**.
104. Health orientation training for development groups personnel funded by *EZE Germany* (1989-92) at *Voluntary Health Association of India*, **Rs.200,000**. Role: **Principal writer**.
105. A medico-anthropological analysis of educational materials developed against AIDS prevention under the Universities Talk AIDS (UTA) program funded by the *World Health Organization (WHO)*, *SEARO Region* (1992) at *University College of Medical Sciences*, **Rs.15,000**. Role: **Co-Investigator**.
106. Evaluation of the impact of "Training of Trainers in Community Health" program based on participatory research methods funded by the *Swiss Development Corporation (SDC)* (1989-92) at *Voluntary Health Association of India*, **Rs. 350,000**. Role: **Co-Investigator**.
107. To conduct needs assessment and develop community health projects in high-need states of India, KHOJ Project (Developing Community Health Projects in Selected States of India) funded by *EZE, Germany*, (1991-92) at *Voluntary Health Association of India*, **Rs. 200,000**. Role: **Co-Investigator**.
108. To develop health education materials for Improved Infant Feeding Practices (IIFP) Project funded by *United Nations Children's Fund (UNICEF)* (1989-91) at *Voluntary Health Association of India*, **Rs. 200,000**. Role: **Consultant**.

### **RESEARCH IN MEDIA & NEWS:**

- Book on Practical Stress management covered as: "Elsevier Updates Stress Management Handbook with New Meditation Techniques" on June 13, 2017 on BioSpace (United States), Broadway World (United States), Morningstar.com (United States), Wallstreet Online (Germany), MarketWired (Canada), Daily Times Leader (United States), EIN News (United States) <http://www.broadwayworld.com/bwwbooks/article/Elsevier-Updates-Stress-Management-Handbook-with-New-Meditation-Techniques-20170613#>
- Article on Diet and sleep covered as "Does your diet influence how well you sleep?" on April 22, 2016 in Times of India, Siasat Daily (India), Deccan Chronicle (India), Syndication (India), Medical News Today (United Kingdom), News-Medical.Net (Australia), EurekAlert! (United States) <http://timesofindia.indiatimes.com/life-style/health-fitness/diet/Does-your-diet-influence-how-well-you-sleep/articleshow/51938209.cms>
- Two articles on "Most-Read Articles" list of *Health Promotion Practice* during April 2015 through March 2016: (#16) Branscum, P. W., Sharma, M., Wang, L., Wilson, B., & Guyler, L. (2013). A process evaluation of a social-cognitive-theory-based childhood obesity prevention intervention: The Comics for Health program. *Health Promotion Practice*, 14(2), 189-198. (#48) Branscum, P., & Sharma, M. (2014). Comparing the utility of the theory of planned behavior between boys and girls for predicting snack food consumption: Implications for practice. *Health Promotion Practice*, 15(1), 134-140.
- One article on the "most-read" articles list of *IQCHE*, May 2016: Priest, H. M., Knowlden, A. P., & Sharma, M. (2015). Social cognitive theory predictors of human papillomavirus

vaccination intentions of college men at a Southeastern university. *International Quarterly of Community Health Education*, 35(4), 371-385.

- One article recognized (#12) in the list of “most read “articles for 2014-15 by *Health Promotion Practice*: Branscum, P. W., Sharma, M., Wang, L., Wilson, B., & Guyler, L. (2013). A process evaluation of a social-cognitive-theory-based childhood obesity prevention intervention: The Comics for Health program. *Health Promotion Practice*, 14(2), 189-198.
- Research on yoga and cancer covered as, “UC research shows yoga as cancer treatment is not such a big stretch” on <http://www.uc.edu/news/NR.aspx?id=18676> on November 4, 2013.
- One article on “Yoga as an alternative and complementary approach for arthritis: A systematic review “ in *Journal of Evidence-Based Complementary & Alternative Medicine* was featured on [www.MDLinx.com](http://www.MDLinx.com) and selected as **number 1** on the orthopedics site <http://www.mdlinx.com/rheumatology/news-article.cfm/4825892/251/yoga-mind-body-interventions-arthritis-osteoarthritis> Also covered in *RA Today*, Vol. 5, Issue 2, p. 4. in 2013.
- One article on 'Role of yoga in preventing and controlling Type 2 diabetes mellitus' in *Journal of Evidence-Based Complementary & Alternative Medicine* was featured on [www.MDLinx.com](http://www.MDLinx.com) and selected as **number 6** on the emergency-medicine site <http://www.mdlinx.com/emergency-medicine/news-article.cfm/3992801> in 2012.
- One article identified as “most-read article” in 2011 by *Journal of Evidence based Complementary and Alternative Medicine* (Formerly Complementary Health Practice Review) (#3: Mehta, P., & Sharma, M. (2010). Yoga as a complementary therapy for clinical depression. *Complementary Health Practice Review*, 15(3), 156-170)
- Two articles identified as “top downloaded reviews” by *Obesity Reviews*, 2010 (#2: Sharma, M. (2007). Behavioral interventions for preventing and treating obesity in adults. *Obesity Reviews*, 8(5), 441-449. #9: Sharma, M. (2007). International school-based interventions for preventing obesity in children. *Obesity Reviews*, 8 (2), 155–167.)
- Research with Paul Branscum, doctoral advisee, on *childhood snacking* (<http://www.uc.edu/news/NR.aspx?id=15067> ) covered on May 7, 2012 on NPR ([http://www.wvxu.org/news/wvxunews\\_article.asp?ID=10025](http://www.wvxu.org/news/wvxunews_article.asp?ID=10025) and zee news ([http://zeenews.india.com/news/health/healthy-eating/why-kids-prefer-high-calorie-snacks-over-fruits\\_16896.html](http://zeenews.india.com/news/health/healthy-eating/why-kids-prefer-high-calorie-snacks-over-fruits_16896.html)), News track India (<http://www.newstrackindia.com/newsdetails/2012/05/08/338-Why-some-kids-prefer-high-calorie-snacks-over-fruits.html>), Medical Express (<http://medicalxpress.com/news/2012-05-children-snack-choices.html>), Counsel heal (<http://www.counselheal.com/articles/1770/20120508/researchers-examine-what-predict-children-s-snack.htm>), Eurekalert ([http://www.eurekalert.org/pub\\_releases/2012-05/uoc-nse050712.php](http://www.eurekalert.org/pub_releases/2012-05/uoc-nse050712.php)), Red orbit (<http://www.redorbit.com/news/health/1112530098/predicting-snack-choices-of-children/>), Empower (<http://www.empowher.com/obesity/content/are-your-kids-snacking-their-way-poor-health>), Voice of America (<http://blogs.voanews.com/science-world/2012/05/14/childrens-snack-choices-studied/>), & News Record (May 17, 2012) Study tracks local schools’ eating habits.
- Research with Adam Knowlden, doctoral advisee, on *childhood obesity* (Parents are primary target for pediatric obesity programs) on January 16, 2012 covered in Doctors lounge at <http://www.doctorslounge.com/index.php/news/pb/25995>
- Research with Matthew Asare, doctoral advisee, on *sex behaviors in African immigrants* covered in (1) UC media release: Fuller, D. (November 8, 2011). Survey finds that AIDS remains an unspeakable subject for African immigrants <http://www.uc.edu/news/NR.aspx?id=14566> (2) Medical Xpress.com <http://medicalxpress.com/news/2011-11-survey-aids-unspeakable-subject-african.html> (3) Medical daily: <http://www.medicaldaily.com/news/20111108/7828/aids-hiv-how-to-treat-aids-how-to-prevent-it-the-dangers-of-not-wearing-a-condom-unprotected-se.htm> (4) News

Medical: <http://www.news-medical.net/news/20111109/AIDS-remains-a-public-health-concern-among-African-immigrants-Survey.aspx> (5) Science codex: [http://www.sciencecodex.com/read/survey\\_finds\\_that\\_aids\\_remains\\_an\\_unspeakable\\_subject\\_for\\_african\\_immigrants-81111](http://www.sciencecodex.com/read/survey_finds_that_aids_remains_an_unspeakable_subject_for_african_immigrants-81111)

- Research with Adam Knowlden, doctoral advisee, on *sleep research* covered in (1) UC media release: Fuller, D. (August 30, **2011**). Wakeup call for college students: New research finds you need to catch more Z's <http://www.uc.edu/news/NR.aspx?id=14097> (2) Times of India: Lack of sleep can hurt students' performance <http://timesofindia.indiatimes.com/life-style/relationships/parenting/Lack-of-sleep-can-hurt-students-performance/articleshow/9810535.cms> (3) German Press: <http://www.pressext.com/news/20110831027> (4) KMPH-FRES (FOX) News - Fresno, CA; (5) U.S. News & World Report <http://health.usnews.com/health-news/family-health/sleep/articles/2011/09/10/college-students-not-getting-enough-zs>; (6) WCTV – Tallahassee [http://www.wctv.tv/healthmatters/headlines/Health\\_Matters\\_College\\_Students\\_Lack\\_of\\_Sleep\\_130186603.html](http://www.wctv.tv/healthmatters/headlines/Health_Matters_College_Students_Lack_of_Sleep_130186603.html)
- Research with Paul Branscum, doctoral advisee, on *childhood obesity* covered in: (1) UC media release: Fuller, D. (August 2, **2011**). A true challenge for any superhero: Can comic books combat childhood obesity? <http://www.uc.edu/news/NR.aspx?id=14001> (2) First Science: [http://www.firstscience.com/home/news/science-business/a-true-challenge-for-any-superhero-can-comic-books-combat-childhood-obesity\\_110718.html](http://www.firstscience.com/home/news/science-business/a-true-challenge-for-any-superhero-can-comic-books-combat-childhood-obesity_110718.html) (3) Psych4 schools: <http://www.psych4schools.com.au/announcements/creating-comics-helps-kids-adopt-healthy-behaviours> (4) Sulekha.com: [http://newshopper.sulekha.com/kids-develop-comic-book-characters-to-fight-flab\\_news\\_1332081.htm](http://newshopper.sulekha.com/kids-develop-comic-book-characters-to-fight-flab_news_1332081.htm) (5) City Bengaluru: <http://www.citybengaluru.com/kids-develop-comic-book-characters-to-fight-flab/> (6) South Asian News Papers: [http://www.southasiannewspapers.com/3\\_8\\_2011\\_11.htm](http://www.southasiannewspapers.com/3_8_2011_11.htm) (7) New Kerala. com: <http://www.newkerala.com/news/2011/worldnews-41915.html> (8) India forums: <http://www.india-forums.com/news/america/349596-kids-develop-comic-book-characters-to-fight-flab.htm> (9) Sify news: <http://www.sify.com/news/kids-develop-comic-book-characters-to-fight-flab-news-international-lieskwjfabg.html> (10) Toronto sun: <http://www.torontosun.com/2011/08/03/comic-books-combat-childhood-obesity-researcher>  
This story was #1 on top-10 most widely read news releases on the Newswise national wire service. (Between August 2, 2011 and September 15, 2011 it had 4091 hits)
- Research about application of *Freirian model* in community-based rehabilitation covered by Drum Beat (circulation 65,000 subscribers) from The Communication Initiative (January **2008**). Available from: [http://www.comminit.com/en/drum\\_beat\\_424.html](http://www.comminit.com/en/drum_beat_424.html)
- Research on *mental health* in South Asian students covered by Indolink (August **2007**). Available from: <http://www.indolink.com/displayArticleS.php?id=080207071316>
- Research on *childhood obesity* covered by (1) TV Channel 9 (WCPO) (June 28, **2006**) (2) TV Channel 12 (WKRC) (September 6, 2006). (3) UC media release: Fuller, D. (June 26, 2006). UC Researchers develop and test prevention program for childhood obesity. Available from: <http://www.uc.edu/news/NR.aspx?id=4110> (4) UC (2006, Fall). Preventing childhood obesity. *UC research* (pp.6), (5) Prevention program for childhood obesity developed and tested by researchers (July 23, 2006) Medical news today (Available from: <http://www.medicalnewstoday.com/medicalnews.php?newsid=47769> ), (6) The Washington Times. Harper, J. (November 7, 2006) Bigger bellies are bad for children (Available from: <http://washingtontimes.com/national/20061106-114051-8893r.htm> ), (7) Obesity, Fitness & Wellness Week (August 12, 2006) Pediatric Obesity; Researchers develop and test a prevention program for childhood obesity (Available from: <http://proquest.umi.com.proxy.libraries.uc.edu/pqdlink?did=1087597561&Fmt=7&clientId=5>

[468&RQT=309&VName=PQD](#) ), (8) Biotech Week (August 9, 2006) Pediatric Obesity; Researchers develop and test a prevention program for childhood obesity (Available from: <http://proquest.umi.com.proxy.libraries.uc.edu/pqdlink?did=1086324971&Fmt=7&clientId=5468&RQT=309&VName=PQD> )

- Research on *leisure time physical activity in African American women* covered in: (1) Medical News Today (September 7, **2005**; Available from: <http://www.medicalnewstoday.com/newssearch.php?newsid=30264>); (2) Women's Health News (September 6, 2005; Available from [http://www.news-medical.net/print\\_article.asp?id=13013](http://www.news-medical.net/print_article.asp?id=13013) ); (3) Nubella (September 7, 2005; Available from <http://www.nubella.com/content/view/1343/>)
- Research on *breast-feeding and father's role*: (1) CBS This Morning (March 9, **1998**), Kansas City Star (March 4, 1998), Reuters News Service (March 5, 1998), Chicago Tribune (March 19, 1998), Charlotte Observer (March 24, 1998 & April 6, 1998), Gannett News Service (March 25, 1998), Buffalo News (April 7, 1998), Gannett News Service (April 14, 1998), Copley news Service (April 20, 1998), Omaha World Herald (August 17, 1998), Philadelphia Inquirer (August 12, 1998), New Orleans Times-Picayune (August 30, 1998), Fathers and breast-feeding. (1998, June). Glamour, p. 34., When he says no to nursing. (1998, September). Redbook, p. 26., Convince dads of breast-feeding. Fathers can help or hinder your efforts. (1998, April 15). Obstetric and Gynecologic News, p. 35-36.
- Work with *Omaha Tribe* covered as: Motivation found in traditional ways of life. (March 17, **1998**). *The Gateway. The University of Nebraska at Omaha's student newspaper*, p. 2.
- Research on *participatory evaluation of CBR program in Vietnam* covered as: Assistant professor Sharma researches Vietnam health issues. (September 7, **1999**). *The Gateway. The University of Nebraska at Omaha's student newspaper*, p. 2 Selected as a required reading by the University of Victoria (Canada) for the International Certificate Course in Participatory Research in Fall 2005. Invited to facilitate an online discussion with students from 7 countries in Fall **2005**.
- Yoga research covered as: Logan, K. (**2002**, Mar.). Benefits of standardized yoga studied. *The Gateway. The University of Nebraska at Omaha Student Newspaper*, 2 (43), p. 2.
- Research on *Lactobacillus acidophilus and hypercholesterolemia* covered by *Mankato State University newsletters and local Mankato newspaper* (June **1994**).
- Work on *prevention of cardiovascular diseases through participatory role of NGO's* covered by national dailies in India -- Indian Express, Hindustan Times and Times of India (April **1992**).
- *Epidemiological and social research on food poisoning disaster in northern India* published in *Dainik Jagran*, a regional newspaper (August **1990**).

### **AWARDS & HONORS:**

- Albert Nelson Marquis Lifetime Achievement Award, Marquis Who's Who Publication Board, **2017**.
- Certificate of Appreciation, Exemplary Services as a Dissertation Chairperson, Graduate School, Jackson State University, **2016**
- Fellow, Royal Society for Public Health (FRSPH), **2016**.  
[Required approval by Chair & Council, career commitment to improvement of population health, post graduate qualifications in public health and at least five years of professional experience in public health]
- Poster with doctoral student, Vimala Lingam, awarded the best student poster award by the Integrative, Complementary, and Traditional Health Practices (ICTHP) Section at the 144th American Public Health Association (APHA) Annual Meeting, November **2016**.

- Student Assembly Public Health Mentoring Award by the American Public Health Association (APHA) for leadership in mentoring public health students, November **2013**.
- “Excellent” merit band, University of Cincinnati, **2013**.
- Distinguished Health Educator Service Award by the Ohio Public Health Association (OPHA), May **2013**.
- Certificate of Appreciation, Ronald E. McNair Post-baccalaureate Achievement Program, **2013**.
- 2012 Honorable Mention for the Student Assembly Public Health Mentoring Award by the American Public Health Association (APHA) for leadership in mentoring public health students, November **2012**.
- 2012 Honorable Mention for the Excellence in Mentoring Award by the Graduate School, University of Cincinnati for leadership in mentoring doctoral students, **2012**.
- Outstanding Educator Recognition Award for 2012, Cincy Magazine, Cincinnati, April **2012**.
- William R. Gemma Distinguished Alumnus Award from College of Public Health Alumni Society at the Ohio State University, September **2011**.
- The 2010-2011 Golden Apple Award for Excellence in Teaching and Student-Faculty Relations, University of Cincinnati, June **2011**.
- Fellow, American Academy of Health Behavior (FAAHB), **2011**.  
[Required 50 data-based research papers in national/international peer-reviewed journals; 75 presentations in national/international professional meetings; and approval by majority two-thirds vote by Board of Directors]
- Fellow, The Obesity Society (FTOS), **2011**.  
[Required original research in areas relating to obesity resulting in senior authorship of five or more scientific papers in English language, peer-reviewed journals]
- “Superior” merit band, University of Cincinnati, **2011**.
- Papers with students won first prize in poster competition (Adam Knowlden), third prize in poster competition (Adam Knowlden) and third prize in oral presentation (Taj Haider) at Ohio Public Health Combined Conference, Columbus, OH, **2011**.
- “Excellent” merit band, University of Cincinnati, **2010**.
- Papers with students won first prize in poster competition (Adam Knowlden), second prize in poster competition (Ashlee Hoffman) and second prize in oral presentation (Paul Branscum) at Ohio Public Health Combined Conference, Columbus, OH, **2010**.
- Most Effective Poster Presentation with Dr. Amar Kanekar at the Society for Public Health Education’s National Convention in Philadelphia, PA, Nov. **2009**.
- Best researcher of the year in Ohio award by Health Policy Institute of Ohio, **2008** (awarded for the paper: Yung, B., Leahy, P., Deason, L.M., Fischer, R. L., Perkins, F., Clasen, C., & Sharma, M. (2008). Capacity building needs of minority health nonprofits. *Evaluation and Program Planning*, 31, 382-391).
- Best poster in Alcohol, Tobacco & Other Drugs with Samrat Yeramaneni at the American Public Health Association’s Annual Meeting in San Diego, Nov. **2008**.
- Faculty Bonus Award, University of Cincinnati, August **2007**.
- Public Health Education and Health Promotion (PHEHP) Materials Contest Winner awarded by American Public Health Association, for “Wakic unpi Wiconi,” Sharing the gift of life educational DVD prepared for South Dakota Indian people in collaboration with South Dakota State University , **2006**.
- Faculty Bonus Award, University of Cincinnati, August **2006**.
- 2006 UC Honor Roll of Volunteers, **2006**.
- Selected and included from the 9<sup>th</sup> Edition (**2006-2007**) onward in the Who's Who in Science and Engineering published annually by Marquis and includes prominent scientists.

- Selected and included from the 7<sup>th</sup> Edition (2006-2007) onward in the Who's Who in American Education published annually by Marquis and includes prominent American educators.
- Selected and included in the National Register's Who's Who in Executives and Professionals (2005 onward).
- Selected and included from the 56<sup>th</sup> Edition (2002-2003) onward in the Who's Who in America published annually by Marquis and includes prominent Americans.
- Service Learning Recognition Award, Spring 2001, University of Nebraska at Omaha.
- Selected and included from the 3<sup>rd</sup> Edition (2000-2001) onward in the Who's Who in Medicine and Health Care published annually by Marquis and is a benchmark reference on prominent medical and health professionals.
- Selected and included from the 18<sup>th</sup> Edition (2000-2001) onward in the Who's Who in the World published annually by Marquis and includes prominent world professionals.
- Graduate Faculty Fellow, University of Nebraska, 2000.  
[Required outstanding achievement in research and approval by two-third Fellows]
- William Oxley Thompson Early Career Achievement Award by The Ohio State University Alumni Association, 1998.
- Awarded invitational membership for the year 1998-99 in the New York Academy of Sciences & Association for Advancement of Science, organizations devoted to advancement of science and include interdisciplinary scientists as members.
- PRIDE Award, Best Health Promotion Program in Ohio, Ohio Public Health Association, 1997.
- Honor a colleague award, Association for Advancement of Health Education, 1997.
- Best Dissertation award, 1996-97, American School Health Association (ASHA).
- Best Dissertation award, 1996-97, Society for Public Health Education (SOPHE).
- Research Consortium award for graduate student research, Association for Advancement of Health, Physical Education, Recreation, and Dance (AAHPERD), 1996-97.
- Fellow, American Institute of Stress (FAIS), 1994.  
[Required advanced education, research, training, skills or practical experience in a stress related area]
- Certificate of appreciation -- Students Providing Options to Students (SPOTS) -- Drug and alcohol peer education program at Minnesota State University, 1994.
- Gold medal, Postgraduate Certificate in Health and Family Welfare Management awarded by the President of India, 1992.
- Gold medal and best student award, Postgraduate Diploma in Training and Development, awarded by Samarpan Foundation, 1991.
- Certificate of Merit, Best National Service Scheme (NSS) Volunteer Award, 1986-87.

### **PROFESSIONAL MEMBERSHIPS:**

- American Public Health Association (1994 onward).
- Indian Association of Preventive & Social Medicine (Life member since 1991).
- Indian Society for Training & Development (Life member since 1990).
- Indian Science Congress Association (Life member since 1985).
- American School Health Association (Life member since 1992).
- *Eta Sigma Gamma* (Health Education Honorary Society) (Life member since 1992).
- Mississippi Public Health Association (Life member since 2015).